

FORCEFUL RETURN

FANS ARE ABUZZ ABOUT WHERE DISNEY WILL GO WITH THE STAR WARS SERIES, BUT WITH A GALAXY OF BOOKS AND COMICS, THERE'S NO SHORTAGE OF MATERIAL

PAGE 27



Learn how modernizing OLG can benefit you. Visit ModernOLG.ca



Group Win
Orleans • Nov. 2



TORONTO

metro

®

Monday, November 26, 2012



MAXMILLIONS

\$1 MILLION WINNERS



D-Day for Ford

Conflict-of-interest ruling. Toronto could be looking for replacement mayor if Rob Ford ordered out of office

Will he be allowed to continue with the mandate voters gave him two years ago, or will a judge eject him from office?

Mayor Rob Ford will learn his fate at 10 a.m. Monday, with the release of Justice Charles Hackland's ruling on Ford's alleged conflict of interest.

The simplest scenario is that Hackland rules Ford did not contravene the Municipal Conflict of Interest Act when he voted to absolve himself of the need to repay \$3,150 to lobbyists from whom he improperly solicited donations for his football foundation. In that case, Ford would remain mayor.

Days in office numbered?

- Judges have removed mayors of smaller cities, but they tend to be loath to oust a democratically-elected official.
- Based on what he saw at Ford's hearing, municipal-law expert John Mascarin believes the mayor is guilty and the exceptions do not apply to him. "(Charles) Hackland is a very strong-minded judge. He does not shrink from tough decisions."

But if Ford is found to have breached the act, provincial law decrees the judge must order the mayor's seat vacated. He could also ban Ford from running for re-election for up to seven years. **TORSTAR NEWS SERVICE**

All the way,

ARRRRRRRG000000S!

Toronto Argonauts players celebrate with the Grey Cup after defeating the Calgary Stampeders, 35-22, on Sunday at Rogers Centre. For more on the game, see pages 44 and 45. To read about the halftime show, see page 25. **NATHAN DENETTE/THE CANADIAN PRESS**

Building a fair budget for T.O.

City council is looking at next year's budget with an eye to reining in police spending **PAGE 3**

Discount-mania takes root

Black Friday could soon surpass Boxing Day as Canada's busiest shopping period **PAGE 20**

SONY
make.believe.

Reader™ PRS-T2 is only

\$99*



This is e-reading.

www.sony.ca/reader

*For a limited time only. Offer Ends January 3, 2013.

Reader | ReaderStore

SAVINGS SO SWEET WE'RE MAKING BLACK FRIDAY LAST ALL WEEKEND.

Get hot deals on awesome Android™ Smartphones. Plus get up to a \$100 in-store credit
THIS WEEKEND ONLY!



htc one^s

~~\$99~~⁹⁹

\$0



Samsung GALAXY S III™

~~\$159~~⁹⁹

\$0



MOTOROLA
RAZR V

~~\$29~~⁹⁹

\$0

+ EXCLUSIVE MEMBER ACCESS & DEALS
FROM OUR AWESOME PARTNERS



virginmobile.ca/blackfriday



IT'S BETTER TO BE A MEMBER



Limited time offer. One-time activation charge (\$35) may apply to each line. Taxes extra. 911 monthly fees apply in NB (53¢), NS (43¢), PEI (50¢), SK (62¢) and QC (40¢). Offer valid until Nov. 26, 2012. In-store credit amounts vary and are available only on select smartphones. Pricing is valid only on new smartphone activations on a 3-year term or Virgin Mobile SuperTab™ on a combo plan. Upon early termination, price adjustments apply, see your Service Agreement for details. Phones and some colours may not be available at retailers. See virginmobile.ca for details and restrictions. Screen images simulated. Member Benefits subject to change/cancellation at any time without notice. Android is a registered trademark of Google, Inc. © 2012 HTC Corporation. All rights reserved. HTC, the HTC logo and the HTC One S logo are trademarks of HTC Corporation. © 2012 Samsung Electronics Canada, Inc. Samsung and Samsung Galaxy S III™ are trademarks of Samsung Electronics Canada, Inc., used under licence. MOTOROLA, the Stylized M logo and Motorola RAZR are trademarks or registered trademarks of Motorola Trademark Holdings, LLC. © 2012 Motorola Mobility, Inc. All rights reserved. Certain other product names, brand names and company names may be trademarks of their respective owners. The VIRGIN trademark and family of associated marks are owned by Virgin Enterprises Limited and used under licence. All other trademarks are trademarks of Virgin Mobile Canada or trademarks and property of the respective owners. © 2012 Virgin Mobile.



Geoff MacBride
TORSTAR NEWS SERVICE

Saving lives 24/7

Paramedic rescues driver who hit him

Geoff MacBride could hear the screams for help but didn't see anyone move.

The off-duty paramedic had just been launched into oncoming traffic Friday afternoon after a Dodge Caravan plowed into his stopped Ford Escape. The SUV was bounced a half-block ahead while the van burst into flames, its driver trapped inside.

Despite his own injuries, MacBride, 37, sprinted toward the burning vehicle that had just sent shock waves down his spine at 70 km/h.

MacBride pulled out the driver and dragged him across three lanes of traffic, fearful the van would explode at the crash scene near Woodbine Avenue and O'Connor Drive.

TORSTAR NEWS SERVICE

Alleged theft

Police recover missing Salvation Army toys

Toronto police have recovered a massive cache of toys and donated goods they claimed were stolen from a Salvation Army warehouse.

Police say they had to use three tractor-trailers to haul the items, which were found Friday when officers searched a commercial warehouse in Brampton.

It's alleged up to 100,000 items worth some \$2 million were stolen.

THE CANADIAN PRESS

Police to be focus of Toronto budget talks

Finding a balance.

City kicks off 2013 budget season after pressuring police to tame spending

Toronto begins deliberations on its proposed 2013 operating budget next week with a focus on controlling the highest spending department of them all: the police service.

Over the summer, the police were challenged to justify the number of officers on the job in light of the fact wages represent 90 per cent of the almost \$1-billion annual police budget.

Like all city departments and agencies, the target given to police was no increase over

last year's budget. But the service has requested a 2013 budget of \$949.1 million, which is 2.3 per cent or \$21.3 million over the target.

While the increase was deemed unacceptable when it was presented to the police services board, Chief Bill Blair says he would have to cut at least 137 officers and 32 civilians to flatline the budget at the 2012 level of \$927.8 million.

In a written response to Coun. Mike Del Grande, the city's budget chief, Blair said Toronto has 198 officers per 100,000 people, fewer than such major centres as Chicago, New York, Los Angeles, Montreal and Vancouver.

He added that while the service has approval for 5,604 officers, actual deployment at the

end of August was 5,411.

Still, the police are expected to do their part to help balance the 2013 budget, said Coun. Doug Ford, vice chair of council's budget committee.

"I know the police board is working hand in hand with the chief," Ford said. "There's no secret we support the police 100 per cent, but in saying that, they have to find efficiencies — that's the bottom line."

The projected 2013 budget included a 10 cent TTC fare increase and 2.5 per cent property tax increase that together would boost the civic coffers by \$88 million.

However, the actual fare hike is to be five cents, and Mayor Rob Ford wants to limit the tax hike to 1.75 per cent.

TORSTAR NEWS SERVICE

Big city, big challenges

While Toronto has more officers per capita than the surrounding regions, Chief Bill Blair argued that the big city has more pressures, including:

- **Demonstrations.** Large demonstrations that need to be policed.
- **Events.** Major events such as Caribana, Santa Claus Parade, Toronto International Film Festival, major league sports, etc.
- **Crime.** Greater challenges with organized crime and street gangs.



Filling up for the Grey Cup

Karl and Simona enjoy a couple of cold brews at the 100th Grey Cup featuring the Toronto Argonauts and the Calgary Stampeders at Rogers Centre on Sunday. More Grey Cup coverage on pages 25 and 44-45. VINCE TALOTTA/TORSTAR NEWS SERVICE

1 NEWS

Get Out of Debt Without Bankruptcy - Without Loans

CALL THE Licensed Debt Professionals™ FREE CONSULTATION 310-9200
(NO AREA CODE NEEDED)



DAVID SKLAR & ASSOCIATES INC.
Licensed Credit Counsellors · Licensed Proposal Administrators · Trustee in Bankruptcy

www.DavidSklar.com



David Sklar
C.A., CIRP, Trustee

Calgary pays up after Grey Cup loss

Celebrating the Grey Cup's 100th anniversary, the publishers of Metro Toronto and Metro Calgary had a toque fight. With the Calgary Stampeders' loss, Steve Shrout, publisher of Metro Calgary, will wear an Argo's toque all week. In addition, as promised, he's donating a cheque worth 100 times the Argo's winning score of 35 to the Toronto food bank. TORONTO: DAVID VAN DYKE/METRO; CALGARY: ROBSON FLETCHER/METRO

I'm trying to be gracious but hey — get your horse out of our hotel. Arrrgooooos!

Bill McDonald, publisher of Metro Toronto



OK Toronto — you won but Westerners don't ever give up. See you on the field next year!

Steve Shrout, publisher of Metro Calgary



TTC fare hike low compared to suburbs

In the GTA. Adult cash fare in York Region to rise 25 cents at start of new year

Torontonians aren't the only ones sighing with resignation over the new year's nickel being added to the cost of a TTC token.

Bus riders in the communities surrounding Toronto are also confronting hefty hikes for transit that, in most cases, can't match the speed or frequency of the TTC.

It's a case of compound pain for many 905-area commuters who take the TTC as part of their daily journey. Eighty-five per cent of transit riders in the region use Toronto's system, which, at about 27 per cent, has the lowest fare subsidy in North America.

Outside Toronto, the biggest fare rise is the 25 cents being added Jan. 1 to the \$3.50 adult cash fare for York Region Transit and Viva riders.

The car may be king in York, but the affluent region has ambitious transit plans. Metrolinx is investing more than \$1 billion to build bus rapid transit there, and riders are being told the 6.4 per cent increase in 2013 will help invest in future transit, as well as meet rising operating costs.

In a September press release, York Region also points out it is subsidizing 60 per cent of the system's operating costs, a substantially higher contribution than its 50-50 goal.

Where York is raising all its fares, Mississauga is taking a more surgical approach.

Mississauga plans to leave its adult cash fare alone at \$3.25. Transit officials are afraid that increasing those fares again would discourage potential new riders from trying the bus in a year when the city's long-anticipated transit corridor is expected to open to speed buses along Highway 403.

While fares went up 25 cents this year, the city is in-



Riders board a York Region Transit bus at Bramalea City Centre. York is raising all its fares.

TONY BOCK/TORSTAR NEWS SERVICE

creasing adult tickets by 10 cents on Jan. 28.

Oakville has also chosen to leave its cash fares alone next year at \$3.25. Instead it will raise the price of its passes — \$5 on an adult pass to \$99 a month.

TORSTAR NEWS SERVICE

Annex installs 21 mistletoe 'kissing stations'



A couple kisses under the mistletoe at a kissing station.

JOSH TAPPER/TORSTAR NEWS SERVICE

There was a light snowfall Sunday morning coating the forlorn Bloor Street newspaper boxes clustered around the malachite-coloured lamp-posts dangling branches of mistletoe. It was a telling, but feeble sign winter has arrived in a city so love struck with the autumnal vestiges of football season.

Doing its part, the Bloor Annex Business Improvement Area has installed 21 kissing stations along this now-chilly stretch of sidewalk, between Bathurst Street and Spadina Avenue, until Jan. 3.

The lamppost mistletoe, though fake and surrounded by industrial-strength tinsel, is a sign of seasonal cheer, said Wade MacCallum, the BIA's chair. One panhandler was inspired to ponder a question relevant in our waxy times: "If a girl is standing there and a stranger gives her a kiss, is it in the Christmas spirit or sexual assault?"

On Sunday, however, few were stirred by romantic impulses. Reports suggest the primary occupants of the tight real estate beneath the lampposts have been late-night

drunken revelers, streaming out of the strip's many drink-ing establishments.

So this lonely reporter wondered if we've become too delicate during daytime and, perhaps, uptight about kissing for all to see, or if the mistletoe is simply out of pedestrians' line of vision.

"We were oblivious," said Dean Neu, whose wife, Claudia Quintanilla, was not familiar with the expectations associated with mistletoe.

So Quintanilla was educated. "I'm supposed to lean you over and do this," Neu

proclaimed, leaning his wife back for a smooch.

Later, on a shadier stretch of sidewalk, Liza Franses lightly cajoled her boyfriend, Liam Van Dusen, for a kiss under the mistletoe. She was rebuffed.

"If there were less people around, maybe," the Scarborough man said. "It's weird to me to do make-out sessions in public."

The allure of the shy man is hotly debated in dating circles, but it has worked thus far for Van Dusen, who has dated Franses for two months. TORSTAR NEWS SERVICE

Younger, sexier Presto

GO's POP machines hit the scrap heap

Twenty-five years after they were introduced, GO Transit's ubiquitous proof-of-payment machines have been retired. The Soviet-style ticket validation machines have ceded their

prominent place on GO's platforms and stations to a younger, sexier generation of electronic Presto readers.

The POP machines were introduced 25 years ago when GO launched its two- and 10-ride tickets. But those were discontinued in June as GO converted more riders to the Presto system. It will cost GO about \$35,000 to remove all the machines. TORSTAR NEWS SERVICE



A POP machine. TORSTAR NEWS SERVICE

Fighting for life

Three injured in car crash

A 23-year-old man is fighting for his life after a single-vehicle crash. Police say a car plowed into a pole (on Kennedy Road at Lawrence Avenue) around 10 p.m. Saturday, sending three people to hospital. 680NEWS/ THE CANADIAN PRESS

Death of cyclist

Hit-and-run driver turns himself in

A man has turned himself in to the police, saying he was involved in Friday's hit-and-run that left a cyclist dead, Toronto Police Traffic Services said Saturday night. Miguel Oliveira has been charged with failing to remain at the scene of an ac-

cident, causing death. The 22-year-old appeared briefly in Old City Hall court Sunday morning. He will return to court Monday.

Tom Samson, a 35-year-old school teacher and father of two, was crossing Davenport Road at Lansdowne Ave. just after 6:30 a.m. on Friday when he was struck by a westbound minivan. The driver fled the scene, police said. TORSTAR NEWS SERVICE

SHOP • CA™

SHOP & EARN, EVERY TIME!™

CYBRRRR MOND•EH!

DeLonghi

Digital

Convection Oven

Perfectly browns the outside and
tender on the inside!

\$159⁹⁹

Plus! New members get \$25 off



Electrohome

Signature Retro Hi-Fi Stereo System

With Record Player, CD, MP3, AM/FM, Vinyl-to-MP3. Delivers
such a rich sound that you'll have to hear it to believe it.

\$179⁹⁶

Plus! New members get \$25 off

Yamaha

Portable Keyboard

PSRE423

Easy-to-use professional fea-
tures, along with its new black
body, set this keyboard apart
from others in its class.

\$224⁹⁹

Plus! New members get \$25 off



BUY ONLINE AT WWW.SHOP.CA
FREE SHIPPING. FREE RETURNS.*

Offers valid November 26th, 2012, or while quantities last

*Some conditions apply. Got great product to sell? Contact supplier@shop.ca



Proudly Canadian!

Female inmate alleges she was 'thrown in the hole' for no bra

Dress code. Niagara artist says she received 2 weeks in segregation cell, 5 days pulled from early release date



JESSICA SMITH
Metro in Toronto

An inmate at the Vanier Centre for Women in Milton, Ont. has filed a complaint alleging correctional officers put her in a segregation cell and tacked on five extra days to her sentence because she refuses to wear a bra.

"I was locked down in a segregation cell from the morning of Nov. 1 to the afternoon of Nov. 15. I was first charged with misconduct for not wearing a bra," Jeannette Tossounian, who is currently serving a sentence for arson, wrote in a letter to Metro.

"A few days later, I was charged with another mis-

conduct for saying I don't want to wear a bra and was given five extra days to spend in jail from my early release date, December 2013."

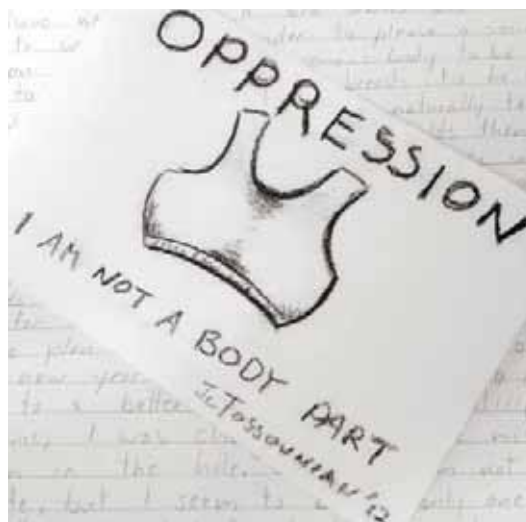
The Elizabeth Fry Society confirmed that Tossounian has filed an official complaint about the incident.

Ministry of Community Safety and Correctional Services spokesman Brent Ross would not comment on the allegations, but confirmed that female inmates are required to wear bras.

"We have policies in place to ensure inmates are treated justly and humanely in all sections of our facilities, including segregation," he said in an email response. "While incarcerated, inmates can be awarded remitted time, which is a reduction of a sentence for good conduct, and they can also lose their remitted time or have their privileges suspended if they commit a serious misconduct."

Tossounian said her aversion to bras wasn't always a problem for her in jail.

"I was incarcerated at



The letter and illustration sent to Metro by Jeannette Tossounian. METRO

Vanier for eight-and-a-half months and was braless the whole time before I was locked down. I guess the guards had better things to do than stare at my chest,

examining for looseness," she wrote. "As soon as I put in a request to change to a better unit so I could participate in more programs, I was charged with these misconducts and

Cruelty claims

"No matter what an inmate does, if the institution wants to punish, they will get punished."

Inmate Jeannette Tossounian, writing in a letter to Metro

thrown in the hole."

Tossounian wrote that she has never been a bra-wearer and believes studies that link wearing a bra to breast cancer, a premise not widely accepted by the scientific community.

"To (force) a woman to wear a bra, inmate or not, is a violation of human rights. It is sexual discrimination that breaks a woman down into body parts that must be controlled because these parts are female," she wrote.

Tossounian also wrote that the incident made her feel helpless.

"Some inmates end up losing their minds, even to the point of committing suicide," she wrote. "I have to remain



Jeannette Tossounian, an inmate at Vanier Centre for Women in Milton, Ont. TORSTAR NEWS SERVICE

strong."

Tossounian's lawyer for the appeal of her sentence, Vanessa Christie, said her client's account of what happened is "disturbing."

Follow Jessica Smith on Twitter @jessicacatherine



Dying mine revived in search for Martian life



The Jeffrey Mine in Asbestos, Que. JACQUES BOISSINOT/THE CANADIAN PRESS FILE

Canada's last asbestos mine, now winding down its operations, may have a new celestial calling — as a stand-in for planet Mars.

Quebec's Jeffrey Mine hosted nearly two dozen scientists recently for a simulated Mars mission initiated by Canada's space agency.

The scientists from four universities made a pair of trips to the Asbestos region, this year and last year, accompanied by a micro-rover.

"There are definitely areas (on Mars) that are much more like what we have at Jeffrey Mine," said Ed Cloutis, a University of Winnipeg professor who took part in the project.

The new vocation won't

exactly replace the once-mighty asbestos industry as an economic lifeblood for the region.

The mine had been counting on a \$58-million government loan to renovate and keep operating. The simulated Mars mission cost \$800,000 — and some local officials, including an alderman and the town's director general, didn't even appear to be aware of the project when contacted by The Canadian Press.

The goal of the project was to simulate as closely as possible a Mars rover mission to detect the presence of, and determine the source of, methane on Mars.

Cloutis, an expert in planet-

ary geology, said the scientific missions to the Asbestos region could be Canada's ticket to future trips to the red planet.

"One way to search for life on Mars (is) you look at the gases that might be produced or used as a food source by bacteria on Mars," Cloutis said in an interview.

Methane gas, which can be found at the mine on the edge of the town of Asbestos, is one of two key indicators of life. The other is water.

Methane has already been detected in the Martian atmosphere and scientists are hoping NASA's Curiosity rover will find it on the planet.

THE CANADIAN PRESS

Mine vs. Mars

Jeffery Mine is more like the barren surface of Mars than one might think.

- Jeffery was one of the largest open-pit mines in the world. With a diameter of more than two kilometres and a depth of around 350 metres, the pit allowed plenty of room for roving around.
- It also contains serpentine, a rock prone to hosting bacteria, which scientists hope to find on Mars.

National pride

Poll tests country's love of traditional Canadian symbols

Canadians, it seems, love their universal health care. The monarchy? Not so much.

A new national poll commissioned by the Montreal-based Association for Canadian Studies examined the pride Canadians place in a list of more than a dozen symbols, achievements and attributes.

The online survey of

2,207 respondents found universal health care was almost universally loved, with 94 per cent calling it an important source of collective pride.

At the other end of the spectrum, just 39 per cent of respondents felt the monarchy was a source of pride.

Thirty-six per cent of respondents felt official bilingualism was of little or no importance, while 30 per cent were unimpressed with the War of 1812 and 25 per cent shrugged off Canada getting its own constitution.

THE CANADIAN PRESS

Climate cascade

Forests warming as pine beetles kill off sweaty trees: Study

New research suggests mountain pine beetles have become so widespread that they're not just benefiting from global warming, they're starting to contribute to it.

Scientists have concluded that the warming climate has let the tree-killing beetle spread into new areas. Their mass spread is considered one of the largest ecological

disturbances ever recorded.

Holly Maness, an earth scientist working at the University of Toronto, and her team concluded that beetle-ravaged forests were, on average, one degree warmer during the summer than healthy forests.

The reason? Tree sweat, or rather, the lack thereof.

"When you kill a tree, it's going to stop sweating. That means that solar radiation that was previously spent evaporating water from these trees is now going into heating the surface."

THE CANADIAN PRESS

Meet the new boss

Empty drama expected from three byelections

By the time the dust settles Monday night, a great deal more noise will have been generated by a trio of federal byelections than the outcomes will likely merit.

Three new MPs, representing the same team colours as those who departed, are expected to be en route to Parliament.

Along the way, however,

the respective campaigns in Calgary Centre, Durham (in Ontario) and Victoria will have presented an early test run for the distant general election battle of October 2015.

And judging by this month's byelections, 2015 will be quite a show.

Joan Crockett is the establishment Tory favourite in Calgary Centre — a riding conservatives have held for 40 years — but she faces an almost unprecedented polling threat from Liberal candidate Harvey Locke. THE CANADIAN PRESS

We're giving our customers the gift of **SPEED.**



We've increased our internet speeds again.¹

Now Rogers customers will be able to surf, stream, upload and download faster than ever before.

- *Express* download speeds have increased from 18 Mbps to up to 25 Mbps²
- *Extreme* has increased from 28 Mbps to up to 35 Mbps²
- *Extreme Plus* has increased from 32 Mbps to up to 45 Mbps²
- Plus, our new *Ultimate* delivers blistering speeds up to 150 Mbps²

We're always getting faster – It's part of our commitment to creating world-leading internet experiences.

Be sure you're set up for our fastest speeds ever.
Call 1 888 ROGERS1 or visit your nearest Rogers store.

AMAZING SPEED TUNES SHARE IT! INSPIRE access RELIABLE SHARE IT! BLOG CONNECT
SPEED TUNES CONNECT FAST DOWNLOAD SURF Creating World-Leading
FAST STREAMING LIVE WATCH POST LIFESTYLE AMAZING SPEED TUNES FAST EXCITING
INSPIRE ANYTHING HATCH SPEED INSPIRE



BONUS OFFER: ROGERS CUSTOMERS WITH 2 SERVICES
Get Rogers Smart Home Monitoring for just \$11.98/mo³
Call 1 866 354-1220 or visit rogers.com/smart

Remote Control
Connections Plan &
Live Video Streaming⁴

**PLUS bonus instant
hardware & installation
credit of \$360**

¹ Customers must subscribe to Express Internet service or above and have a DOCSIS 3.0 modem and service plan to be eligible for the new speeds. Existing Rogers customers with Express, Extreme or Extreme Plus Internet service with a DOCSIS 2.0 modem may visit their Rogers retail location to exchange to a DOCSIS 3.0 modem (additional monthly rental charge applies) and switch to a DOCSIS 3.0-capable service plan. Assuming the foregoing eligibility criteria are met, existing customers will be resped by December 1, 2012 (a modem reboot will be required). Existing Ultimate tier customers will remain at up to 75 Mbps. ² Speeds may vary with internet traffic, server gateway/router, computer (quality, location in the home, software and applications installed), home wiring, home network or other factors. Also see the Acceptable Use Policy at rogers.com/terms. Modem set-up: the system is configured to maximum modem capabilities within Rogers own network. ³ Offer ends December 31, 2012 and is subject to change without notice. Available for a limited time within Rogers cable service area (where technology permits) in Ontario only to existing Rogers customers having two or more Rogers services. Pricing reflects \$5 Rogers customer discount and applies for first year of 3-yr. term (\$31.97/mo after \$5 Rogers customer discount for years 2 and 3). Taxes and hardware extra. Three-year term required. An early cancellation fee applies. An installation charge of \$99 will apply (and/or \$69.99 System Upgrader Installation fee). Applicable Hardware/Installation credit may be used against these costs. Additional optional features extra and may require additional hardware/sensors also purchased separately (pricing varies by feature; rogers.com/smart for full details). ⁴ Features require specific hardware/sensors (purchased separately). Pricing varies; visit rogers.com/smart for full details. © 2012 Rogers Communications.

Same-sex couple. 4-year fight for rights reaches U.S. top court's doorstep

A San Francisco couple is waiting to find out if the U.S. Supreme Court will take their case challenging the 1996 law that prohibits the federal government from recognizing same-sex marriages.

Karen Golinski and her partner of 23 years, Amy Cunningham, got married during the brief window in 2008 when gay and lesbian couples could tie the knot in California. Within weeks of their wedding, Golinski applied to add her spouse to her employer-sponsored health-care plan. Her ordinarily routine request still is being debated more than four years later.

Because Golinski is married to another woman and works for the U.S. government, her claim for benefits has morphed into a legal challenge to the 1996 law that prohibits the federal government from recognizing same-sex unions like hers.

The high court has scheduled a closed-door conference for Friday to review Golinski's case and four others that also seek to overturn the Defence of Marriage Act (DOMA) overwhelmingly approved

Earlier rulings

The federal trial courts that heard the cases all ruled the Defence of Marriage Act act violates the civil rights of legally married gays and lesbians. Two appellate courts also agreed.

- The last time the Supreme Court confronted a gay-rights case was in 2010, when the justices voted 5-4 to let stand lower court rulings holding that a California law school could deny recognition to a Christian student group that does not allow gay members.

by Congress and signed by President Bill Clinton.

The outcome carries economic and social consequences for gay, lesbian and bisexual couples, who now are unable to access Social Security survivor benefits, file joint income taxes, inherit a deceased spouse's pension or obtain family health insurance. **THE ASSOCIATED PRESS**

Brazil fair closure

Metal structure at fair collapses, killing a visitor

A metal structure that served as the exit from the food court at an agricultural fair in Brazil collapsed late Saturday in strong winds, killing a 64-year-old woman and injuring three other people.

The accident forced the closure of the Contemporary Rural Brazil fair in Rio de Janeiro, which began Wednesday and was slated to run through Sunday.

THE ASSOCIATED PRESS

Britain battered

Two killed as storms, floods hit areas of England

Heavy rain and strong winds battered areas of Britain over the weekend, killing two people and flooding 800 homes, officials said Sunday.

A 21-year-old woman sheltering from the storm in a small tent died when a large tree fell on it in Exeter late Saturday. In Cambridgeshire, a man died after his car plunged into a swollen river.

THE ASSOCIATED PRESS



Participants carry a 15-metre-long, rainbow-coloured banner at the fifth Delhi Queer Pride parade in New Delhi, India, Sunday. Hundreds of gay-rights activists marched through the capital to demand they be allowed to lead lives of dignity in India's deeply conservative society. **MUSTAFA QUIRAISHI/THE ASSOCIATED PRESS**

Hundreds march in Indian pride parade

Masked. Many hid behind scarves or masks because they have not told friends and families about their sexuality

Quoted

"The government has to listen. Our struggle has gone on for very long."

Vimal Kumar, an activist with the National Alliance of People's Movements

waved placards demanding that the government extend the scope of anti-discrimination laws to schools, workplaces and public and private spaces.

Activists said that three years after the Delhi High Court made changes in India's colonial-era law that made gay and lesbian sex a crime, same-sex partners are still not social-

ly accepted in India. In 2009, the court decriminalized gay and lesbian sex, which until then had been punishable by up to 10 years in prison.

Conservative groups have asked India's top court to overturn the lower court's order, and Supreme Court judges are currently hearing opinions from a range of people, including conservative groups and

gay-rights activists.

Gay-rights activists are demanding that the government allow people to record the gender of their choice in the national census, voter identity cards and all other government documents.

Vimal Kumar, an activist with the National Alliance of People's Movements, said people's attitudes were gradually beginning to change and there was greater understanding among families in urban areas as television campaigns and gay parade marches caught on. But the pace of change is slow, he said.

THE ASSOCIATED PRESS

NOW OPEN

**Bell Trinity
Co-Ed Club**

483 Bay Street

416-408-4856

Join Now

**No Money Down
No Enrolment***

on a 1 Year Membership*
Limited Time Offer

**GoodLife
FITNESS™**

The good life. Made easy.

goodlifefitness.com

*Based on the purchase of a 1 year membership. Bi-weekly payments will commence based on your start date. Applicable tax applies. No additional fees are required above the regular membership fee. Membership fees vary based on club and the selected membership option chosen. Offer valid at participating locations only. Other conditions apply, see club for details.

Connecting made easy:   



MONDAY, NOVEMBER 26

**TODAY
ONLY****Save \$700
\$699⁹⁹**

Regular \$1399.99

DE'LONGHI
Automatic espresso
machineEasy to use and compact,
perfect for the espresso lover.
Burr grinder grinds directly
into the brew system. Also
includes a cup warming tray
and removable water tank.*Shop thebay.com***Save \$120
\$199⁹⁵**

Regular \$319.95

NESPRESSO
Citiz with AeroccinoFirst time ever on sale. Perfect espresso
at the touch of a button. Attached
Aeroccino milk frother also allows you
to create great-tasting cappuccino.*Shop thebay.com*the **Bay***Shop online at thebay.com*

Be the first to know about our One Day Sale offers



Sign up at thebay.com for email updates



twitter.com/thehudsonsbayco



facebook.com/hudsonsbaycompany



Shazam our One Day Sale radio ads

**Save with 0% interest for 6 months.****No administration fee. When you use your
HBC† MasterCard® or your HBC Credit card**Delivery charges and taxes are payable up front. On approved credit only. Minimum monthly payment required.
See below for details.

No rain checks and no price adjustments. No pre-orders or telephone orders. Offer available while quantities last. Cannot be combined with other offers. Selection may vary by store. Savings are off our regular prices unless otherwise specified. See in store for details.
Special Payment Plans are available on approved credit with your HBC† MasterCard® or HBC Credit Card on the identified items. Not applicable in Quebec. If you default under your payment terms or under your HBC Account Agreement, then the terms and annual interest rate are set out therein.
The billing period covered by each statement will be approximately 30 days. For full details, go to <http://paymentplanhbc.com>, call 1-800-263-2599 or see a store associate. † Hudson's Bay Co., HBC, HBC Rewards, The Bay and their associated designs are trademarks of Hudson's Bay Company, used under licence.
Credit is extended by Capital One.® Capital One is a registered trademark. MasterCard and the MasterCard Brand Mark are registered trademarks of MasterCard International Incorporated. All trademarks used herein are owned by the respective entities. All rights reserved.

Baby drop-off boxes should be banned: UN

Abandoned infants.

In the last decade hundreds of infants have been given up this way; 30-60 babies are murdered annually in Germany alone



A view of a baby hatch with a baby sign near the hospital at Neukoeln in Berlin. THE ASSOCIATED PRESS

Boxes where unwanted newborns can be left anonymously are drawing the ire of human rights and child activists.

The activists think they are bad for the children and merely avoid dealing with the problems that lead to child abandonment.

Even the United Nations Committee on the Rights of the Child said baby boxes should be banned and is pushing that agenda to the European Parliament.

There are nearly 100 baby boxes in Germany. Poland

and the Czech Republic each have more than 40 while Italy, Lithuania, Russia and Slovakia have about 10 each. There are two in Switzerland, one in Belgium and one being planned in the Netherlands.

At Berlin's Waldfriede Hospital the box is actually a warm incubator that can be opened from an outside wall of a hospital where a desperate parent can anonymously leave an unwanted infant.

A small flap opens into the box, equipped with a motion detector. An alarm goes off in

the hospital to alert staff two minutes after a baby is left.

"The mother has enough time to leave without anyone seeing her," German pastor Gabriele Stangl said. "The important thing is that her baby is now in a safe place."

In the last decade, hundreds of babies have been abandoned this way; it's estimated one or two infants are typically left at each location every year, though exact figures aren't available.

At least 11 European nations now have them, according to UN figures. They are technically illegal, but mostly operate in a grey zone as authorities turn a blind eye.

"They are a bad message for society," said Maria Herczog, a Hungarian child psychologist on the UN committee pushing for a ban.

"These boxes violate children's rights and also the rights of parents to get help," she said. THE ASSOCIATED PRESS



Franco fondly remembered, by some

Supporters of former Spanish dictator General Francisco Franco give fascist salutes during a rally commemorating the 37th anniversary of Franco's death. It was held at Plaza de Oriente on Sunday in Madrid. PABLO BLAZQUEZ DOMINGUEZ/GETTY IMAGES

Caylee Anthony's death

Police miss query about 'fool-proof' ways to suffocate

The Florida sheriff's office that investigated Caylee Anthony's death confirmed Sunday that it overlooked a computer search for suffocation methods made from the

little girl's home on the day she was last seen alive.

Orange County sheriff's Capt. Angelo Nieves said the office's computer investigator missed a June 16, 2008, Google search for "fool-proof" suffocation methods. The agency's admission was first reported by Orlando television station WKMG. It's not known who per-

formed the search.

The station reported it was done on a browser primarily used by the two-year-old's mother, Casey Anthony, who was acquitted of the child's murder in 2011.

More than 1,200 Fire-fox entries, including the suffocation search, were overlooked by cops working on the case.

THE ASSOCIATED PRESS

Credit/Debit Cards are now accepted for the purchase of TTC Metropasses.

Buy your December Metropass using debit or credit at select stations.



New Stations Added

Please visit ttc.ca for a complete listing of participating stations.



TORONTO TRANSIT COMMISSION



MASSIVE CLEAROUT



European model shown

2012 CRUZE LS+
TORONTO AREA ONLY

\$17,988*

CASH PURCHASE PRICE INCLUDES FREIGHT, PDI, LEVIES & \$1,500 CASH CREDIT.**

- AIR CONDITIONING • 6-SPEED AUTOMATIC TRANSMISSION
- POWER WINDOWS • POWER LOCKS & REMOTE KEYLESS ENTRY
- 6-SPEAKER AUDIO SYSTEM • ABS WITH TRACTION CONTROL
- 16-IN. WHEELS • 10 AIRBAGS



0%
FINANCING*
FOR

\$638 DOWN PAYMENT. TAXES NOT INCLUDED. INCLUDES FREIGHT, PDI & LEVIES.

84
MONTHS
AT

\$99

BI-WEEKLY

1.2%
APR

2012 ORLANDO LT



The Compact 7-Seater

MODEL YEAR END PRICE

\$18,988*

OFFER
INCLUDES
FREIGHT, PDI,
LEVIES &
\$4,500 CASH
CREDIT.*

- AIR CONDITIONING • 6-SPEED AUTOMATIC TRANSMISSION
- POWER WINDOWS • POWER LOCKS

GET CASH CREDITS UP TO \$11,500*

ON REMAINING
2012 INVENTORY

Only at your **TORONTO CHEVROLET DEALERS**

FROST CHEVROLET
BRAMPTON
www.frostgm.com

GATEWAY CHEVROLET
BRAMPTON
www.gatewaychevrolet.ca

EASTSIDE CHEVROLET
MARKHAM
www.eastsidegm.ca

MARKVILLE CHEVROLET
MARKHAM
www.markvillechevrolet.com

ADDISON ON ERIN MILLS
MISSISSAUGA
www.addisongm.com

ADDISON ON EGLINTON
MISSISSAUGA
www.addisongm.com

APPLEWOOD CHEVROLET
MISSISSAUGA
www.applewoodauto.com

BUDDS' CHEVROLET
OAKVILLE
www.buddschev.com

LEGGAT CHEVROLET
REXDALE
www.leggatchev.com

WILSON-NIBLETT CHEVROLET
RICHMOND HILL
www.wilsonniblett.com

HOGAN CHEVROLET
SCARBOROUGH
www.hoganchev.com

ROY FOSS MOTORS
THORNHILL
www.royfoss.com

CITY CHEVROLET
TORONTO
www.citybuick.com

COURTESY CHEVROLET
TORONTO
www.courtesychevrolet.ca

DEAN MYERS CHEVROLET
TORONTO
www.deanmyers.com

HUMBERVIEW CHEVROLET
TORONTO
www.humberview.com

OLD MILL CHEVROLET
TORONTO
www.oldmillgm.ca

ROY FOSS CHEVROLET
WOODBIDGE
www.royfoss.com



THE BEST COVERAGE IN CANADA
5 YEARS
• POWERTRAIN COMPONENT LIMITED WARRANTY
• ROADSIDE ASSISTANCE
160,000 KM* • COURTESY TRANSPORTATION
*EXCLUDES CERTAIN MODELS AND SEVERE WEATHER. SEE DEALER FOR LIMITED WARRANTY DETAILS.

VEHICLE PRICING IS NOW EASIER TO UNDERSTAND BECAUSE ALL OUR PRICES INCLUDE FREIGHT, PDI AND MANDATORY GOVERNMENT LEVIES.

Prices do not include applicable taxes and PPSA. Consumers may be required to pay up to \$799 for Dealer fees.***

For the latest information, visit us at chevrolet.ca, or drop by your local Chevrolet Dealer or call us at 1-800-GM-DRIVE. *Offer applies to the purchase of 2012 Chevrolet (Cruze LS+ R7B/Orlando LT R7A). †0% purchase financing offered by GMCL for 84 months on 2012 Chevrolet Cruze LS+ R7B. O.A.C. by Ally/TD Auto Finance Services/Scotiabank. Rates from other lenders will vary. Example: \$10,000 at 0%/1.2% APR, monthly payment is \$119.05/\$124.18 for 84/84 months. Cost of borrowing is \$0/\$431.12, total obligation is \$10,000/\$10,431.12. Down payment and/or trade may be required. Monthly/Bi-weekly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. Monthly/Bi-weekly payments based on a purchase price of \$18,738 with \$638 down payment. ♦\$11,500/\$4,500 is a manufacturer to dealer delivery credit (tax exclusive) for 2012 Chevrolet Silverado 1500 Crew Cab/2012 Chevrolet Orlando and is reflected in offers in this advertisement. Other cash credits available on most models. See dealer for details. ♦♦\$1,500 is a manufacturer to dealer delivery credit (tax exclusive) for 2012 Chevrolet Cruze and is reflected in cash purchase offers in this advertisement. Such credit is available only for cash purchase and by selecting lease or finance offers, consumers are foregoing such credit which will result in higher effective interest rates. Other credits available on most models. See dealer for details. */†/♦/♦♦Freight & PDI (\$1,495/\$1,495), registration, air and tire levies and OMVIC fees included. Insurance, licence, PPSA, dealer fees and applicable taxes not included. Offers apply as indicated to 2012 new or demonstrator models of the vehicle equipped as described. Dealers are free to set individual prices. Limited time offers which may not be combined with other offers. GMCL may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details. ***Dealer trade may be required.

France. Sarkozy's party battles to save itself after disputed leadership race

Parents struggle to explain it to their kids. Ambassadors struggle to explain it to their governments. The only thing that's clear is that French politics is a mess.

Former president Nicolas Sarkozy's conservative party led one of the world's biggest economies for a decade and now, in the space of a week, has melted down into something that may never be put back together again.

A mediation effort Sunday failed to reconcile the Union for a Popular Movement party or figure out who's in charge, seven days after a disputed election for a new party leader. The conflict looks headed now for the courts. The outcome could reshape France's political landscape and eventually weigh on Europe's direction too.

Central to the dispute is debate among French conservatives over immigration and Islam in the country with Western Europe's largest Muslim population. The election a week ago split party members into

Future

2017

Cope and Fillon want to lead opposition to Socialist President Francois Hollande — and run for president themselves in 2017.

those leaning toward the anti-immigrant far right, represented by Jean-Francois Cope, and those hewing to more centrist views, supporting Francois Fillon.

Cope, who led France's push to ban face-covering Islamic veils and talks of anti-white racism, was initially declared winner of the Nov. 19 election.

Then uncounted votes were discovered that could swing the vote in Fillon's favour.

Accusations of fraud swirled. Insults flew. The week wore on, and the party still had no clear leader.

On Sunday, a UMP commission that handles vote disputes met, then broke up in acrimony, the Sipa news agency reported.

THE ASSOCIATED PRESS

Civil war. Syrian rebels capture air base near the capital as death toll rises

Syrian rebels captured a helicopter base just outside Damascus Sunday in what an activist called a "blow to the morale of the regime" near President Bashar Assad's seat of power, while the bombardment of a village near the capital killed at least eight children.

The director of the Britain-based Syrian Observatory for Human Rights, Rami Abdul-Rahman, said rebels seized control of the Marj al-Sultan base on the outskirts of Damascus on Sunday morning. He said at least 15 rebels and eight soldiers were killed in the fighting that started a day earlier.

The rebels later withdrew from the base, but not before destroying two helicopters and seizing a tank.

Rebels appear to be trying to take over air bases and destroy aircraft in order to prevent the regime from using them in attacks against opposition forces around the country.

The Observatory said that at least eight children were killed when Syrian war planes bombed the village of Deir al-Asafir just outside the Damascus. The village is close to suburbs of the capital, which has witnessed clashes, shelling and air raids between troops and rebels over the past months.

Another activist group, the Revolution Command Council, said 10 children were killed when war planes struck the village as they played outdoors. THE ASSOCIATED PRESS



In this image taken from video obtained from the Ugarit News, authenticated by The Associated Press, Syrian rebels capture a helicopter air base near the capital Damascus after fierce fighting in Syria, on Sunday. THE ASSOCIATED PRESS



In this Nov. 23 photo released by the Egyptian government, President Mohammed Morsi speaks to supporters outside the presidential palace in Cairo, Egypt. EGYPTIAN PRESIDENCY/THE ASSOCIATED PRESS

Egypt's political sides grow more entrenched

Power struggle.

Fight over president's power threatens to destabilize the country as stocks plunge amid the ongoing chaos

Supporters and opponents of Egypt's president on Sunday grew more entrenched in their battle over the Islamist leader's move to assume near-absolute powers, with neither side willing to back down as the stock market plunged amid the fresh turmoil.

The standoff poses one of the hardest tests for the nation's liberal and secular opposition since Hosni Mubarak's ouster nearly two years ago. Failure to sustain protests and eventually force Mohammed Morsi to loosen control could consign it to long-term irrelevance.

Clashes between the two sides spilled onto the streets for a third day since the president issued edicts that make him immune to over-

sight of any kind, including that of the courts.

A teenager was killed and at least 40 people were wounded when a group of anti-Morsi protesters tried to storm the local offices of the political arm of the president's Muslim Brotherhood in the Nile Delta city of Damanhoor, according to security officials.

It was the first reported death from the street battles that erupted across much of the nation on Friday, the

day after Morsi's decrees were announced. The officials, who spoke on condition of anonymity because they were not authorized to speak to the media, identified the boy as 15-year-old Islam Hamdi Abdel-Maqsood.

The tensions also dealt a fresh blow to the economy, which has suffered due to the problems plaguing the Arab world's most populous nation since Mubarak's ouster.

THE ASSOCIATED PRESS

Impact

Mohammed Morsi, who narrowly won the presidency in June, says his measures were designed to "protect the revolution."

ately after Mubarak's ouster in a popular uprising last year. The loss in the value of shares was estimated at close to \$5 billion.

- **Economy.** Egypt's benchmark EGX30 stock index dropped 9.59 percentage points Sunday in the first trading session since Morsi issued his decrees. The losses were among the biggest since the turbulent days and weeks immedi-
- **Pushback.** The judiciary, the main target of the edicts, has pushed back, calling the decrees a power grab and an "assault" on the branch's independence. Judges and prosecutors stayed away from many courts in Cairo and other cities on Sunday.

Sponsorship

Feds off-loading responsibility to resettle refugees onto private sector

The federal government is seeking to off-load some of its international promises to refugees onto the private sector.

They're asking community groups to sponsor 1,000 of the refugees the Canadian government has told the United Nations it will resettle over the next three years.

But at the same time, they are restricting the groups' ability to sponsor refugees themselves by placing caps on private applications.

THE CANADIAN PRESS

Gaza Strip

Violation of truce with Israel would be a sin: Cleric

A leading Islamic cleric in the Gaza Strip has ruled it a sin to violate the recent ceasefire between Israel and the Hamas militant group that governs the Palestinian territory — according to a religious legitimacy to the truce and giving the Gaza government strong backing to enforce it.

The fatwa, or religious edict, was issued late Saturday by Suleiman al-Daya, a cleric respected by both ultra-conservative Salafis and Hamas. Salafi groups oppose political accommodations with Israel.

THE ASSOCIATED PRESS

Rebel group

Congo and M23 rebels negotiate in Uganda

Congolese officials were in talks Sunday with representatives of M23, the rebel group that last week took control of the eastern Congo city of Goma, according to Ugandan officials.

Ugandan Defence Minister Crispus Kiyonga said that he is mediating discussions to help both sides reach an agreement to end a violent rebellion that has sucked in Uganda and Rwanda, which both face charges of backing the rebels.

M23 president Jean-Marie Runiga is leading the rebels in the talks, according to Rene Abandi, M23's head of external relations.

THE ASSOCIATED PRESS

PUBLIC INVESTOR NOTICE

30K Condos for Sale in Florida Exclusive to Canadian Residents!

ATTEND
REP's 2 HOUR
FREE SEMINAR

Now Canadians can buy...U.S. REAL ESTATE at **70% OFF!**

You don't need cash, credit or experience to take advantage of the incredible opportunity. You just need the desire to own your own personal real estate **CASH COW**. Attend this FREE 2 hour seminar and find out how you can own up to 10 investment properties in the U.S. for pennies on the dollar. Why not put \$30,000 in your pocket each month? **Take advantage of the U.S. GOLD RUSH** just like so many other fellow Canadians.

At this **FREE 2 hour seminar** you'll learn how to spot, finance and create instant cash flow on any one of many properties available. Here's a sample of actual properties available at this event.....

SMART CANADIAN INVESTOR...



I can't believe it! After going to this seminar and learning everything on how to buy US real estate as a Canadian, I got together with my 2 best friends and we started using what was made available to us. We were allowed to market one of their properties, which originally bought at \$25,000. We found a Canadian who wanted to buy US real estate and sold it for \$50,000!!! The property was still Cashflowing! She was so happy with getting this property that she is buying a second property from us too! We generated more money 5 days after the seminar then I have made in the last year! I can't believe it! — **Michael R.**

THIS EVENT IS FREE! HURRY SEATS FILL QUICKLY!

Learn How to get Access to Great DEALS in FLORIDA & LAS VEGAS!



Condo in Sunrise, FL
OPENING BID
\$6,500



Condo in Palm City, FL
OPENING BID
\$7,500



Condo Ft. Lauderdale, FL
OPENING BID
\$14,900



Condo in Orlando, FL
OPENING BID
\$12,900



Condo in Fort Pierce, FL
OPENING BID
\$3,500



Condo in Avon Park, FL
OPENING BID
\$9,900



Condo Las Vegas, NV
OPENING BID
\$29,500



VACATION GETAWAY! 3 Days/2 Nights! WHEN YOU ATTEND

FREE GIFTS

when you attend you will receive:

Real Estate Pickers Kit
PLUS FREE 900 AUCTION LIST!



Pre-registrants
guaranteed CD
(\$199 Value)

- 900 Properties in FL under \$50,000
- 10,000 U.S. foreclosures
- 10 Hard Money Lenders
- Buying Guide U.S. RE
- 5,000 investors in U.S.



**PLUS FREE
MP3
Player**



PRE-REGISTER NOW and get:
4 Special Reports
for immediate download
(\$99 Value)

1. Flipping Houses for Quick Cash!
2. Stress Free Land Lording
3. Tax Lien Investing Robust Returns
4. First Time Home Buying With Flair

Seating is limited!
Hurry while supplies last!

Call Now

1.800.986.1592

register for FREE 2 Hour seminar online www.RichPicker.com

**Real Estate
PICKERS**

SCARBOROUGH	TORONTO	RICHMOND	TORONTO
Thursday, November 29	Friday, November 30	Saturday, December 1	Sunday December 2
2 pm or 7 pm	2 pm or 7 pm	12 noon or 5 pm	10 am or 2 pm
DELTA TORONTO EAST HOTEL	SHERATON CENTRE TORONTO HOTEL	SHERATON PARKWAY TORONTO N. HOTEL & SUITES	SHERATON TORONTO AIRPORT HOTEL & CONF. CENTRE
2035 Kennedy Road	123 Queen Street West	600 Highway 7 East	801 Dixon Road

© 2012 Real Estate Pickers. All Rights Reserved. No properties will be offered at seminar. Seminar is for education purposes only.



Over 100,000 satisfied customers make overseas
calls from their mobile phone

Now...You can too!



Limited Time Offer
\$25 FREE
Long Distance calling to anywhere
- No contracts - No commitments



- No matter where you call - No matter what rate you pay
... we'll beat it Guaranteed!

Unlimited Canada

✓ Unlimited calling to anywhere
in Canada

\$5/month



Mexico
1.9



Venezuela
1.9



Israel
1.9



U.A.E.
14.9



Cuba
89.9



Croatia
2.9



Bangladesh
3.9



Iran
4.9



Philippines
10.9



Kazakhstan
4.9



India
1.9



Vietnam
3.9

India

✓ 1000 Minute bundle only
\$10/month

1¢/minute



Download our Comwave
Mobile App
3 Days Free Trial



BlackBerry
App World

1-866-516-0236

www.comwave.net

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. LONG DISTANCE Lifetime Rate Guarantee is based on competition lowest advertised rate for like services. Comwave will not rate match agent charity or internet services, bundled minute plans or prepaid calling cards due to their inaccurate billing criteria. \$25 free promotion is applied \$5 per month for 5 months. No minimum usage required. Calls to Business Mobile Phones may be billed at a higher rate. Unlimited usage is governed by our Fair Usage policy to prevent abuse available at www.comwave.net/terms.



Bundle your Home Phone and Internet
... for one Low Price!

\$49⁹⁵
/month



Home Phone
Unlimited Local

- ✓ Unlimited local calling
- ✓ All Features FREE

\$14⁹⁵
/month

Home Phone
Unlimited Canada

- ✓ Unlimited Canada-wide calling
- ✓ All Features FREE

\$19⁹⁵
/month

Home Phone
Unlimited Global

- ✓ Unlimited calling to almost 60 countries!
- ✓ All Features FREE

\$29⁹⁵
/month



Ranked #1
Consumer Choice Award

1-866-516-0236
www.comwave.net

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. The 6 Month Free Promotion is based on a 30 Day Satisfaction Guaranteed period. If you are not 100% completely satisfied, you may terminate the service anytime within the Satisfaction Guaranteed Period with no further obligation. If you transfer your existing phone number from your current provider to Comwave within the first 30 days, you will receive an additional 1 month free for a total of 2 months free. *EXCLUDED: PHONE SERVICE: 1-866-516-0236 has certain limitations versus traditional 911. All Unlimited Plans do not include calls to the Yukon, Northwest N.W.T., Alaska and Hawaii. *INTERNET: The Internet bundle offering 6 months free Home Phone Service is based on a 30 Day Satisfaction Guaranteed period. An additional fee of \$10 for 100MB or \$15 for 1GB will be applied. Unlimited usage is governed by our Fair Usage policy to prevent abuse available at www.comwave.net/terms.

Surf's up

Lake Ontario gets its first surfing contest

Cold, wintry winds whipped up big waves on Lake Ontario this weekend, making conditions ideal for surfing.

Competitors in high-tech wet suits gathered at the lakeshore in Rochester, N.Y., on Saturday for an event billed as the first surfing contest on Lake Ontario.

Josh Davy of Toronto told the Rochester Democrat and Chronicle that the nastier the weather, the better the waves.

THE ASSOCIATED PRESS

Aging grace

Ancient cemetery begins to crumble

One of the oldest Jewish cemeteries in the Western Hemisphere, Beth Haim on the island of Curacao, is slowly fading in the Caribbean sun.

Beth Haim was established in the 17th century and is considered an important landmark — even on an island so rich in history that its downtown has been designated a UNESCO World Heritage Site.

THE ASSOCIATED PRESS



In this Nov. 12 photo, a crumbling tomb stands in the Beth Haim cemetery in Curacao.

KAREN ATTIAH/THE ASSOCIATED PRESS

Jamaica. Senator urges citizens to buy local food over the holidays

A Jamaican senator who leads the island's agricultural society is urging citizens to abstain from buying imported food this Christmas season.

Sen. Norman Grant says that all Jamaicans have a responsibility to protect the island's agriculture sector. Grant said Sunday "there is no need to look to imported food" this Christmas because local farmers are capable of providing everything.

Dependence on import-

ed food has ballooned for years in Jamaica and other Caribbean countries. Besides urging islanders to buy locally grown food, the government has given away seedlings and gardening kits to encourage people to tend to backyard plots to save money and ease dependence on imports. Caribbean tastes have been turning toward wheat and other staples from abroad rather than local crops such as yams and cassava.

THE ASSOCIATED PRESS

Bigg's killer whales. The 'transient' orca could become its own species

If whale expert John K.B. Ford has his way, school children one day will study a kind of North Pacific killer whale that preys on warm-blooded creatures — mostly harbour seals and sea lions, but also grey whales and seabirds.

They roam as far north as the Arctic Ocean and are now known as transients to distinguish them from fish-eating resident killer whales.

Ford and colleagues from Alaska to California want transient killer whales to be declared their own species, and they want them to have a new name: Bigg's killer whales, in honour of Michael Bigg, the researcher whose observations off British Columbia and Washington state led to the identification of transients. His mentoring inspired a generation of researchers still uncovering the mysteries of the animal at the top of the marine



Mammal-eating transient killer whales are photographed off the south side of Unimak Island in the eastern Aleutian Islands of Alaska.

ROBERT PITMAN/THE ASSOCIATED PRESS

food chain.

"He was really very much the founding father of modern scientific studies regarding killer whales," Ford said from his office at the Pacific Biological Station in Nanaimo, B.C., where he heads West Coast cetacean research for Canada's Department of Fisheries and Oceans.

THE ASSOCIATED PRESS



People walk through a small street decorated with Albanian flags, in Skopje, Macedonia on Friday. The capital, especially parts populated with ethnic Albanians, was flooded with Albanian flags for the celebration of 100 years of independence from the Ottoman Empire. BORIS GRDANOSKI/THE ASSOCIATED PRESS

Albanians mark a century of freedom

Macedonia. 100th anniversary of Albania's independence from Ottoman Empire raises question of ethnic tensions in region

to attend the celebrations Sunday at Skopje's sports centre.

The anniversary celebrations in Macedonia's capital are scheduled to last for four days, and similar festivities will take place later this week in the capitals of Kosovo and Albania.

Ethnic Albanians make up about 25 per cent of Macedonia's population of 2.1 million, but tension with the country's Slavic-speaking Macedonian majority has remained high since a six-month armed ethnic Albanian insurgency in 2001 to demand greater autonomy in minority areas.

For nearly five centuries, Albania was at the heart of a sprawling Ottoman Empire, but it declared independence

in 1912, and is now a parliamentary democracy and member of the United Nations and NATO.

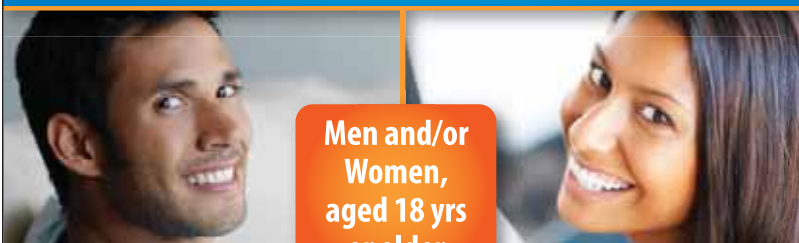
In Skopje, Macedonia's capital, thousands of Albanian national flags were on display Sunday, and in minority areas of northern and western Macedonia.

Conservative Prime Minister Nikola Gruevski has the country's largest ethnic Albanian party, the DUI, in his coalition government. The DUI is led by Ali Ahmeti.

In an interview with Channel Five TV, Ahmeti said, "Raising the Albanian national flag is not a demonstration of power, but part of a great date for us Albanians and should not be seen as a provocation to the Macedonians."

THE ASSOCIATED PRESS

We are looking for people to make a difference!



Men and/or Women,
aged 18 yrs
or older

Lambda specializes in conducting clinical trials.
Lambda is looking for healthy non-smoking individuals to participate in upcoming clinical trials.
Participants are compensated for their time.
Compensation is up to \$500 a day.
Refer a friend and you may receive \$100!



Lambda Therapeutic Research

For more information

call (416) 752 3333 or visit www.todaysresearch.com
Mon-Fri: 9-6, Sat: 10-3, 460 Comstock Road, Toronto

Long & McQuade
MUSICAL INSTRUMENTS
long-mcquade.com

Shop Online!
long-mcquade.com

Best Price. Best Selection.
(Holiday shopping made easy.)

Experience Canada's #1 music store

SCARBOROUGH 416.439.8001	TORONTO 416.588.7886	PICKERING 905.686.4900
MARKHAM 905.209.1177	NORTH YORK 416.663.8612	OSHAWA MISSISSAUGA BRAMPTON BURLINGTON

STOP HAIR LOSS

for **MEN** and for **WOMEN**

#1 SELLING IN CANADA

Hair Grow Technology's Bio-Fen® product line is continually moving forward! We are introducing our two latest versions; **Bio-Fen® Plus for Men** and **Bio-Fen® Plus for Women**. These products have been assigned Natural Product Numbers (NPN's) by Health Canada.

We recognize that both men and women experience androgenic alopecia (AGA, or male / female pattern baldness) and have made some improvements to the original formulation based on the latest science to address their specific needs. You will notice that we now have additional complementary (Health Canada Approved) health claims on each product.

How does Bio-Fen® PLUS work?

We are bringing you two new products with **double** the number of capsules and **triple** the number of health claims for men and **four times** the number of health claims for women.

As in the previous formulation, the fenugreek seed extract in both new formulas reduces excess blood lipid levels (hyperlipidemia). Fenugreek contains β -sitosterol, an active plant sterol, which has been shown to inhibit 5-alpha-reductase activity – the enzyme responsible for converting excess testosterone to DHT (which is the primary molecule that causes hair loss). The SDG (secoisolaricresinol diglucoside) from flax lignans in both formulas also decreases excess cholesterol – the building block of testosterone. Based on new research on the rate of metabolism of SDG in flax lignans (8-12 hours on average), the dosage in both products has been revised from once a day to twice a day for optimum results.

**Twice the Strength!
Twice the Power!**

Bio-Fen® Plus for Men:

As before, the saw palmetto extract inhibits the enzyme 5-alpha reductase, and this action slows down the conversion of testosterone to dihydrotestosterone (or DHT) – the overabundance of which causes the miniaturization of hair follicles. This activity of the saw palmetto also helps to relieve the urinary symptoms of mild to moderate BPH for men.

The saw palmetto that originally was an extract standardized to 45% free fatty acids, esters, and sterols while the new formula is a 4:1 extract to support the BPH claim. The product still contains these molecules for hair loss, but they are now at proprietary amounts based on our research so that the competition cannot duplicate our formula.

Bio-Fen® Plus for Men will also help to:

- *Relieve the urologic symptoms associated with mild to moderate benign prostatic hyperplasia - BPH (e.g. weak urine flow, incomplete voiding, frequent daytime and night time urination).*
- *Reduce elevated blood lipid levels / hyperlipidemia.*

Bio-Fen® Plus for Women

The women's formula is almost the same as the men's formula. The mechanisms and results for the women formula is the same. The only difference is it contains silicon and iron instead of saw palmetto. Silicon has been shown to contribute to hair shaft strength and thus healthy hair growth. It also contains iron which helps prevent iron deficiency. A number of studies have related sub-clinical iron deficiency in women to diffuse hair loss/alopecia.

The increased amount of SDG and other revisions to the regulations allow us to make some additional health claims for *Bio-Fen® Plus for Women*.

Bio-Fen® Plus for Women will also help to:

- *Reduce elevated blood lipid levels/hyperlipidemia*
- *Prevent iron deficiency.*
- *Metabolize carbohydrates, fats and proteins.*

How long must I use Bio-Fen® Plus?

Bio-Fen® Plus for Men capsules are usually effective at stopping hair loss within the first two months. However, since healthy hair grows only about 1 cm each month, it may take up to three months before you notice that hair growth is increased or the rate of hair loss is decreased. Anyone experiencing new growth should see it within four months. In some people the original pigmentation may come back. Once you stop completely your hair growth pattern will slowly go back to the point where you started. However, some people may be able to go with a lower maintenance dose.

What is the quality of Bio-Fen® Plus for Men?

Bio-Fen® Plus for Men is manufactured in Canada according to quality assurance specifications called Good Manufacturing Practices (GMP). This ensures that the ingredients are tested for their level of quality, potency & purity, prior to production and the finished product prior to sale.

Hair Grow Technology (Bio-Fen® Plus) is a progressive company - we continually seek out the latest research on bioactive ingredients, and on regulatory updates in the natural health products industry.

See our website to locate your nearest store that carries *Bio-Fen® Plus*.

www.biofen.com

1-866-424-7745

**Available at Health Food Stores,
Supplement Stores &
Independent Pharmacies**



Save \$5.00 off your purchase with this coupon!

Each coupon is valid for one bottle of Bio-Fen® Plus for Men or Bio-Fen® Plus for Women. Valid one coupon per bottle. Coupon is void when reproduced or altered in anyway. Coupon expires on December 31, 2012. Retailers must submit all coupons for reimbursement to Hair Grow Technology within 30 days after the expiration date. Redeemed coupons must be accompanied with a copy of the purchased receipt.



Pakistan. Roadside bomb kills six

A bombing claimed by the Taliban killed at least six people and wounded some 90 others at a Shiite religious procession in northwestern Pakistan on Sunday, police said, as the minority Muslim sect observes the annual Ashoura holiday.

Since Wednesday, at least 31 have been killed in bombings aimed at Pakistani Shiites and claimed by the Taliban, who espouse an extremist interpretation of Sunni Islam.

More than 100 were wounded in the attacks during the run-up to the holiday, which commemorates the seventh century death of the Prophet Muhammad's grandson. The schism between Sunnis and Shiites dates back to that time.

Sunday's explosion went off as hundreds of Shiites were passing through the main intersection of the city of Dera Ismail Khan, police said, where food and water stalls were set up to serve the

Background

The Pakistani Taliban frequently attacks Shiites, who they consider heretics. Ashoura ceremonies are prime targets since they draw large crowds that march in processions to mourn the martyred Imam Hussein.

crowd.

An initial investigation suggested a bomb was planted near a shop along the pro-

cession route.

"The bomb contained about eight kilograms of explosives and steel balls, and was detonated with a remote control device," city police chief Sohail Khalid said.

Several of the injured are in serious condition, said Dr. Faridullah Mahsud, an official at the city's hospital, who added that three members of a paramilitary unit providing security for the procession were among the injured.

THE ASSOCIATED PRESS

Devastating inferno



People console a woman whose relative was killed in a fire at a garment factory outside Dhaka, Bangladesh, Sunday. HASAN RAZA/THE ASSOCIATED PRESS

Bangladesh. At least 112 people killed in a fire that raced through multi-storey garment factory outside capital city

He said another 12 people who had suffered injuries after jumping from the building to escape the fire later died in hospitals. The cause of the blaze was not immediately clear, and authorities have ordered an investigation.

Bangladesh has some 4,000 garment factories, many without proper safety measures. The country annually earns about \$20 billion from exports of garment products, mainly to the United States and Europe.

Relatives of the factory workers were frantically looking for their loved ones. Sabina Yasmine said she saw the body of her daughter-in-law, who died in the fire, but had no trace of her son, who also worked at the factory.

"Oh, Allah, where's my soul? Where's my son?" wailed Yasmine, who works at another factory in the area. "I want the factory owner to be hanged. For him, many have died, many have gone."

Mahbub said firefighters recovered 69 bodies from the second floor of the factory alone.

THE ASSOCIATED PRESS

The death toll could rise in a fire that struck outside Bangladesh's capital city on Sunday, as the search for victims continues, an official said.

The blaze broke out at a seven-storey factory operated by Tazreen Fashions late Saturday evening. By Sunday morning, firefighters had recovered 100 bodies, fire department operations director Maj. Mohammad Mahbub told The Associated Press.

Quoted

"I want the factory owner to be hanged. For him, many have died..."

Sabina Yasmine, mourning relative

Any Android Phone



Samsung Galaxy Note II

- 5.5" HD Super AMOLED Touchscreen
- Android™ 4.1 Jellybean
- 1.6 GHz Quad Core Processor
- Includes S-Pen Stylus

Samsung Galaxy SIII

- 4.8" HD Super AMOLED Touchscreen
- LTE Connectivity
- 1.5 GHz Dual Core Processor
- Android™ 4.0

\$0*

with 3-yr. FLEXible agreement
SAVE \$599**

1 MONTH TO MONTH FROM \$599**

LIMITED TIME OFFER

Only at participating locations

First 25 customers per store. Must bring flyer.
(November 26 - December 1, 2012)

CONNECT EXCITING

TALK FRIENDS

CHAT ACCESS

TALK SHARE RELIABLE

LIFE TEXT FIRST

FREE FREEDOM EXCITING

ACCESS DENIED

FREE

EXCITING FRIENDS

NETWORK CHAT

Creating World-Leading Internet Experiences

Lifestyle COMMUNICATIONS

(Avenue & 401)
1808 Avenue Road
North York, ON
416-784-9400

(Danforth & Broadview)
272 Danforth Avenue
Toronto, ON
416-648-1010

(Yonge & 16th)
9196 Yonge Street
Richmond Hill, ON
905-784-0310

(St. Clair & Yonge)
2 St. Clair Avenue E
Toronto, ON
416-934-1313

(King & Bathurst)
662 King Street W
Toronto, ON
416-628-4000

(St. Clair & Lansdowne)
1348 St. Clair Avenue W
Toronto, ON
416-451-2000

ROGERS

(Dundas & Dufferin)
1461 Dundas Street W
Toronto, ON
416-590-3800

* Valid from November 26 to December 1, 2012. First 25 customers (per location). Must bring flyer. With new activation on any 3-yr. term voice and data plan having min. \$60 monthly service fee. Device Saving Recovery Fee and/or Service Deduction Fee (as applicable) apply in accordance with your service agreement. FLEXible balance corresponds to the sum of Device Savings Recovery Fee and the Additional Device Savings Recovery Fee. **Rogers & Mobius Design are trademarks of Rogers Communications Inc. All other trademarks, trade names, logos and product names may be the trademarks of their respective owners. © 2012 Rogers Communications.

MEN AND WOMEN NEEDED FOR A PAID FOCUS GROUP

Consumer Vision, a leading market research company is currently seeking individuals that have been diagnosed with Macular Holes, and/or Vitreomacular Traction of the eye(s). \$150 cash paid to those who qualify and participate.

If you are interested, please contact us at:
416-964-5836 ext. 6000

No wallet? No problem.



Introducing BMO® MasterCard® Mobile *PayPass*™ Tag.

It's a faster, more convenient way to pay with your mobile phone¹. A simple "Tap & Go", lets you stay on the go. Just another innovative way to bank with BMO.

To order your FREE Mobile *PayPass* Tag today, call 1-800-263-2263.

Or, learn more at bmo.com/mobiletag

BMO  Bank of Montreal
Making money make sense®

¹MasterCard PayPass is available on most personal BMO credit cards. MasterCard PayPass is not available on BMO Prepaid Travel MasterCard cards and select affinity cards. For more information, call the Client Contact Centre at 1-800-263-2263. ®/™Trade-marks/registered trade-marks of Bank of Montreal. ®/™Trade-marks/registered trademarks of MasterCard International Incorporated.

NEED A CAR LOAN BUT HAVE CREDIT PROBLEMS?

BANKRUPTCY | NO CREDIT | BANK TURN DOWNS | NO DOWN PAYMENT

**APPROVED! CONTACT
NORTON TODAY!**

Call 416.670.5012 or email nortong@eastwaychrysler.ca



2851 Eglinton Ave. E. Scarborough | eastwaychrysler.ca | 416.264.2501

Read metro your money every Tuesday for
financial tips, trends and advice.
Only in Metro. News worth sharing.

DISABILITY CLAIMS?

Have you been denied or cut off from your long or short-term disability insurance benefits? We can help you.

**FREE INITIAL CONSULTATION
NO PAYMENT UNTIL CLAIM IS SETTLED**

416-363-1867

ROCHON GENOVA LLP
BARRISTERS - AVOCATS

www.rochongenova.com

Why wait for Boxing Day? Deal season comes early

Black Friday, Cyber Monday. Longtime U.S. discount weekend is now taking root on Canadian soil

As hype surrounding Cyber Monday and Black Friday spreads north of the border, experts say the burgeoning week-end-long holiday sales event could soon surpass Boxing Day as the busiest shopping period of the year.

With the frenzy of what could be Canada's biggest-ever Black Friday over, deal-seekers are turning their focus to Cyber Monday, a day of deep online discounts held the Monday after the busiest shopping day of the year in the U.S.

For years, both events were largely U.S. phenomena that had Canadians who wanted to participate visiting American websites or making cross-border trips on the day after U.S. Thanksgiving, which marks the start of the crucial holiday shopping season when retail-



Shop online, avoid mall fatigue: Cousins Maricruz Munoz, 15, left, and Monica Murillo, 15, sleep on a break from Black Friday shopping at Woodland Hills Mall on Friday, in Tulsa, Okla. Cyber Monday and Black Friday are spreading north of the border, experts say, and may soon surpass Boxing Day as the busiest shopping period of the year. MIKE SIMONS/TULSA WORLD/THE ASSOCIATED PRESS

ers turn profits, or go "into the black."

But a combination of factors — U.S. competitors setting up shop in Canada, Canadian retailers trying to keep sales

local, Canadians' shifting shopping habits and tight-fisted consumers with shaky confidence in the economy — are helping to establish the events on Canadian soil.

Turkey and discounts

- In the U.S., Thanksgiving shopping on Thursday took a noticeable bite out of Black Friday's start to the holiday season, as retail sales in stores fell slightly from last year. Hundreds of thousands of shoppers hit sales Thursday evening while still full from their Thanksgiving dinner.

THE ASSOCIATED PRESS

Willy Kruh, global chairman in retail markets at KPMG, said he wouldn't be surprised if the four days from Black Friday to Cyber Monday soon overtake Boxing Week, as the best period for retailers in Canada.

He says Cyber Monday — which cropped up in Canada just three years ago — is growing at an even faster pace in Canada than Black Friday, as retailers look for new ways to fight back against U.S. competitors eating into their profits.

THE CANADIAN PRESS

Get DOUBLE the minutes and data with our NEW Canada-wide promo plans!



Get Canada-wide talk, text and data!

- Up to ~~150~~ 300 Anytime Minutes
- Up to ~~250~~ 500 MB of Data¹
- Unlimited Messaging (Text and Picture)²
- Unlimited 5pm Evenings & Weekends³
- Unlimited Incoming Calls
- Plus more!

For just **\$45**/month

**Double
minutes
and data!**

koodo

Hurry! Offer ends December 31, 2012.

Good call



Bowmanville Mall
Bramalea City Centre
Burlington Mall
Cambridge Centre
Centerpoint Mall
Cloverdale Mall
Conestoga Mall
Devonshire Mall
Dixie Outlet Mall
Downtown Chatham Centre

Dufferin Mall
Eastgate Square
Erin Mills Town Centre
Fairview Mall
Fairview Park Mall
Georgian Mall
Heritage Place
Hillcrest Mall
Lambton Mall
Lansdowne Place

Lime Ridge Mall
Lynden Park Mall
Mapleview Shopping Centre
Markville Shopping Centre
Masonville Place
Milton Mall
New Sudbury Centre
Northgate Shopping Centre
Oakville Place
Oshawa Centre

Pen Centre
Pickering Town Centre
Scarborough Town Centre
Seaway Mall
Sheppard Centre
Sheridan Centre
Sherway Gardens
Square One
Station Mall
Stone Road Mall

Tecumseh Mall
The Promenade
Toronto Eaton Centre
Upper Canada Mall
Vaughan Mills
White Oaks Mall
Woodbine Centre
Yorkdale Mall

(1) Roaming rates apply outside of Canada. Data overage rate of 2¢/MB applies. (2) Availability of service will vary by country and is subject to change without notice. Excludes premium messages and subscription-based messages. Picture messaging includes international picture messages sent and received within Canada. Additional data charges apply depending on picture size when roaming in the U.S. and internationally. Picture messaging is supported by a BlackBerry smartphone with SIM card only. (3) Unlimited calling from 5pm to 8am, Monday through Thursday, and from 5pm Friday to 8am Monday.

Cheers! Wine consumption on 'meteoric rise' in Canada

Canadians are increasingly reaching for a glass of Beaujolais instead of beer and they're also drinking more domestic wines, says a new study on Canadian drinking habits.

Consumers bought an average of 22 bottles of wine in 2011, up from 13 in 1995, found the Bank of Montreal's special report on the Canadian wine industry.

"It's a meteoric rise, really," said David Rinneard, national manager of agriculture at BMO.

And Canada's wine industry is poised for solid growth over the next five years, thanks in part to an aging population, a willingness to pay more for premium wines and the opportunity for domestic producers



Canada's wine industry is poised for solid growth over the next five years, a new report says.
TORSTAR NEWS SERVICE FILE

to make bigger inroads in the Canadian marketplace, the report said.

A third of wine consumed in Canada is produced by domestic wineries, Rinneard said.

THE CANADIAN PRESS

Climate change

UN begins new global-warming talks in Qatar

As nearly 200 countries meet in oil- and gas-rich Qatar for annual talks starting Monday on slowing global warming, one of the main challenges will be raising climate aid for poor

countries at a time when budgets are strained by financial turmoil.

Rich countries have delivered nearly \$30 billion US in grants and loans promised in 2009, but those commitments expire this year. And a Green Climate Fund designed to channel up to \$100 billion US annually to poor countries has yet to begin operating.

THE ASSOCIATED PRESS



Trash towers high in Thessaloniki

A woman walks by piles of garbage amassed during successive strikes by municipal workers in the northern Greek port city of Thessaloniki on Sunday. The Greek government plans to place 2,000 civil servants on notice ahead of reassignment or potential dismissal. On Monday, European finance ministers are scheduled to meet yet again to try and reach an agreement on releasing vital rescue loans to debt-ridden Greece. NIKOLAS GIAKOUIMIDIS/THE ASSOCIATED PRESS

NEED A RIDE? Read metrodrive every Wednesday.

Interested in Managing your Diabetes Naturally?

Join a landmark study to manage your diabetes through healthy diet and lifestyle choices.

By participating, you will get:

- advice from a registered dietitian
- advanced check up of your arteries
- additional education in using low glycemic and high fibre diets

You may qualify if you are:

- living or working in the Toronto area
- in good health
- taking tablets for diabetes (but not insulin)

Call St. Michael's Hospital today at

416.867.7474

www.stmichaelshospital.com

UNIVERSITY OF TORONTO
FACULTY OF MEDICINE

CIHR IRSC
INTEGRATIVE RESEARCH
STUDY & CLINICAL

St. Michael's
Inspired Care.
Inspiring Science.

Are You A Current or Ex-Smoker?

- Are you 45 years of age or older?
- Do you get short of breath, have cough or phlegm?
- Do you have chronic bronchitis or emphysema?

You may qualify to participate in a research project of an investigational drug.

Please Contact:
(416) 921-7707

one card. a million options.

NO FEES
after purchase*

Your one-size-fits-all gift idea HAS ARRIVED!



Use anywhere MasterCard® or Visa® cards are accepted.
Available at major drug stores, and gas and convenience retailers.

* Except for foreign transactions (see back of packaging for details). Activation fees still apply.

The Vanilla Prepaid MasterCard is issued by Peoples Trust Company pursuant to license by MasterCard International. MasterCard and the MasterCard Brand Mark are registered trademarks of MasterCard International Incorporated. The Vanilla Visa prepaid card is issued by Peoples Trust Company pursuant to license by Visa Inc.

Vanilla®

HOPING FOR TWO MORE YEARS OF MAYOR ROB FORD



URBAN COMPASS
Matt Elliott
toronto@metronews.ca

I've got a confession to make: I hope when the judge releases his verdict on Rob Ford's conflict of interest trial Monday morning, he uses the words "not guilty."

Even as someone who hasn't been much of a fan of the mayor's policies, I'm pulling for two more years of Ford Nation.

Ford doesn't really deserve a "not guilty" verdict, mind you. On the witness stand in September, his defence did a lousy job of rationalizing an incident in council earlier this year in which the mayor effectively voted to save himself from having to pay back \$3.150 he had originally improperly solicited for his football foundation.

Attempts to paint the whole thing as inadvertent or an error in judgment were undermined by evidence showing that Ford had known to declare a conflict of interest in the past. And given the

mayor's legendary thriftiness, there's no way the judge should believe that Ford — who gets frustrated when cashiers attempt to charge him five cents for plastic bags — would regard three grand as an inconsequential amount of money.

If the municipal conflict of interest law were written differently, the verdict would be a lot simpler. If Justice Charles Hackland could simply levy a fine or suspension today, I don't think there would be much room for debate. But, unfortunately, the law doesn't give much latitude — unless Justice Hackland

decides that the Act doesn't apply to Ford's case, a guilty verdict will automatically boot the mayor from City Hall.

And, to put it bluntly, that could really suck for Toronto over the long-term.

Yes, Ford is a mayor who has attracted a lot of derision. I understand why the idea of hitting the eject button on this administration could be appealing. But the reality is that, just two years ago, 383,501 people stepped into a ballot box and cast a vote for Rob Ford as mayor of Toronto for this council term. Tossing him out means disenfranchising those voters.

And a removal scenario risks leaving this city mired in further political gridlock and divisiveness. Instead of being remembered as the guy who couldn't effectively lead this city, Ford's legacy could easily be recast as a politician whose waste-fighting ways so enraged the left that they ran him out of office on a rail. That's the kind of narrative that could propel a range of Ford successors into city hall.

By the time you read this, the die may have already been cast. Ford could be out. If so, there will be no reason to celebrate. Ford's supporters will have lost the person they voted for, while his detractors will have lost the opportunity to beat this mayor the way he should have been beaten — at the ballot box.



Read more of Matt's blog, *Ford for Toronto*, at metronews.ca



Rob Ford is swarmed by media asking about his involvement in removing TTC riders from buses to make room for Don Bosco Eagles players in this Nov. 5 photo. A not-guilty verdict in Ford's conflict of interest trial would leave Toronto further divided. RENE JOHNSTON/TORSTAR NEWS SERVICE

Many CDs make light work



OLI SCARF/GETTY IMAGES

Art installation

Artwork puts CDs in a good light

An artist has created a festive display of light, using thousands of old CDs. Bruce Munro's work, entitled *Blue Moon* on a Platter, forms part of the Christmas decorations at Waddesdon Manor in Buckinghamshire, England, a Neo-Renaissance style of a French chateau originally built for the prominent Rothschild family of bankers.

METRO

A lot of tracks

50,000

The number of unwanted CDs used in Munro's installation. Donated by a local recycling centre, they were placed on a grassy amphitheatre, which measures 28 metres across. The "moon," which measures 1.5 metres in diameter, is made up of 101 spheres containing coiled optic fibers. It glows with blue light, which is passed along the fiber optics via a metal halide projector. It took Munro and his team of more than a dozen volunteers one week to install.

Artist's viewpoint



"At dusk, when the CDs reflect the light from the sky, and the landscape is dark, the installation shines brightest and looks like a massive sequin bead."

Bruce Munro,
light installation artist

Q & A

Brighter when dark

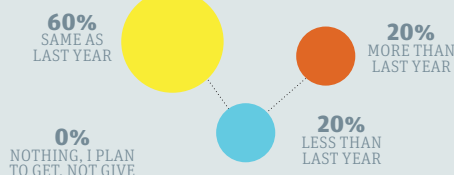
Metro: What's special about the material of CDs?

Munro: Their iridescent quality of reflecting light — they look just like a rainbow. But what's so unusual about the CDs is that they seem to reflect light better when there is not a lot of natural light around.



Register at metropolitanpanel.ca and take the quick poll

How much do you plan on spending over the holidays?



Twitter

@dannno:

If the #CFL Grey Cup was played on my front lawn I would close the blinds.

@jerryrak:

Love seeing all the CFL fans this whole week #downtownTO even though 80% of them are rider fans for some reason #greycup #goargos #cdnpride

@johnnydoherty93:

Hoping an Argos #GreyCup win

can get the ball rolling for Toronto sports, lets go boys #100GC

@masonismyson:

Arrrrrrggoooooosss! #GreyCup awesome 1 week return to glory for CFL in TO

@neiltyson:

End-of-world prophecies for 2012 are hoaxes perpetrated by the scientifically illiterate on the scientifically under-informed



CHEVROLET

BOXING DAYS



Silverado LT Ext. Cab 4x4 Thunder Edition
with Chrome-Clad Aluminum Wheels**

30 MPG HIGHWAY
9.4 L/100 KM HWY | 14.3 L/100 KM CITY*

**SILVERADO WORKS, TOWS AND
HAULS ON REGULAR FUEL.**

2013 SILVERADO



0% 60

FINANCING FOR

MONTHS*

PLUS

\$5,750
+
\$1,550

CASH
CREDIT*

THUNDER
EDITION
CREDIT*

PLUS CASH FOR CLUNKERS

DO YOUR PART FOR THE ENVIRONMENT BY UPGRADING YOUR OLD VEHICLE TO A NEW PICKUP.

UP
TO **\$3,000[†]**



Recycle your 2006 model year or older vehicle and receive up to *\$3,000* towards the cash purchase, financing or leasing of an eligible 2012 or 2013 Chevrolet Silverado.

- Outstanding V8 Fuel Efficiency
- 326 HP V8 with 6-speed Automatic Transmission
- Heavy Duty Trailering with Trailer Sway Control
- Dual-zone Automatic Climate Control and 6-way Power Driver Seat
- Automatic Locking Rear Differential
- Bluetooth® with Steering Wheel Controls
- 17-in. Alloy Wheels and Fog Lights
- 60,000 km Longer Powertrain Warranty[▲] than Ford F-150 and RAM

BACKED BY A 5-YEAR/160,000 KM POWERTRAIN WARRANTY THE LONGEST OF ANY FULL-SIZE LIGHT DUTY PICK-UP

Visit your Chevrolet dealer today for GREAT DEALS ON SELECT REMAINING 2012s



GM THE BEST COVERAGE IN CANADA
5 YEARS • POWERTRAIN COMPONENT LIMITED WARRANTY
160,000 KM* • ROADSIDE ASSISTANCE
• COURTESY TRANSPORTATION

VEHICLE PRICING IS NOW EASIER TO UNDERSTAND BECAUSE ALL OUR PRICES INCLUDE FREIGHT, PDI AND MANDATORY GOVERNMENT LEVIES.
Prices do not include applicable taxes and PPSA. Consumers may be required to pay up to \$799 for Dealer fees.**

visit us at: www.ontariochevroletdealers.com

For the latest information, visit us at chevrolet.ca, drop by your local Chevrolet Dealer or call us at 1-800-GM-DRIVE. †0% purchase financing offered by GMCL for 60 months on 2013 Chevrolet Silverado 1500 LT Ext. Cab 4WD G-880P. O.A.C. by Ally/TD Auto Finance Services/Scotiabank. Rates from other lenders will vary. Example: \$10,000 at 0% APR, monthly payment is \$166.67 for 60 months. Cost of borrowing is \$0, total obligation is \$10,000. Down payment and/or trade may be required. Monthly/BI-weekly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. *\$5,750 is a manufacturer to dealer delivery credit (tax exclusive) for 2013 Chevrolet Silverado 1500 Ext. & Crew Cab and is reflected in offers in this advertisement. Other cash credits available on most models. See dealer for details. ‡**Freight & PDI (\$1,500), registration, air and tire levies and OMVIC fees included. Insurance, licence, PPSA, dealer fees and applicable taxes not included. Offers apply as indicated to 2013 new or demonstrator models of the vehicle equipped as described. Offers apply to qualified retail customers in the Ontario Chevrolet Dealer Marketing Association area only (including Outaouais). Dealers are free to set individual prices. Dealer order or trade may be required. Limited time offers which may not be combined with other offers. GMCL may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details. ***Factory order or dealer trade may be required. ‡2013 Chevrolet Silverado 1500 Ext. Cab 4x4 equipped with available Vortec™ 5.3L V8 engine and 6-speed automatic transmission. Fuel consumption ratings based on GM Testing in accordance with approved Transport Canada test methods. Your actual fuel consumption may vary. †Bluetooth is a registered trademark of Bluetooth SIG Inc. †Thunder package (PDI) includes R7M credit valued at \$1,550 MSRP. ††2013 Silverado 1500 LT Ext. Cab with PDI & S80, MSRP with freight, PDI & levies \$45,844. Dealers are free to set individual prices. †To qualify for GMCL's Cash For Clunkers incentive, you must: (1) turn in a 2006 or older MY vehicle that is in running condition and has been registered and properly insured in your name for the last 3 months (2) turn in a 2006 or older MY vehicle that is in running condition and has been registered and properly insured under a small business name for the last 3 months. GMCL will provide eligible consumers with a manufacturer to consumer incentive (tax inclusive) to be used towards the purchase/finance/lease of a new eligible 2012 or 2013 MY Chevrolet Colorado, GMC Canyon, Chevrolet Silverado, GMC Sierra, or Chevrolet Avalanche delivered between October 2, 2012 and January 2, 2013. Incentive ranges from \$1,500 to \$3,000, depending on model purchased. Incentive may not be combined with certain other offers. By participating in the Cash For Clunkers program you will not be eligible for any trade-in value for your vehicle. See your participating GM dealer for additional program conditions and details. GMCL may modify, extend or terminate program in whole or in part at any time without notice.

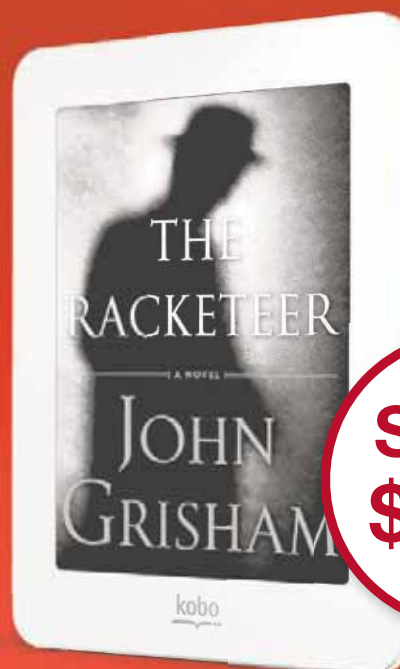
CYBER STEALS

TODAY ONLY!

BONUS
\$20
giftcard*
with Kobo Arc™



SAVE
\$30



KOBO ARC

A fantastic tablet experience at a great price

From **\$199⁹⁹**

KOBO MINI

The world's smallest full-featured eReader

Only **\$49⁹⁹**
Reg. \$79⁹⁹

Visit us online for more cyber steals.

indigo.ca

   /chaptersindigo

*Offer valid ONLINE ONLY at Indigo.ca November 22-26, 2012 on in-stock Kobo Arc tablets, while quantities last. Giftcard has no cash redemption and cannot be replaced if lost or stolen. **Offer valid ONLINE ONLY at Indigo.ca November 26, 2012 on in-stock Kobo Mini eReaders, while quantities last. All featured offers are not valid in conjunction with any other offer or promotion and cannot be used to adjust amount paid on previous purchases. These offers may change or end at any time without notice.

No love for Bieber's halftime show from Grey Cup crowd

CFL. Bieber booed, Lightfoot lauded during splashy halftime show

Justin Bieber faced a hostile homecoming at the 100th Grey Cup on Sunday, with the jeering capacity crowd at the raucous Rogers Centre providing the teen idol with a reception as unyieldingly cold as a long Canadian winter.

The 18-year-old grew up roughly 150 kilometres down the road in Stratford, Ont., but that didn't help his cause with the rowdy crowd on hand, who took aim at the ubiquitous pop star whenever possible.

They booed when his face popped up on the JumboTron. They booed when a host spoke his name at the onset of halftime. And they booed with extra glee as he took the stage and throughout his medley of the finger-snapping, chart-topping hit *Boyfriend* and the disco-inflected club come-on *Beauty and a Beat*.

If Bieber was bothered by the boo-birds, it didn't show.

"It's an honour to be here at the Grey Cup in Canada," he said, a smile tugging at his lips despite the reaction.

"Make some noise. I said make some noise!"

Unfortunately, the crowd obliged. More boos.

As he wrapped up *Beat* a dazzling array of pyrotechnic lights popped into the air and at first the crowd responded enthusiastically. But once again, the cheers dissolved into boos.

"Thank you so much Canada," Bieber announced, ignoring the response. "I love you."

Most figured that while Bieber is a bona fide draw — an international star and tabloid

By the numbers

Halftime show lighting and rigging:

- More than 1,300 feet. Of truss.
- 403. Moving lights.
- 136. Video panels.
- 100. LED lights.
- 40-foot flames. From 4 locations.
- 4. Confetti blasters.
- 1. Flying stage.

—TORSTAR NEWS SERVICE

fixture whose latest record *Believe* became his third straight to reach multi-platinum status in Canada after its June release — most of those fans simply weren't at the game.

"J-Biebs doesn't scream football, you know? Neither does Carly Rae Jepsen," said Calgary's Ryan Prisque, 22.

"Gordon Lightfoot — that'll be the time I turn back from the beer gardens and watch."

The 74-year-old Lightfoot certainly did captivate the crowd Sunday. With the stadium lights down, Lightfoot opened the halftime show by materializing on a modest stage near the 50-yard line, dressed in black and strumming an acoustic guitar. The crowd roared.

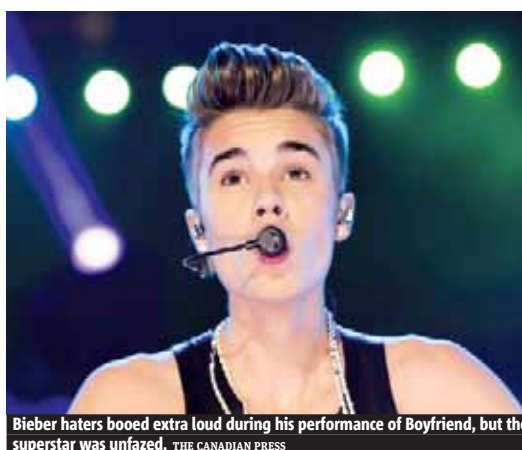
Pop outfit Marianas Trench was greeted mostly with indifference, while Jepsen also received a mixed reaction at first but won the crowd over during an enthusiastic medley of her latest single, *This Kiss*, and her smash hit *Call Me Maybe*. **THE CANADIAN PRESS**



Carly Rae Jepsen won over the crowd with her *Call Me Maybe/This Kiss* medley at the halftime show. **THE CANADIAN PRESS**



Football fans reserved the love for Canadian singer-songwriter legend Gordon Lightfoot. **THE CANADIAN PRESS**



Bieber haters booed extra loud during his performance of *Boyfriend*, but the superstar was unfazed. **THE CANADIAN PRESS**

Carly Rae's very big year

It speaks to the amazing year Canadian Carly Rae Jepsen has had that her huge gig at the Grey Cup in front of more than 52,000 fans doesn't even rank as her biggest yet.

There was the time she sang her megahit *Call Me Maybe* at a Justin Bieber show in Mexico City in front of 300,000 fans.

Then on Thursday she performed her latest single *This Kiss* during the Macy's Thanksgiving Day Parade in New York City, an event which drew an estimated three million people to the streets of Manhattan and 50 million TV viewers.

The enduring success of *Call Me Maybe* — which many

Call Me Maybe unplugged

Call Me Maybe started out more like a Lightfoot tune than a Top 40 radio staple.

- Jepsen initially wrote the track on an acoustic guitar.
- "I think all of my songs kind of sound a little folkier when they begin," says Jepsen.

considered the pop song of the summer — led to Jepsen being named *Billboard* magazine's rising star of 2012. Despite the

dizzing accolades and platinum records that have piled up, Jepsen said she's not feeling any pressure to eventually top *Call Me Maybe*.

"I don't look at it as pressure in a negative way. I look at it as a fun challenge, for sure, to always be pushing to be your best and make the career grow and spread the music and to be a better everything: a better performer, better songwriter," she said.

"We had a goal in mind with the album *Kiss* that I really wanted to make something that I felt proud of and something that felt like me and I'll definitely want to do the same with the next album." **THE CANADIAN PRESS**

Jubilee jamboree

Harper presents medal to the Biebs

Pop superstar Justin Bieber now has a Diamond Jubilee Medal to add to his accolades.

Prime Minister Stephen Harper presented the medal to Bieber at Scotia Bank Place in Ottawa prior to Bieber's concert on Friday night.

A spokeswoman for the prime minister says the Stratford, Ont., singer's family was with him as Bieber — who was dressed in overalls for his concert — received the honour from Harper.

Erica Meekes says Harp-

er's son Ben was attending Bieber's concert with friends.

Harper announced the presentation of the award to Bieber on his Twitter feed saying "Was happy to present @justinbieber with a Diamond Jubilee Medal today."

The medal is awarded to people who have made a significant contribution to a particular province, territory, region or community within Canada, or an achievement abroad that brings credit to Canada.

Bieber's mother, father and grandparents also met with Harper and had their photos taken, a Harper spokesperson said.

THE CANADIAN PRESS

2 SCENE

How Psycho captured the world's imagination

Iconic film.

Alfred Hitchcock's vision shocked the sensibilities of its day and laid the path for future directors

For his first professional acting job, a 22-year-old Anthony Hopkins took a train from South Wales to Manchester. With time to kill on a rainy day, he dropped off his bags and headed to the movies, where a long queue wound outside the cinema.

"It was packed," Hopkins recalls. "I sat down and I didn't know what the hell I was in for. I had heard stories about it. When it got to the shower scene, I don't think I've ever been so scared in my life."

The movie was, of course, Alfred Hitchcock's *Psycho*, a film that, 52 years after its shocking premiere, still hasn't released audiences from its subversive thrall. The film, which Hitch-

cock called "a fun picture," was revolutionary in its violence, its sexiness, its sympathy to the perspective of the criminal mind — and, perhaps above all, its technique.

"What if someone really good made a horror picture?" wonders the British director, played by Hopkins, in the new film *Hitchcock*. Directed by Sacha Gervasi, it depicts the making of *Psycho* with a keen focus on Hitchcock's relationship — and profession indebtedness — to his wife Alma Reville (played by Helen Mirren).

It is only the latest example of the undying fascination with *Psycho*, a film that ushered in a new darkness in American movies — one with a playful sense of irony toward violence, but also a serious treatment of that which had previously been considered mere "schlock." Though Hitchcock made a dozen films that could easily be labelled masterpieces, none seized audiences with the same power as *Psycho*.

Made for just \$800,000 at the end of Hitchcock's contract

with Paramount (which distributed the film but left Hitchcock to finance it himself), *Psycho*, based on Robert Bloch's novel, went on to gross \$32 million — the biggest hit of his career. The director famously handed out manuals to theatres with explicit directions not to let anyone in after the movie began. Though most critics dismissed the film then, some finally began to consider Hitchcock an artist of the highest order — most notably Robin Wood, who called *Psycho* "perhaps the most terrifying film ever made."

"We are (taken) forward and downward into the darkness of ourselves," wrote Wood. "*Psycho* begins with the normal and draws us steadily deeper and deeper into the abnormal."

That *Psycho* killed off its star — Janet Leigh — after just half an hour was only one of its many unheard of elements. Scenes of Leigh in her underwear were unusual for their time, too, and prompted lengthy negotiations between Hitchcock and the censors.

Even a flushing toilet — considered a vulgar sight — had never been seen in such a big movie.

Of course, in his book *The Moment of Psycho: How Alfred Hitchcock Taught America to Love Murder*, the critic David Thomson argues that the influence of *Psycho* is everywhere in movies, including *Bonnie and Clyde*, *Jaws*, *Taxi Driver*, many of the films of Stanley Kubrick and even the James Bond movies. *Psycho*, Thomson writes, let "the subversive secret out," after which "censorship crumpled like an old lady's parasol."

"It's one of the most influential films ever made," says Thomson. "It's the beginnings of a flood of violence. Violence becomes more acceptable in film. It's a whole new attitude to the criminal personality. It becomes more interesting in a way that had never really operated before. It celebrates the director. (Hitchcock) was taken with a new seriousness after that, and in turn, directors were."

THE ASSOCIATED PRESS



Anthony Hopkins plays the famed director in *Hitchcock*. HANDOUT

In the shower

Psycho's infamous scene

The film's piece de resistance is when Leigh's Marion Crane meets her demise — immediately recognizable from the "screaming violins" of



Bernard Herrmann's score. A prop man sounded the scene by knifing casaba melons.

quick bites
at quick speeds
with Visa payWave®)))
a fast way to pay at Tim Hortons.

Speculation abounds: Where will Disney take Star Wars next?

New trilogy. Facts are scant — but there are a plethora of novels and comic books that Disney can mine for ideas for new films

Darth Vader is dead. The evil Emperor exploded after being thrown down a shaft. And Luke Skywalker and his allies destroyed both Death Stars, restoring balance to the Force. For The Walt Disney Co., the prospective new owner of the Star Wars franchise, what's left to tell?

A lot, apparently.

There are more than 110 novels and 80-plus comic books set after the events of Return of the Jedi, the sixth episode in the film series and the third to be made. All of these additions to the so-called "expanded universe" were sanctioned by Lu-

casfilm Ltd., founded by series creator George Lucas.

That has left a lot of room for speculation ever since Disney announced last month that it would buy Lucasfilm for \$4.05 billion and resume making Star Wars movies, starting with Episode 7 in 2015.

For fans, some big questions remain.

Will Luke take on a Jedi apprentice? Will Han Solo and Princess Leia have kids? And who will be the movies' villain? (A) A revived Emperor; (B) the hard-to-kill bounty hunter Boba Fett; (C) some new corrupt leader of the remnants of the Empire, or (D), all of the above?

Each of these scenarios have been explored in some fashion away from the big screen. Whether they will be incorporated into the next trilogy of films is anyone's guess.

"Right now, everyone is literally just reading tea leaves," said Bryan Young, a Star Wars watcher and editor of the blog

Chasing clues

One of the most telling clues as to the next trilogy's direction is the fact that George Lucas invited Luke actor Mark Hamill and Princess Leia actress Carrie Fisher to lunch some time ago to tell them that the sequels were going to be made. This suggests that Luke and on-screen sister Leia will be involved.

Big Shiny Robot.

The facts so far about the announced Episodes 7, 8 and 9 are scant: Lucas will be a creative consultant but won't direct the films. Kathleen Kennedy will produce them as president of Lucasfilm. And Oscar-winning writer Michael Arndt, who wrote Little Miss Sunshine and Toy Story 3, will pen the screenplay for Episode 7.

THE ASSOCIATED PRESS



With Darth Vader dead, where will the Star Wars saga go next? THE ASSOCIATED PRESS



VISA



more people go with Visa

Movie makeup transformations

Critics love it when hot actors get by on more than their looks.

MIKE DOJC
scene@metronews.ca

The movie poster for *Only God Forgives* is an enigma.

It's a headshot of Ryan Gosling, yet one that no starstruck teen would ever swoon over. His mug appears beaten to a pulp and his left eye is as swollen shut as it would be after a round in the Octagon with Georges St-Pierre. Can you smell an Oscar? Critics can't get enough of attractive thespians getting beaten with the ugly stick for art's sake. It certainly worked for these actors who garnered big-time kudos for keeping their good looks on the down low.



Rooney Mara

Girl with the Dragon Tattoo



Pre GWITD Rooney was a fresh-face with an alluring yet ubiquitous girl-next-door vibe. Dodging Freddie Krueger in the *Nightmare on Elm Street* remake and tearing Mark Zuckerberg a new one in *The Social Network* as the future Facebook billionaire's soon to be ex-girlfriend, she didn't exactly spellbind.

Then Mara chopped off her locks and transformed from a generic Hollywood hottie into an androgynous goth hacker with bleached eyebrows and piercings aplenty — a brunette version of *Die Antwoord*'s Yolandi Visser. Suddenly we couldn't take our eyes off of her.

CASHING IN: NOMINATED FOR AN OSCAR, GOLDEN GLOBE AND MTV MOVIE AWARD.

Felicity Huffman

Transamerica



Huffman had already scored an Emmy for playing Lynette Sciacovo on *Desperate Housewives*, but to ensure she wasn't forever typecast as a harried suburban soccer mom, in *Transamerica* she reshuffled her image. To conceal her gender as a woman playing a preoperative male-to-female transsexual, Huffman dons a dumpty wig, unflattering lavender pantsuits and poorly applied make up.

Plus, she exposed the most talked about prosthetic penis in film since Mark Wahlberg's *Boogie Nights* reveal.

CASHING IN: NOMINATED FOR AN OSCAR, AND WON A GOLDEN GLOBE AND INDEPENDENT SPIRIT AWARD.

Charlize Theron

Monster



The sultry South African beauty was virtually unrecognizable as a butch John-murdering prostitute. She packed on thirty pounds, hid her dazzling green eyes behind dark colored contact lenses and wore yellowed false teeth for the role. To complete the cruel transition from glamazon to frumpy real-life serial killer, Theron swapped her A-list complexion in for a pasty mottled mess and shaved her eyebrows. She also let stylists make her normally lustrous hair look in desperate need of a salon.

CASHING IN: "ONE OF THE GREATEST PERFORMANCES IN THE HISTORY OF CINEMA," RAVED ROGER EBERT, AND HE WASN'T ALONE. THERON WON A MANTLE'S WORTH OF MOVIE STAR HARDWARE FOR *MONSTER*, INCLUDING AN OSCAR AND A GOLDEN GLOBE.

Brad Pitt

The Curious Case of Benjamin Button



How do you turn a perennial topper of world's sexiest man lists into a wrinkly octogenarian? It took literally two years just to get the eye system component of the CGI wizardry that turned Pitt into a prune faced nursing home denizen working properly and nine months dedicated to writing the software articulation program for the

While many reviewers bemoaned the three-hour run time of this majestic yarn as yawningly long, Pitt's performance as the age reversing titular character drew almost universal admiration.

CASHING IN: NOMINATED FOR AN OSCAR, SCREEN ACTORS GUILD, GOLDEN GLOBE, AND TEEN CHOICE AWARD.

ADVERTISEMENT

When do you pay the deductible on car insurance?

Learn the facts to avoid confusion.

A deductible is the amount paid by the insured before an insurance company will pay out a claim. If the repair cost in the event of an accident is \$1,000 and the deductible is \$500, you will pay \$500 before the insurance company will cover the remaining the cost of \$500. Deductibles usually apply if you have purchased collision, comprehensive or all perils coverage.

It's a common misconception that a deductible must be paid each time a driver makes a claim; But, there are cases when a deductible is not paid. Typically, this depends on the fault

determination. Using a set of guidelines called the Fault Determination Rules, insurance companies assign a score to each party involved in an accident. Here are some common examples:

You are involved in an accident where you are 100% "at-fault". If determined completely at-fault, you will have to pay the deductible on your car insurance policy.

You are involved in an accident where you are not "at-fault". If the insurance companies of the parties involved determine that you are not at-fault, you do not have to pay the deductible on your car insurance policy. Your repairs will be covered under the Direct Compensation portion of your policy, which is a

mandatory coverage in Ontario.

You are involved in an accident where you are partially "at-fault". If you are determined to be partially at-fault by the insurance companies involved, you would then have to pay only a percentage of the deductible. For example, if you are deemed to be 50% at-fault, you would be responsible for paying 50% of your deductible.

Your vehicle has been hit by an unidentified third party (hit & run). This depends, if you're able to identify the person who hit your car, the loss would likely be covered under the Direct Compensation portion of your insurance policy and you would not pay a deductible. If you're unable to identify the

person and you do not have Collision coverage, you may not be covered for this type of loss and you would have to pay for all damages.

Your vehicle has been stolen or vandalized. The Comprehensive portion of your car insurance policy will likely cover the damages. You will, however, have to pay the full deductible. When in doubt, always be sure to ask your insurance professional.

When shopping around for car insurance, it's important to have a deductible amount that you're comfortable dishing out. Quoting sites like InsuranceHotline.com make it easy to get car insurance quotes online and your rate will be compared against over 30 insurance companies.

Finding the right car is a process.

Finding the right rate shouldn't be.



You spent all that time finding the perfect ride, so why just pick any old insurance policy for it? At InsuranceHotline.com you'll be able to see the best quotes from over 30 different premier insurance companies with no pressure at all. Find the one that works for you, and know that you're getting it for a good deal.

InsuranceHotline.com is the only unbiased rate comparison site in Canada, and it could save you hundreds in insurance. Log on to get started.

I InsuranceHotline.com
We search. You save.

Why does Rob Lowe still look so young?

Beauty and Grooming Awards. The actor credits makeup artists, active living and hints at something in the works

JANINE
FALCON
Metro World News

Rob Lowe has a certain genetic advantage when it comes to handsomeness.

But lots of handsome actors have aged less well than he has.

In fact, Lowe, whose filmography includes *St. Elmo's Fire*, *The West Wing* and currently *Parks and Recreation*, seems to have hardly aged at all. So when he was in Toronto to host the Fourth Annual P&G Beauty and Grooming Awards on Nov. 19, Metro asked him straight out why he looks so good.

Is skin care important to you?

Whereas most guys don't want to deal with moisturizers or sunblock — the most rudimentary basic stuff — I have forever because it's



Rob Lowe, 48, has perfected the look of aging gracefully. GETTY IMAGES

part of my job and people are doing it for me (on set). My wife (Sheryl Berkoff) is a tremendously talented and accomplished makeup artist. I've been around her enough to learn from her.

A lot of it is how you live your life. The inside comes to

the outside, so being active is a big part of it.

Staying interested in the world, staying relevant — all the stuff you need to do to have a career anyway in my business also helps you continue to be vital. That reads outwardly.

Do you have specific grooming tips from Sheryl?

I do — I have a top secret project that I'm working on, and I have very specific answers to that. And all will be revealed, but I can't do it right now. It's a subject I'm

Quoted

"A lot of it is how you live your life"

Rob Lowe

On how he has kept his youthful good looks over the years

very, very interested in, and I think it's important for men today to get with the program.

The market in grooming is huge and growing and for good reason. It's just the latest manifestation of all personal growth that guys are trying to do.

They're trying to be better in every area of life, trying to live longer, to know more, to have better jobs, make their relationships better, so why wouldn't you physically also want to make yourself look as good as you can?

You play a health nut on *Parks and Recreation*. How much of that is part of your everyday life?

I've always been really, really physical. If I have time, I do something every day, whether it's swimming or surfing or tennis.

If I don't do it, I just don't feel good.

It's something I really enjoy, and I've been doing that since *The Outsiders*.

I wish I could be as healthy as my character, Chris Traeger. I'm a health enthusiast, not a health fanatic.

I have teenage boys at home. Eleven o'clock rolls around and that pizza is getting delivered, you need a stronger man than I to say no.

You have great hair; do you do anything special?

I'm a freak about haircuts. There's nothing better than a good haircut. It's like a great suit — it's not about the suit, it's about the tailoring. So it's not about how much hair you have or don't have or where it is, it's how it's cut. There are guys with no hair that look amazing, and guys with a lot of hair that look terrible.

I can't spend time on it. Most guys are like that. We don't want a hassle.

We want to do as little work as we can for maximum gain. By the way, that's true in every area of my life.

Lisa's Cosmetics 2012 CHRISTMAS WAREHOUSE SALE

Sale Dates: Nov 26 & 27, Nov 30 - Dec 3 & Dec 7 -10

Sat: 9am to 6pm, Sun: 10am to 6pm, Mon, Tues, Fri: 10am to 8pm

Perfect gifts for Christmas!

10 DAYS ONLY

Brand Name Fragrances & Cosmetics

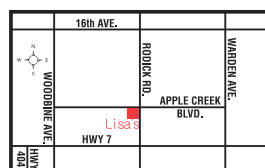
Neutrogena CARGO
K VERSACE D&G BOSS Schwarzkopf
~H₂O+ MARCELLE
ANNABELLE VERA WANG
Elizabeth Arden GUCCI
GUESS

UPTO

80% SAVINGS

www.lisascosmetics.com

November 2012						
S	M	T	W	T	F	S
18	19	20	21	22	23	24
25	26	27	28	29	30	
December 2012						
S	M	T	W	T	F	S
2	3	4	5	6	7	8
9	10	11	12	13	14	15



No Strollers or Children
under 12 allowed

Fashion accessories, skin care products and much more!

Health & Beauty Products

Neutrogena, Aveeno, Dove, Pantene

L'Oreal, Garnier, Johnson & Johnson, Olay

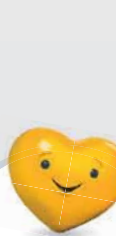
1380 Rodick Rd. (rear of building) Markham, Ontario

WIN CASH EVERY DAY OF THE YEAR!

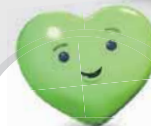


THE PERFECT GIFT FOR EVERYONE.
ORDER BY NOV. 29TH FOR HOLIDAY DELIVERY!

WIN
3x
\$5,000
EVERY DAY

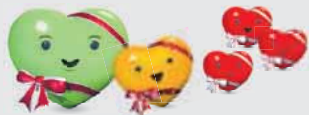


\$10,000
EVERY WEEK



\$100,000
EVERY MONTH

2,000x \$25
CASH BACK PRIZES
EVERY MONTH



Give the chance to WIN
this holiday season.

Buy for family, friends, colleagues or teachers. It's the perfect gift that keeps giving every day of the year.

\$25 EACH

ORDER 3 FOR \$70

ORDER 6 FOR \$125

BEST DEAL



\$25 EACH
ORDER 3 FOR \$70
ORDER 6 FOR \$125

Order online www.heartandstroke.on.ca/calendar
Call 416-514-7767 Ext. 800
1-888-514-7767 Ext. 800



EVERY CALENDAR HELPS FUND LIFE-SAVING RESEARCH.



For prize detail and draw information, please refer to the rules and regulations in the full brochure or online at www.heartandstroke.on.ca/calendar. Only 1,500,000 tickets are available. Winning tickets will be drawn every weekday starting January 2, 2013, with the Early Bonus Draw at 12 pm and the Early Bird Draw at 4 pm, and subsequently weekdays after 8:30 am at Miratel Solutions Inc. (2501 Steeles Ave. W., Toronto, ON M3J 2P1). Lottery Licence #: 4811. TMHeart & Stroke Calendar Lottery, WINCREDIBLES, and Heart & Stroke Foundation are trademarks of the Heart and Stroke Foundation. © Bank of Canada - bank note images used and altered with permission. The Heart and Stroke Foundation of Ontario is now known as the Heart and Stroke Foundation of Canada. All proceeds from this lottery will fund Heart and Stroke Foundation research and health promotion to benefit residents of Ontario.

Bret 'the Hitman' Hart celebrates WWE's Attitude Era years

Wrestling. Canadian superstar talks about new video game and performing during the prime years of the WWE



Bret "the Hitman" Hart
HANDOUT

By one count, former pro wrestling star Bret "the Hitman" Hart has been in 21 video games.

But the 55-year-old Calgary native has a soft spot for WWE 13. That's because the game features Hart and others in classic playable storylines from the so-called Attitude Era years starting in the late '90s. For Hart, the mid-'80s and pro wrestling icon Hulk Hogan were "much more about cartoon characters." A change was needed.

"By the early '90s when I

was sort of in my prime, we started moving to the Attitude Era and I like to think that I kicked the doors open for the Attitude Era," Hart said in an interview.

"It was more about the wrestling," he added. "It

wasn't so much about the characters, even though we were in a lot of ways much more interesting characters."

"The titles really seemed to mean a lot to the wrestlers in that era. Winning and losing and being on top was sort of critical.... Winning titles meant prestige and better pay. The top guys were making the best money. So there was a lot at stake."

The Attitude Era is just part of the game, which includes today's wrestlers and the ability to create your own storyline.

The WWE game is developed by Yuke's Co. Ltd, a Japanese company with a long history of wrestling games.

Rated T for Teen, WWE 13 is available for the PlayStation 3, Xbox 360 and Nintendo Wii.

THE ASSOCIATED PRESS

Available anywhere.
Download the NEW Metro app today.

Dallas J.R. actor Larry Hagman brought 'joy to everyone he knew'

Remembering a legend. Actor, who was reprising infamous role in a new edition of popular TV series, succumbs to cancer

J.R. Ewing was a business cheat, faithless husband and bottomless well of corruption. Yet with his sparkling grin, Larry Hagman masterfully created the charmingly loathsome oil baron — and coaxed forth a Texas-size gusher of ratings — on television's long-running and hugely successful nighttime soap, Dallas.

Although he first gained fame as nice guy Capt. Tony Nelson on the fluffy 1965-70 NBC comedy I Dream of Jeannie, Hagman earned his greatest stardom with J.R. The CBS serial drama about the Ewing family and those in their orbit aired from



In this photo from 2008, Larry Hagman poses in front of the Southfork Ranch from Dallas. THE ASSOCIATED PRESS

April 1978 to May 1991, and broke viewing records with its Who shot J.R.? 1980 cliffhanger that left unclear if Hagman's character was

dead.

The actor, who returned as J.R. in a new edition of Dallas this year, had a long history of health problems and died

Friday due to complications from his battle with cancer, his family said.

"Larry was back in his beloved hometown of Dallas,

re-enacting the iconic role he loved the most. Larry's family and closest friends had joined him in Dallas for the Thanksgiving holiday," the family said in a statement that was provided to The Associated Press by Warner Bros., producer of the show.

The 81-year-old actor was surrounded by friends and family before he passed peacefully, "just as he'd wished for," the statement said.

Linda Gray, his on-screen wife and later ex-wife in the original series and the sequel, was among those with Hagman in his final moments in a Dallas hospital, said her publicist, Jeffrey Lane.

"He brought joy to everyone he knew. He was creative, generous, funny, loving and talented, and I will miss him enormously.

"He was an original and lived life to the fullest," the actress said.

THE ASSOCIATED PRESS

Mourning

Fans pay respect

Tourists and locals flocked to Southfork Ranch on Saturday, bringing flowers in memory of Larry Hagman, who played the infamous J.R. Ewing on the TV show Dallas.

Hagman died in Dallas, Texas on Friday at age 81 due to complications from his battle with cancer.

Southfork, a ranch north of Dallas, was known to millions of viewers as the Ewing family home. Exterior shots of the house and pool were shown when the series aired from 1978 to 1991, although the show wasn't filmed there.

The ranch has been open for tours since the mid-1980s, and now sees more than 100,000 visitors each year. Each room of the house has a theme for each character.

On Saturday, J.R. Ewing's room had flowers and a card for tourists to sign.

"Today is about Larry Hagman and his family," said Janna Timm, a Southfork Ranch & Hotel spokeswoman. "He was such a wonderful person, and we will really miss him."

DEPRESSED?

If you are currently depressed and 18 - 65 years old, you may be eligible to participate in a novel study on using *low dose medication* to enhance the body's own natural brain chemistry.

For information, visit: AntidepressantTrial.com, or call our **Clinical Trials Office:**

416.340.4800
EXT 8839

No compensation provided

University Health Network

THE APPARITION

OWN IT ON BLU-RAY™ COMBO PACK AND DVD NOVEMBER 27

YOU COULD WIN A COPY OF THE APPARITION ON BLU-RAY COMBO PACK!

To register and for full contest details visit clubmetrotoronto.com

Don't forget to like us on Facebook! facebook.com/clubmetrotoronto

© 2011 WARNER BROS. ENTERTAINMENT. ALL RIGHTS RESERVED.

UNLIMITED INTERNET

INTERNET SPEED ¹	DOWNLOADS	PRICE ²
Cable Internet 6 Mbps	UNLIMITED	\$34 ⁹⁵
Cable Internet 18 Mbps	UNLIMITED	\$43 ⁹⁵
Cable Internet 28 Mbps	UNLIMITED	\$49 ⁹⁵

distributel.ca
1-877-700-7851

DISTRIBUTEL

¹Speeds may vary depending on your configuration, the servers hosting the visited sites, Internet traffic, environmental conditions, network status and other factors. ²Taxes extra. Offer available where technology permits. Terms and conditions apply. Use of Distributel services is subject to our Acceptable Use Policy. A one-time \$10 Activation Fee applies to new customers. All high-speed Internet services are subject to a \$29 Installation Fee. Modem not included. Monthly modem rental starting at \$3.95 and modem purchase starting at \$54.95.

YOU NEED INSURANCE

COMPARE AND SAVE

AGE	COVERAGE RATES (MALE • FEMALE)							
	\$100,000		\$250,000		\$500,000		\$1,000,000	
35	\$10.71	\$9.63	\$12.15	\$10.13	\$18.54	\$14.99	\$30.15	\$26.66
40	\$12.33	\$10.71	\$15.75	\$13.05	\$23.85	\$18.95	\$40.68	\$28.71
45	\$15.39	\$12.51	\$22.73	\$16.15	\$32.27	\$21.38	\$57.60	\$37.35

Age: 45 to 70?

Call for a quote and compare our rates!

- Major insurance companies represented
- Life, Mortgage, and Line of credit insurance
- Critical illness, disability, health, dental and travel insurance
- Plans also available that do not require medical exams

GERSON LIFE INSURANCE BROKERS INC.
GET A QUOTE: 1-800-465-3601

*Rates quoted are for term ten preferred non smokers and are subject to change.

A Clinical Research Opportunity for People with GOUT FLARES

My GOUT SYMPTOMS just won't go away.

Qualify for a local research study and you may receive an investigational GOUT medication that's designed to work differently than most other drugs.

No-cost study-related care. Compensation for time and travel.

Call 866-785-2185

or visit www.GoutTrial.com

SCHOLARSHIPS ARE FOR *Everyone*



OVER **\$100 million** available



Scholarships are not just about grades



Scholarships are not just from schools



Scholarships are all year round

Sign Up. Get Matched. Start Today.

www.ScholarshipsCanada.com



SCHOLARSHIPSCANADA.com



James Tupper stars in *Playing for Keeps*. HANDOUT

On the big or small screen, Tupper is *Playing for Keeps*

New movie. Actor becomes romantically entangled with Jessica Biel and Gerard Butler in the upcoming feature film

**STEPHEN
ERAMO**
Metro World News

Handsome, talented and one of TV Guide's Sexiest Stars as well as Us Weekly's Sexiest TV Men, actor James Tupper has worked hard to make a name for himself on the big and small screens. He also happens to be a genuinely nice guy, which will likely have moviegoers rooting for him and his character in director Gabriele Muccino's upcoming feature film *Playing for Keeps*. It was Muccino's name that first attracted Tupper to the project.

"Gabriele directed *The Pursuit of Happyness*, and what I liked about the film was that it didn't shy away from showing a young boy growing up in poverty and its effects on

Quoted

"Everyone involved in the movie was a terrific artist."

James Tupper

him," says the actor. "Gabriele dealt with that head-on, and although Will Smith's character is a big hero in the film, what he goes through is brutal."

"*Playing for Keeps* is a romantic comedy, but part of it deals with divorce and its impact on children. That fascinated me, so I auditioned for the film, but I thought it went terrible because I didn't hear anything for about three weeks. Then one day I got a call asking if I could fly to Shreveport, La., to shoot the movie and I said, 'Are you kidding? You bet,'" he enthuses.

In *Playing for Keeps*, Matt (Tupper) unknowingly becomes a romantic rival when his fiancé Stacie's (Jessica Biel) ex-husband George (Gerard Butler), a former sports star who has fallen on hard times,

comes back into her life and starts coaching their son's soccer team.

"As is often the case, the heart goes where it wants and the story becomes about everyone trying to be an adult and struggling with adult issues," explains Tupper. "I had a wonderful time because Gabriele never told me to dumb it down. He said, 'You go for it and be the best you can be.' Everyone involved in the movie was a terrific artist, and that made for an amazing (work) experience."

On TV, Tupper recently played the recurring role of David Clarke in the hit series *Revenge*. Currently, the actor is shooting executive producer Jerry Bruckheimer's new pilot, *Secret Lives of Husband and Wives*.

"It's the story of these suburban couples who are living seemingly normal lives, but then a surprising and violent event shakes up their world," he says. "Everyone isn't quite who they appear to be and I'm hoping that audiences will enjoy finding out what's going on with these characters."

Chris Colfer taking the next step with a film he wrote and stars in

NED
EHRBAR
Metro World News

Golden-Globe-winning actor. New York Times best-selling author. Named one of Time magazine's 100 Most Influential People. Not bad for a 22-year-old. And now Chris Colfer is stepping up his game with *Struck by Lightning*, a film he wrote in high school and stars in, due out in January. It's also the title of Colfer's second novel, out Tuesday, written as the journal of the film's main character, Carson Phillips.



Chris Colfer wrote and stars in *Struck by Lightning*. GETTY IMAGES

Turning a screenplay into a book seems like kind of a backward adaptation.

Oh, it totally was. It was really a very unique process. I wrote the screenplay, and the way the screenplay is formatted compared to the way the movie was edited is completely different. There are many scenes that were cut — well, there were many scenes that had to be cut because we couldn't afford to film them.

How do you want readers to experience the book as opposed to those seeing the movie?

The journal takes place over the course of his last few months alive and the movie takes place back and forth between his life and after his death. So I think the journal offers an inside look into everything that was going on in his head at the time — pursuing his goals and blackmailing his peers.

About that blackmailing: Did you worry about including dark material like that, considering the stances you've taken on causes like bullying

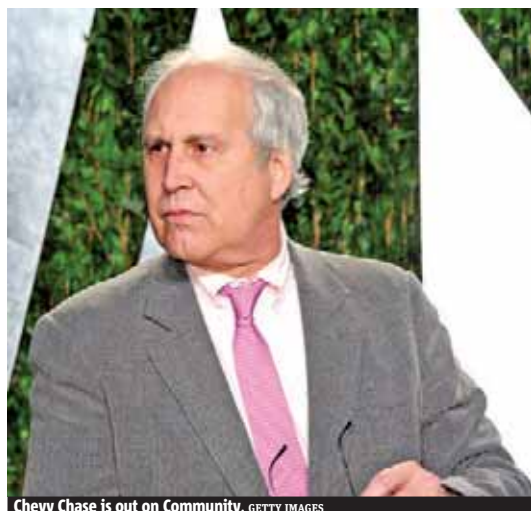
and gay rights?

Not really. Everyone really has me on a very big role-model pedestal. But they forget that before I was a role model thanks to *Glee*, I was an actor. I don't think I'm ever going to worry about material that I create or portray that might affect my role model status. I'm always very cautious about things I say in interviews and how I present myself, but I don't think I'll ever be persuaded not to do a project or not write because I'm worried that people might think less of me.

Your resumé is quite impressive, as you're only 22 years old. Do you know something that the rest of us don't about how much time we have left?

No ... (laughs). And I swear to God, I don't have people helping me. I write everything authentically myself and by myself, and I don't really like working with other people. I don't think I can be creative with someone else. But I think it's just drive. I've always had this burning need to be a storyteller. Ever since I was a kid, it's what I love to do the most — create worlds and create characters.

Community. Chevy Chase leaves popular sitcom before season ends



Chevy Chase is out on *Community*. GETTY IMAGES

The NBC series *Community* will finish the season without Chevy Chase.

Sony Pictures Television said Wednesday that the actor is leaving the sitcom by mutual agreement with producers.

His immediate departure means he won't be included in the last episode or two of the show's 13-episode season, which is still in production.

Chase had a rocky tenure playing a bored and wealthy

man who enrolls in community college. The actor publicly expressed unhappiness at working on a sitcom and feuded last year with the show's creator and former executive producer, Dan Harmon. The fourth-season premiere of *Community* is Feb. 7, when it makes a delayed return to the Thursday time slot. The show's ensemble cast includes Joel McHale and Donald Glover.

THE ASSOCIATED PRESS

DVD

Lots of bonus materials in Game of Thrones box set

Got any *Game of Thrones* fans on your Christmas list?

If so, the season one box set of this Emmy-winning show is now available on Blu-ray and DVD.

The design of the box set is based on the sigils of the four main houses and includes a dragon egg paperweight, a bonus disc of the first episode of season two along with all of the bonus materials and interactive features from the original DVD release.

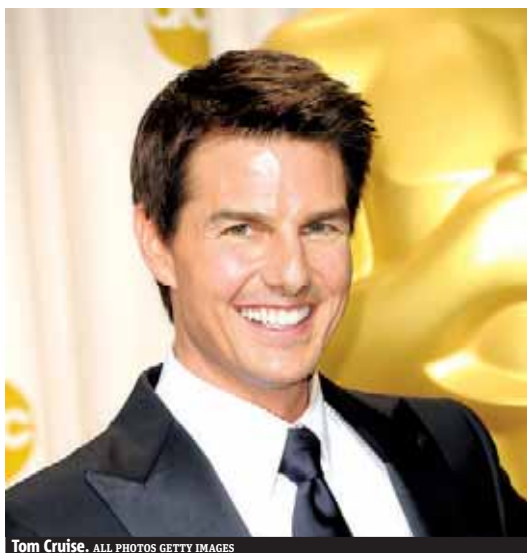
It sells for \$99.97. METRO



Red Bull
CRASHED ICE
NIAGARA FALLS
ICE CROSS DOWNHILL WORLD CHAMPIONSHIP 2013

NIAGARA FALLS
NOV 29 - DEC 1, 2012
EVENT INFO AT REDBULLCRASHEDICE.COM
FREE ADMISSION

Logos: Niagara Falls, NIAGARA FALLS ONE WONDER AFTER ANOTHER, ONTARIO Young's to Learn, metro news worth sharing.



Tom Cruise. ALL PHOTOS GETTY IMAGES

Cruise flies in daughter for Thanksgiving

Even though Tom Cruise is currently on location in London filming *All You Need Is Kill*, he still got to spend Thanksgiving with his daughter, six-year-old Suri Cruise, who was flown in for the occasion, according to *Us Weekly*.

The holiday was the

"first time he's seen Suri in a long time," a source says.

Ex-wife Katie Holmes, meanwhile, headed to her parents' home in Toledo, Ohio, for the big day before returning to New York for a Friday evening performance of her Broadway play, *Dead Accounts*.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Berry caught in the middle as ex-boyfriend and fiancé go to war

It was a pretty dramatic Thanksgiving for Halle Berry as her ex-boyfriend Gabriel Aubry and fiancé Olivier Martinez came to blows during an argument when Aubry dropped off Nahla, the four-year-old daughter he shares with Berry, for the holiday, according to *The Associated Press*.

TMZ reports that Martinez broke his hand and sustained neck injuries in the fight, while Aubry walked away with a broken rib, facial contusions and a possible head injury.

Sources tell *Us Weekly* that Aubry "initiated" the



fight after having words with Martinez.

"He shoved Olivier, then punched him. Olivier just defended himself," a source says.

Aubry was arrested and released on \$20,000 bail.

He's due in court Dec. 13. Immediately following the scuffle, Berry obtained an emergency protective order against Aubry that forbids him from coming within 100 yards of Berry, Martinez or Nahla.

The order is set to expire Tuesday, but Berry is reportedly taking Aubry to court in hopes of making the restraining order permanent.



Taylor Swift

Swift talks about relationship mistakes she has made

Taylor Swift is well aware that she has a problem with falling in love too fast.

"I don't think there's an option for me to fall in love slowly or at medium speed. I either do or I don't. I don't think it through, really, which is a good and a bad thing," the 22-year-old singer tells *Parade* magazine, adding that in retrospect, her relationships don't always seem to be all that they are cracked

up to be.

"I tend to think things are love and then look back and re-evaluate," she says.

"I know how many people I've said, 'I love you' to. I could probably count it up, but I don't feel like it. Part of me feels like you can't say you were truly in love if it didn't last. If I end up getting married and having kids, that's when I'll know it's real — because it lasted."

LOOKING FOR GREAT INVESTMENT OPPORTUNITIES?

CENTRAL FLORIDA PROPERTY SALE!

CONDO PRICES STARTING AT ONLY US\$89,900

visconti at Phoenicia

NEWEST RELEASE! PHASE 1

KAPS REALTY GROUP

- PRICES STARTING AT \$89,900
- ALREADY RENTED UNITS - 1 YEAR LEASES
- ON-SITE PROPERTY MANAGEMENT
- BECOME AN ARM CHAIR INVESTOR!!!

To attend open house event or to reserve a unit visit
www.kapsrealtygroup.com
 or call:
905-698-0044

OPEN HOUSE INFORMATION: NOVEMBER 28, 2012
 REGISTRATION: 7:00 PM
 SEMINAR: 7:30 PM
 120 BRUNEL ROAD
 MISSISSAUGA, ON L4Z 1T5

Heart & Stroke calendar lottery

WIN

- 3x \$5,000 EVERY DAY**
- \$10,000 EVERY WEEK**
- \$100,000 EVERY MONTH**
- 2,000 x \$25 EVERY MONTH**

The survey says...
I give gifts because...

Reason	Percentage
The feeling of making someone feel special is priceless	62%
It's a tradition that my family will never lose	18%
I love coming up with interesting gift ideas	20%

Metropolitan Panel

\$25 EACH
 3 FOR \$70
 6 FOR \$125

Order online www.heartandstroke.on.ca/calendar
Call 416-514-7767 Ext.800 or 1-888-514-7767 Ext. 800

EVERY CALENDAR SUPPORTS LIFE-GIVING HEART AND STROKE FOUNDATION RESEARCH.

HEART & STROKE FOUNDATION

For prize detail and draw information, please refer to the rules and regulations in the full brochure or online at www.heartandstroke.on.ca/calendar. Only 1,500,000 tickets are available. Winning tickets will be drawn every weekday starting January 2, 2013, with the Early Bonus draw at 12 pm and the Early Bird Draw at 4 pm, and subsequently weekdays after 8:30 am at Metrol Solutions Inc. (2501 Sheppard Ave W., Toronto, ON M2J 2P1). Lottery Licence #4811. *Heart & Stroke Calendar Lottery, WIN-RED-BL-GS, and Heart & Stroke Foundation are trademarks of the Heart and Stroke Foundation. © Bank of Canada - Bank note images used and altered with permission. The Heart and Stroke Foundation of Ontario is now known as the Heart and Stroke Foundation of Canada. All proceeds from this lottery will fund Heart and Stroke Foundation research and health promotion to benefit residents of Ontario.

Book excerpt

Going a little crazy?



IT'S ALL RELATIVE
Kathy Buckworth,
kathybuckworth.com

You've been home with the kids too long when...

1. You own Memory Books for all of your children. And they are up to date.

2. Sorting through orphaned socks in the laundry room is a serious contender for an exciting afternoon activity.
3. You start begging the children to do some arts and crafts with you.
4. You have checked your email 16 times in the past 15 minutes.
5. You take your daughter to more than one store to look for the perfect pair of back-to-school runners.

6. You have noted the dry clean pick-up time on your desk diary (you still have a desk diary?).
7. Home made Valentine's and Christmas cards sound like fun!
8. You don't have the children in the car, but you're listening to their Mother Goose Raps CD. Hey, that next song really rocks.
9. Your six-year-old asks you to put her teddy bear down for a nap while she's

at school and wake him up just before she gets home. You do it.

10. When the neighbours get new windows, you call your husband to tell him. Twice.

11. The appointment of a new school principal is a big deal. **EXCERPTED FROM JOURNEY TO THE DARKSIDE: SUPERMOM GOES HOME, BY KATHY BUCKWORTH, KEY PORTER BOOKS, SOON TO BE AVAILABLE ON AUDIBLE. VISIT KATHYBUCKWORTH.COM.**

Exclusively online

Mommy remembers the days when all she had in her fridge was three varieties of mustard. But now that you're born, meal planning has become slightly more complicated than choosing toppings off a pizza delivery menu. Follow along with the comedic (mis)adventures of mommyhood online with Reasons Mommy Drinks at metronews.ca/voices



Love at first bark or meow

Pets. If you think you're ready for your first pet, check out the essentials that you should consider

EMMA
GODMERE
life@metronews.ca

Got dog fever? Or maybe you're itching for a kitten? Adopting an animal for the first time can be a rewarding experience for any new owner. Studies show that pet ownership can be on par with human friendship when it comes to emotional benefits like increased self-esteem and fewer feelings of loneliness.

But with great company comes great responsibility. Even if you have your heart set on welcoming a lively German shepherd into your home, it's important to select the right pet for you, your family and your lifestyle.

"For single people, or households where people are out a lot, a dog's probably not going to be the best pet," suggests Dr. Simon Starkey, a veterinarian at PetSmart's headquarters in Arizona. Without company for extended periods of time, dogs can suffer from separation anx-

Tips

- **Adoption.** "You're saving a lot of money if you choose to adopt," says Cross. Many shelters ensure pets are spayed or neutered, vaccinated and microchipped before putting them up for adoption.
- **Breeders.** Dog-seekers may choose to approach breeders to find their pet. The Humane Society of the United States suggests seeking referrals for responsible breeders from dog-owning friends whom you trust. The Canadian Kennel Club also provides links to its member breeders at ckc.ca.

ity. Cats, on the other hand, tend to be more independent and content spending less time with their owners.

But that's not to say a particular type of animal should be out of the question. Meet Your Match, a program spearheaded by the American SPCA, helps hopeful owners find the right kind of furry friend for them.

"It's like eHarmony for dogs and cats," says Alison Cross, spokesperson for the Ontario SPCA. Pets go through personality assessments while pro-



The benefits of owning a pet come with responsibilities. iStock

spective owners complete questionnaires to identify traits and needs in order to make the best match for both parties.

Maybe a smaller, less de-

manding animal, like a hamster or a guinea pig, is more fitting to your lifestyle. Little creatures with much shorter life expectancies may be a

Start sharing

Remember your first pet?

Was it a cat, dog or maybe a pet rock? Visit this article online, tweet us or even turn to the person next to you and share your memories of that special pet.

First in a series on firsts.

This is the first in a week-long series of articles chronicling some of the rites of passage many of Metro's readers will experience as they leave the nest or school and head out on their own.



great introduction to pet care. Smaller animals still do require daily food and water top-ups and regular cleaning of cages and enclosures, with which the whole family can help.

Once you meet your new pet, finding a veterinarian and understanding the costs of taking care of the newest member of your family should be your next step. Vets will recommend the best type of food and tips for providing care.

A very special nine months of fitness



Celeb trainer Tracy Anderson.
GETTY IMAGES

OLIVIA
MORROW

Metro World News in New York

It's no surprise that it was a star-studded affair when celebrity trainer Tracy Anderson launched her nine-disk workout DVD, Tracy Anderson: The Pregnancy Project, at a party thrown by friends Gwyneth Paltrow and Christy Turlington Burns last month in New York City. After all, such bold-faced names as Madonna, Nicole Richie, Courteney Cox, Shakira and Jennifer Lopez have her to thank for their red-carpet-ready bodies.

And although Anderson is known for her rock-hard discipline in order for her clients to get rock-hard bodies, she knows when it's OK to ease up: When you're expecting.

"I think you should give in to most cravings during pregnancy, because your body is telling you what it needs to nurture this new life," Anderson told us. "The thing I don't advocate is what I did during my first pregnancy — I craved Pizza Hut, I craved McDonald's, I craved Oreo Blizzards from Dairy Queen. We're talking the crappiest food on the planet. So while I do think you can

have some of that every once in a while, don't make it a daily habit, because then you're setting yourself up for disaster."

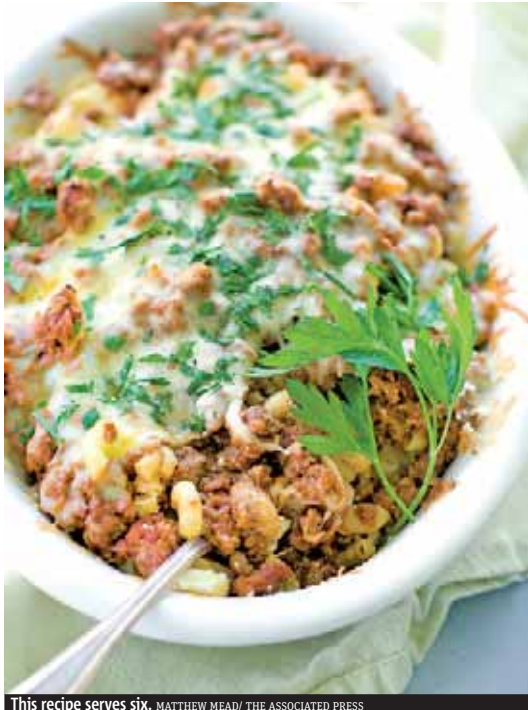
Anderson knows this firsthand. She gained more than 60 pounds in her first pregnancy with her son, Sam, in 1998 — not a good look when you make a very good living by being in shape. She learned her lesson and, through a healthy diet and exercise, only gained 30 pounds with her second child, a daughter named Penelope, who was born in May.

Now Anderson uses that hard-earned knowledge to help other moms-to-be stay in shape

throughout their pregnancy in the new DVDs, which offer a different workout for each month of pregnancy, plus nutrition support. "Women are not supported enough in pregnancy, which is why I love The Pregnancy Project," she says. "It's why I did nine months of DVDs, because your body changes so much. Every single month you need something different — like, you're really nauseous in the beginning and then in the second trimester, you feel really good and in the third you feel like a house. You need support throughout the whole entire pregnancy."

3
THE

Give dinner an ooey, gooey touch with cheesy casserole



This recipe serves six. MATTHEW MEAD/ THE ASSOCIATED PRESS

"Forgive me for getting a little 'cheesy' here, but that's just what this one-dish wonder is all about: cheese," writes Dave Venable in his cookbook, *In the Kitchen with David*. "Everything we love about melted cheese — rich, ooey, gooeyness — is right here in this cheese-burger casserole."

1. Heat the oven to 350 F.

2. Bring a large pot of water to a boil. Add 1 tablespoon of the salt and the macaroni and cook until tender but still firm to the bite, 7 to 8 minutes. Drain well.

3. Heat a large skillet over medium-high heat. Add the beef and onion and cook, stirring, until the beef is well browned. Carefully drain the fat from the skillet, then stir in the tomato sauce, the remaining 1 teaspoon of salt, and the black pepper. Bring to a simmer over low heat while preparing the remaining ingredients.

4. In bowl, combine ricotta, sour cream, bell pepper and scallions. Spread half of the pasta in a 9-by-13-inch baking

Ingredients

- 1 tbsp plus 1 tsp kosher salt
- 16-oz package elbow macaroni
- 2 lbs ground beef
- 1 large onion, chopped
- Two 8-oz cans tomato sauce
- 1/8 tsp ground black pepper
- 1 cup ricotta cheese
- 1/4 cup sour cream
- 1/3 cup chopped green bell pepper
- 1/3 cup chopped scallions
- 1/2 cup shredded cheddar cheese
- 1/4 cup shredded mozzarella
- 1/4 cup parsley, chopped

dish. Top with the ricotta mixture, then the remaining pasta. Pour the meat mixture over the top. Sprinkle with the cheddar and mozzarella.

5. Bake casserole until the cheese is melted and lightly browned, about 20 minutes. Sprinkle with parsley before serving. **THE ASSOCIATED PRESS/ DAVE VENABLE'S IN THE KITCHEN WITH DAVID, BALLANTINE BOOKS, 2012**

Healthy eating

Choose it and lose it



ROSE REISMAN
for more, visit
rosereisman.com

Snack bars are the go-to after-school treat for many kids. However, be wary of the empty nutrients.

2 Quaker Peanut Butter Granola Bars

300 calories/ 14 g fat/ 7 g sat fat/ 20 g sugar

Granola bars are not really a snack since they lack the substantial protein and fibre you need. The calories and fat are empty nutrients.



Equivalent

Two Quaker Peanut Butter Granola Bars are equal in fat to seven Honey Drop Timbits from Tim Hortons.



2 Rice Krispie Squares

180 calories/ 6 g fat/ 1 g sat fat/ 16 g sugar

If you want a sweet snack, choose this since the calories and fat are half and there's little saturated fat.



2013 FLEX PACKS ON SALE NOW!



PURCHASE BY DECEMBER 7, 2012 AND RECEIVE*:

LIMITED EDITION
JOSE BAUTISTA
BOBBLEHEAD
1 PER SEAT

\$50
BLUE JAYS
GIFT CARD
1 PER ACCOUNT

GET YOUR SEATS NOW!

BLUEJAYS.COM

416.341.1234

*ACCOUNT MUST BE PAID IN FULL. **TORONTO BLUE JAYS AND ALL RELATED MARKS AND DESIGNS ARE TRADEMARKS AND/OR COPYRIGHT OF ROGERS BLUE JAYS BASEBALL PARTNERSHIP. © 2012



BROWSING ON YOUR BROWSERS

SHOPPERS SURFING FOR THE BEST DEALS

You know by now about Black Friday, the deeply discounted shopping day that kicks off the U.S. Christmas shopping season. But how about Cyber Monday?

As Bill Rand explains it, Cyber Monday grew as an online counterpart to Black Friday, which generally falls after the U.S. Thanksgiving. “The idea was that online retailers would offer great holiday deals the Monday after (American) Thanksgiving similar to the deals that brick and mortar shops offer the Friday after Thanksgiving,” says Rand, the assistant professor of marketing and director for the University of Maryland’s Robert H. Smith School of Business. But recently, Cyber Monday has become a bit of a misnomer, Rand adds. “Originally,

Cyber Monday was on Monday because people would be at their work computers on Monday, but with the growth of the use of tablets and smartphones for online commerce, Cyber Monday had been extended and now many of the deals are offered on Black Friday as well.”

That’s the emerging trend marking 2012’s Cyber Monday — the appearance of deals as early as the Friday morning before. “Given the recovering economy and the fact that consumers are feeling more positive about their wallets than they have in a while, retailers are looking to capitalize on this trend by offering discounts and deals to get them in stores — or in the case of Cyber Monday, on to their website,” Rand says. “Black



Friday was originally called Black Friday because it was a single shopping day that could put a retailer into the ‘black’ or profitable for the whole year. And retailers hope that this year will definitely bear out that name.”

According to the Toronto-based Interac Association, about 19 per cent of Canadians report they will likely shop online on Cyber Monday. “And according to our Interac survey, online shoppers expect to spend an estimated average of \$303 that day,” says Teri Murphy, senior manager, corporate and stakeholder relations. Hot

items include video games, books, ebooks and DVDs, clothing and accessories, computers, tablets, e-readers, mobile phones and MP3 players.

“And the release of the new Wii U and several major games means the video game market should remain strong,” adds Rand. “Other technology items like HD TVs will remain popular. Often during downturns people put off buying new TVs and other consumer durables that are failing, and so as we come out of the downturn these items tend to be purchased at a sharper rate.” — Astrid Van Den Broek



DEALS ‘WORTH IT’ FOR CANADIANS

Unlike Black Friday deals, some of which have you packing a sleeping bag to park yourself early in front of Walmart, Cyber Monday deals can be done from the comfort of your laptop.

But how can you best take advantage of these deals?

Hone in on your favourite online stores first such as Amazon or Best Buy, to see if their sites are offering any deals that particular weekend, says Bill Rand, the assistant professor of marketing and director for the University of Maryland’s Robert H. Smith School of Business. “Also, search online to see if any of the ‘brick and mortar’ stores you normally shop at also maintain an online presence,” he suggests.

Yet, even with deeply discounted products available, is it worth it for Canadians to try and take advantage of these online deals?

“Given the current exchange rate between the US and Canada — it’s almost equal — and the fact that shipping rates are lower than ever, there will be quite a few deals that will still be worth it,” says Rand. He also notes that many deals aren’t even shipping from the U.S. anymore, so the difference in shipping prices should not be large.

“For instance, Apple has announced a bunch of deals for Friday and most of that ships from China anyway,” says Rand. Yet to be sure, when shopping online, check all the additional fees, especially shipping and taxes, before hitting the checkout button.

It also helps if you do some research ahead of time to see how much products generally cost. “Many sites publish deals they plan to offer beforehand so look at these flyers to determine if the price is

a good price, or if they just marked up the deal a week before to mark it down again,” Rand advises. “Slickdeals.com is a website that has a great reputation for providing research about any deals you find and determining if there is a better deal out there.”

What are some of the best sites to check out? Along with Slickdeals.com — which also collects the Black Friday/Cyber Monday deals in one place — FatWallet.com is another site to click on.

“It works as an affiliate merchant which means they provide links to other Web sites and then earn a small commission on any sales originating from FatWallet,” Rand says. “FatWallet then returns some commission to consumers so you get the standard deal and you earn a few percentage points back on your purchase as well.” — Astrid Van Den Broek

GET HASSLE-FREE PARCEL DELIVERY

WITH BUFFERBOX

Residents of the GTA and Golden Horseshoe can now take advantage of a new parcel service known as BufferBox. The idea for the service grew out of the frustrations created by the traditional approach to parcel delivery.

"Like many people, we shop online, but we're never home when our parcels are delivered," says Mike McCauley, one of the three entrepreneurs behind BufferBox. "So we've come up with a practical solution."

The solution involves secure lockers conveniently located at GO Transit stations, Sobey's and 7-Eleven stores. Each set of lockers is fully automated and linked via the Internet to BufferBox's head office. A customer chooses a BufferBox location and once the parcel arrives, the network sends an email notification with the password needed to open the appropriate locker. BufferBox addresses all of the hassles associated with regular delivery.

"If you're not home to receive a parcel," says Mike McCauley, "delivery services require you to choose one of two options. They will either leave the



parcel on your doorstep, where it might get rained on or stolen, or they will take it back to the delivery depot, which is usually in an industrial park at the edge of the city. BufferBox is all about convenience — the lockers are located along the

routes people follow every day, so they can pick up their parcels when it works for them."

BufferBox currently has 18 locations across the GTA, with three more due to open within the next month and another

HOW IT STARTED

BufferBox grew out of a partnership among three students in their fourth and final year in the University of Waterloo's Mechatronics Engineering program. Mike McCauley, Aditya Bali and Jay Shah had grown frustrated with the delays involved in getting access to goods they had purchased online. They installed the first BufferBox on campus as a pilot project and its success soon enabled them to attract outside investors and secure additional delivery locations.

80 in 2013. The lockers can accommodate parcels up to five cubic feet (about the size of 26" television set).

For larger parcels, BufferBox can, with a customer's permission, re-package the contents into multiple boxes for delivery.

The service is free for the remainder of 2012 (great for Christmas shopping) and will charge a per-delivery fee of approximately \$3 beginning in 2013. For an additional premium, BufferBox also covers any fees due on parcels.

FREE for 2012

You aren't home to receive deliveries.
There's a better way this holiday season!

NEVER MISS A DELIVERY AGAIN.

Here's how it works:

- 1 **Join:** Sign-up at BufferBox.com and start shopping online!
- 2 **Ship:** Use your **BufferBox Shipping Address** when shopping online.
- 3 **Pick-up:** When your package is delivered, you are emailed a PIN code for pick-up.

BufferBox is in 7 Elevens, Sobey's, and GO Transit locations. Learn more at BufferBox.com

Buffer
Box

PLUS
CYBER MONDAY
SALES



airmilesshops.ca™

Earn 20x AIR MILES® reward miles'
through the only AIR MILES® Online Mall.

20X

Nov. 21 to Dec. 5, 2012

Shop at 100+ online stores including:



Apple Store
Canada

Sears*

amazon.ca™



Expedia™

OLD NAVY

and many more ...

Our BIGGEST online shopping event ever!

Visit airmilesshops.ca/20x

*LIMITED TIME OFFER. Offer valid on qualifying purchases of \$20 CDN or more made between Nov. 21, 2012 and Dec. 5, 2012. 20x offer applies to the total base reward miles earned on qualifying purchase amount excluding shipping, duty and taxes. Base Offer may vary. Click on store logo on airmilesshops.ca for Offer details. Collectors must sign in at airmilesshops.ca before purchasing in order to earn reward miles. Offer can be combined with other Bonus reward miles Offers. Does not apply to purchases made at the following stores: Netflix or Rogers Magazine subscriptions (including Chatelaine, Today's Parent and Maclean's). All other stores are subject to change and may be withdrawn at any time. Reward miles will appear in your account within 120 days.
©™ Trademarks of AIR MILES International Trading B.V. Used under license by LoyaltyOne, Inc.

SHOP • CA™

SHOP & EARN, EVERY TIME!™

CYBRRRR MOND•EH!



Robosapien Remote Control Robot

This easy-to-use humanoid is ready for eons of fun right out of the box!

WowWee



\$109 each!

Plus! New members get \$25 off!



*mobile device not included

Orbotix

SPHERO Robotic Ball Gaming System

Sphero is the first robotic ball gaming device that you control with a tilt, touch, or swing from your smartphone or tablet



BUY ONLINE AT WWW.SHOP.CA FREE SHIPPING. FREE RETURNS.*

Offers valid November 26th, 2012, or while quantities last

*Some conditions apply. Got great product to sell? Contact supplier@shop.ca



Proudly Canadian!

BARGAINS A CLICK AWAY

SHARE TO EARN REWARDS WITH NEW MARKETPLACE ONLINE AT SHOP.CA

Pam Bryant loves a good deal, and when she signed up at the online mall shop.ca, she didn't know the half of it.

What caught the eye of 38-year-old Bryant was the \$25 sign-up bonus, which she could use on her first purchase of \$100. She went shopping on the website almost immediately, bought a well-priced LED TV, and used the bonus money towards it. Bryant liked the TV so much she shared the purchase on her Facebook wall and a few weeks later, posted a review — and that's when things got really good. When one of her friends clicked on her post and signed up to shop.ca, Bryant got a referral credit of \$25. Then, when her friend spent her first \$75 on the same TV, Bryant received 1 per cent of that purchase amount in her account too.

"It was way more than I bargained for," says Bryant, a wife and mom in Hamilton, Ont. "It's all about sharing information on my social networks, which I do all the time anyway, and now I get cash rewards in return."

"Our innovative Social Loyalty Network sets us apart from any other Rewards program," says Trevor Newell,



founder and president of shop.ca. "We want Canadians to share the products they love with their friends, and we'll reward them for doing so every step — and share — of the way."

Shop.ca is a new and exciting online marketplace that features millions of products and thousands of brands from around the world. You can buy everything from living room furniture to pillows and tools.

Shop.ca has streamlined the whole process of online shopping in Canada, according to Drew Green, founder and chief executive officer.

When you buy at shop.ca, all your purchases go into one shopping cart, with a simple checkout process and multiple payment options. Once ordered, shop.ca ensures your order is delivered right to your door.

There aren't cross-border duty charges

THE SOCIAL LOYALTY NETWORK

Do you like to talk to your friends about the things you buy? Now you can turn that pastime into cash, says Trevor Newell, founder and president of shop.ca.

Members of the Social Loyalty Network at shop.ca can get from 1 to 2.5 per cent cash rewards when they share their purchases and post reviews via Facebook, Twitter, LinkedIn or by email. They can also earn when a friend buys the same product from a link they shared.

Members also get \$25 for every person they refer to shop.ca and when that friend makes a first purchase of \$75 or more.

Sign-up is free and all new members get a \$25 sign-up bonus to spend on a \$100 purchase and 0.5 per cent cash rewards as a starting point on every purchase they make. That 0.5 per cent can turn into 2.5 per cent when they share and earn at shop.ca.

— or hassles — and there's no charge for shipping or returns. The return policy gives you up to 365 days to return an item.

Says Green: "We also have an amazing team of customer loyalty leaders right here in Canada who chat on the phone or online with you. They've even been known to drive to houses to get a product to somebody if there's been a delivery hiccup."

THE WORLD'S COOLEST 'ROBOT TOYS'

KIDS OF ALL AGES WILL LOVE THESE CYBER TOYS



For Cyber Monday, shop.ca offers both the Sphero and Robosapien at a special price of \$109 each. But if you sign up today and become a member of shop.ca, you can use the \$25 sign-up bonus against the price.

THE AMAZING SPHERO

The Sphero is being heralded as the year's hottest gadget toy.

The Sphero smart "robot" is housed in a round and durable shell roughly the size of a baseball. You control it with a tilt, touch, or swing from your smartphone or tablet. Or, you can use Sphero as a controller for on-screen games.

Sphero is IOS- and Android-compatible, and there are lots of games and apps

available for download.

With the Sphero Golf app, for example, create a "hole," then swing your smartphone to put Sphero towards it.

The Chromo app lets you challenge yourself in a new way — by holding Sphero in your hand and moving it to match colours on your screen.

Or, download Sharky the Beaver, the first app that lets you take a virtual three-dimensional character for a walk around your house.

You get more than an hour of non-stop play, with cable-free induction charging.

THE WORLD'S FRIENDLIEST HOME ROBOT

Bring home WowWee's 14-inch Robosapien remote control robot — and watch the fun and silliness begin.

Designed by a NASA scientist, Ro-



bosapien has a full range of motions and interactive sensors as well as a unique personality.

Robosapien has fast, full function arms with grippers and working hands, and can walk, run and turn, shake hands, and even speak fluent international "caveman."

In all, there are 67 pre-programmed functions including pick-up, throw, kick, sweep, dance, belch, rap, and many different kung-fu moves.

Robosapien is easy-to-use with no complicated setup or need for a computer. It is easily controlled by an ergonomic remote and runs on regular batteries for more than six hours.

Student stress

Talking through the tough times

For teenagers, success and failure in school can be as close as the next paper, test or report card. When kids fail, they can feel that they are alone and that everybody else can do something they cannot. Even though you may know this isn't true, it's best not to dismiss your teenager's feelings. As

a parent, you can help by acknowledging your child's feelings and taking them seriously.

- Talk about some of your own failures and what it feels like to fail or to be disappointed by someone you trust.
- Remind them that most of us learn more from our mistakes and failures than from our successes.

NEWS CANADA

NOW HIRING KITCHEN STAFF, SERVERS, BARTENDERS, HOSTS, BUSSERS, AND CASHIERS

for our new restaurants at the The largest and busiest airport in Canada!

Career Fair from 9am to 4pm on **NOVEMBER 27th, 2012**

SHERATON GATEWAY HOTEL
Located at Terminal 3 of the
Toronto International Airport

Our team members enjoy health benefits, meal privileges and paid parking just to name a few. Come and work with a supportive management team who want to help you grow, develop and enjoy a successful career.

If hired, you will be required to pass an extensive background check conducted by Transport Canada prior to your first day of work.

To learn more about SSP, go to: www.foodtravelexperts.com

The In-Credibility Factor

Name: Cassandra Rush
City: Langley, B.C.
Age: 29
Occupation:
Founder of Sassy
Cassy's Boots Inc.



THE IN-CREDIBILITY FACTOR
Teresa Kruze
life@metronews.ca

Cassandra Rush loved boots, but was frustrated when she would try some of them on and the zippers wouldn't go all the way to the top. After doing some research, she realized that no one was offering boots with different calf sizes. Securing a loan through the Canadian Business Foundation, Rush developed a business plan and travelled to Mexico to work with a manufacturer. Sassy Cassy's Boots was born and today she designs and manufactures her specialty boots that are worn by celebrities — and happy customers everywhere.

I knew I was on my way when... I went to the Country Music Awards and worked with celebrities who saw my product and loved it. They were able to provide



Cassandra Rush. PROVIDED

testimonials for my product and that built the marketing foundation for my company. People saw celebrities wearing my boots and that made Sassy Cassy's successful in the marketplace. I've joined shoe associations and hired sales reps to sell the product

across Canada, the U.S. and online. Great things take time, but I'm looking forward to a successful future.

Action Plan

- **Be money smart**
When a lot of people start a

It's all a boot patience

"Great things take time, but I'm looking forward to a successful future."

Cassandra Rush
Founder of Sassy Cassy's Boots Inc.

new business, they think they will be successful right away, but it takes five years to be noticed in the marketplace. You have to be money smart to get you through the first years of your business.

- **Find free marketing**
Embrace all your free marketing initiatives to the fullest potential. Social media, articles, whatever you can find, take full advantage of everything to grow your business.

- **Don't give up**
You will go through ups and downs in your business and there will always be people who say no. But at the end of the day, there will be a door that opens. As long as you have a dream and a vision, it can come true!

TURN YOUR PASSION FOR ART AND DESIGN INTO A GREAT CAREER

With your talent and our training, the sky is the limit.

THE GRAPHIC DESIGN PROGRAM AT CDI COLLEGE WILL GIVE YOU THE TECHNICAL SKILLS AND KNOWLEDGE YOU NEED TO BECOME A GRAPHIC DESIGNER.

- LEARN FROM INDUSTRY-EXPERIENCED INSTRUCTORS
- MASTER THE ADOBE CREATIVE SUITE
- BUILD AN AMAZING PORTFOLIO

CDI college

FOR MORE INFORMATION
1.877.658.4045
to.cdicollege.ca

twitter /CDICollege

facebook /CDICollege

YouTube /CDICareerCollege

Discover a Richer, More Rewarding Future DISCOVER. IMPROVE. ACHIEVE.

BUSINESS & LAW

Honours Business Administration
Supply Chain & Logistics
Accounting & Payroll Administration
Paralegal (LSUC Accredited)
Law Clerk
Police Foundations

TECHNOLOGY - NEW!!!!

Information Technology Professional
Enterprise Web & Mobile Development
Web Technology Specialist
Video Game Design & Development
Video Game Design Technologies

HEALTHCARE

Physiotherapy Assistant
Occupational Therapy Assistant
Pharmacy Assistant
Early Childhood Assistant
Medical Office Assistant
Personal Support Worker
Community Services Worker
Addiction Worker

Start your career in 12 months or less!



triOS COLLEGE
BUSINESS • TECHNOLOGY • HEALTHCARE

1-866-918-7634
CareerIn1.com

MISSISSAUGA: 55 CITY CENTRE DR.
BRAMPTON: 252 QUEEN ST. E.

TORONTO: 425 BLOOR ST. E. STE 200
SCARBOROUGH: 4438 SHEPPARD AVE.

OSHAWA: 200 JOHN ST. W.
HAMILTON: 4 HUGHSON ST. S.

Are you driving your co-workers coconuts?

Offensive at the office. Have your colleagues been ducking under their desks when you approach? You might want to rethink your behaviour

BRUCE WALSH
TalentEgg.ca



Have a co-worker who creeps over the cube walls? ISTOCK

Author and motivational speaker Rick Brinkman has been speaking to companies for over two decades. In the mid-'90s he co-authored the workplace classic, *Dealing With People You Can't Stand*, utilizing psychological research to help co-workers avoid brawling in the cubicles.

What's the most common type of annoying co-worker?

Annoying is in the eye of the beholder, and there are different types of annoying people. For instance: If someone makes commitments they don't keep, I might find that annoying

to no end. But you may intuitively know how to slow down and make it safe for that person to make a realistic commitment. Your particular annoyance may be whining. But that doesn't even show up on my radar.

How do you know if you are, in fact, the annoying person at work?

When people read our book, they tend to recognize what they do very quickly. It's somewhat innocent, and we all do at least one of these behaviours now and again. It's just that there are certain ones we're more likely to go to under stress.

How do you cut back on your own annoying behaviours?

You can start by recognizing the particular type of negative behaviour that comes out of you under stress. Then ask yourself, "How is this working for me? Am I getting what I want? What reactions am I getting from others?" Usually people find that this behaviour is creating their own worst nightmare. Once they realize that, it's easier to change.

Is there a difference between how we exhibit these behaviours at home versus the workplace?

Yes! It can be totally oppos-

ite. Some people are a total "tank" (overly controlling) at work and a "nothing" (nonresponsive) at home. I recently interviewed a CEO who was very much a get-it-done control person at work. But she noticed she was whining to her husband about the business. Her husband could not understand how she could run a company, because she con-

stantly presented herself as a victim. But the behaviour is totally different, because the context of the relationship is totally different.

TALENTEGG.CA, CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR STUDENTS AND NEW GRADUATES, WANTS TO HEAR YOUR STUDENT VOICE. SHARE IT AT TALENTEGG.CA.

Discover Why Over 4,000 TIPT Graduates Enjoy High Paying Jobs



www.tipt.com

Programs:
Research and Development • Regulatory Affairs
Quality Assurance and Quality Control
Manufacturing Technology • Quality Control Analyst

TORONTO INSTITUTE OF PHARMACEUTICAL TECHNOLOGY
Pioneering professional excellence and certification
55 Town Centre Court, Suite 800, Toronto, On. M1P 4X4

Call Now: 416.296.8860
Approved as a private career college under the PCCA, 2006

ROBETECH INSTITUTE
Training Healthcare Professionals
SINCE 1988

Become a Health Care Professional within a Year! (Full/Part Time)



Most Diploma Programs Have Practicum!

- Medical Laboratory Technician
- Personal Support Worker
- ECG/Phlebotomy Technician
- Physiotherapy/Occupational Therapy Assistant
- Medical Professionals May Qualify for Credits for Prior Learning!

**Financial Assistance May Be Available to Those Who Qualify!
Are you Eligible for Second Career Funding? Call to Find Out!**

416-365-7894
416-466-6107

study@robotech.com
www.robotech.com

Robotech Institute Inc. is a Registered Private Career College under the PCC Act 2005

University of Ottawa

Graduate Studies

uOTTAWA EVENING
in Toronto

November 29, 2012
The Royal Ontario Museum,
The Glass Room, 100 Queen's Park
6:30 p.m. to 9:00 p.m.

This reception is an ideal opportunity to learn more about the program of study that interests you.

Please RSVP:
www.discoveruOttawa.ca



» uOttawa

Argos sink Stampeders to sail to a championship

100th Grey Cup.
Toronto defence hobbles Calgary's usually potent offence to earn win at home

A rugged defence staggered the Calgary Stampeders before Ricky Ray delivered the knockout punch and earned the Toronto Argonauts a historic Grey Cup victory Sunday.

Toronto's defence, under the guidance of former Calgary assistant Chris Jones, held CFL rushing leader Jon Cornish to 57 yards while pressuring quarterback Kevin Glenn before Ray's seven-yard TD pass to Andre Durie late in the game cemented the Argonauts' 35-22 win in the 100th edition of the CFL championship.

Toronto running back Chad Kackert, with 133 yards rushing, was the game MVP while defensive end Ricky Foley claimed top Canadian honours. Ray, obtained last December in a blockbuster trade with Edmonton, finished 18-of-30 passing for 231 yards and two TDs.

The Argos dominated a potent Calgary offence that scored 51 TDs this season — tied with Montreal for the league lead — holding it to just four field goals before Maurice Price's TD catch and two-point conversion with 20 seconds remaining.

Defensive back Pacino Horne brought the rabid Rogers Centre sellout crowd of 53,208 to its feet in the opening half. His key 25-yard TD interception return staked Toronto to a dominant 18-point halftime advantage.

Calgary came in as the CFL's hottest team with 13



Toronto Argonauts running back Chad Kackert runs the ball against Calgary Stampeders defensive back Keon Raymond on Sunday in Toronto. Kackert was named most outstanding player of the Grey Cup game, which the Argos won 35-22. NATHAN DENETTE/THE CANADIAN PRESS

wins in 15 games after opening the season 3-4. Glenn guided the club to nine wins in 14 starts after incumbent Drew Tate injured his shoulder, then replaced the injured Tate (forearm) to lead the Stampeders past the defending Grey Cup-champion B.C. Lions in last weekend's West final.

Calgary also boasted the CFL's top rusher in Cornish, the league's top Canadian after running for 1,457 yards this season.

But Glenn and Co. had no answer for Toronto's swarm-

Sunday's game

35

Argonauts

22

Stampeders

ing defence as the Argos ended their season with a fifth straight victory. Earlier this year, the CFL fined the Argos \$5,000 for tampering after hiring Jones, ruling they didn't ask Calgary for

permission to speak with the veteran defensive co-ordinator.

With the loss, Calgary finished a dismal 0-3 versus Toronto this season.

It became obvious early who the team of choice was for the crowd at the Rogers Centre as Calgary players received polite applause during the pre-game introductions before the Rogers Centre exploded with loud chants of "Argos" when it was time for the Toronto offence to come on to the field.

THE CANADIAN PRESS

Food

11,000

11,000 pounds of French fries, 7,000 pounds of meat, including hotdogs, hamburgers and carved beef, turkey and ham, 3,000 pounds of chicken wings and 16,380 chilled shrimp were prepared for Sunday's game.

Who showed up

50,634

50,634 ticketed seats, 2,572 seats in suites and 320 people in 70 Renaissance hotel rooms overlooking the field were sold.

Who worked

271

Seven game officials, three alternate game officials, 15 support crew, 20 on-field security staff, 12 RCMP officers and 271 cheerleaders (representing every CFL team) worked the Grey Cup game.

Turf

52

52 panels of artificial turf were used, most 15 feet wide by 170 feet long. Each panel weighs between 11,000 and 13,000 pounds. TORSTAR NEWS SERVICE

Saskatchewan next in line to host Grey Cup



Saskatchewan Roughriders fans react before the 100th CFL Grey Cup game on Sunday in Toronto. GRAHAM HUGHES/THE CANADIAN PRESS

Saskatchewanians across the province were busy Sunday hosting Grey Cup parties, but next year they will need to prepare for hosting on a much larger scale.

Regina will be host to the 2013 Grey Cup, a fact that is bound to put some logistical stress on the CFL's smallest city.

"It will be especially busy for everyone in Regina," said Sean Haynes, manager at the Hub Sport Bar and Grill. "Whether it is restaurants, bars or whatever, whoever has got a TV will definitely be busy."

Regardless, given that so many Saskatchewanians live and breathe football, Regina should make for a vibrant host city for the event.

"I think, as it is with just about every game, it's going to be a Rider sellout," said Riders fan Tom Maurer in Saskatoon. "The stands are just going to be green and everybody's going to be wanting to go there."

Even a year in advance, Regina hotels are sold out of rooms for the big weekend.

JEFF MACKIE/METRO IN REGINA

WITH FILES FROM MORGAN MODJESKI/METRO IN SASKATOON

After a week of buildup, Toronto's Grey Cup celebrations reached a fever pitch on Sunday as fans got their hands on the coveted silverware during a parade to Rogers Centre. Here's a look at some of the action from around the city leading up to the big game:

Photos by The Canadian Press/Torstar News Service

1 Parade. Cup carried through Toronto streets

Argos fan Eric Ransome steps out onto Bloor Street from Varsity Stadium with the Grey Cup on Sunday.

For the first time in its century of existence, fans were able to carry the Grey Cup through the streets of Toronto.

CFL commissioner Mark Cohon told hundreds of fans at Varsity Stadium he was hoping to make this inaugural parade of the trophy to the stadium on game day a regular event.

"It will only become a new tradition if you guys don't drop it," Cohon told the crowd. "Treat it with the respect it deserves."

TORSTAR NEWS SERVICE



2 Ready for action. T.O. fans cheer for a championship

A Toronto Argonauts fan reacts for the camera before the 100th CFL Grey Cup game between Toronto and Calgary Stampeders Sunday in Toronto.

THE CANADIAN PRESS



3 The other side. Representing Western Canada

Calgary Stampeders fans pose before the 100th CFL Grey Cup game. THE CANADIAN PRESS

4 Handy man. Flutie watches former teams do battle

Legendary CFL quarterback Doug Flutie, who won Grey Cups with both the Argonauts and Stampeders, shows off one of his championship rings on Sunday at the end of the fan march at Rogers Centre. THE CANADIAN PRESS

Grey Cup party spills over into Toronto streets



5 Pre-game. Carrying in the big prize

RCMP officers carry the Grey Cup during a pre-game ceremony before the 100th CFL Grey Cup game on Sunday in Toronto.

THE CANADIAN PRESS

6 Big fans. PM takes in action

Prime Minister Stephen Harper, Ontario Premier Dalton McGuinty, Toronto Mayor Rob Ford and Calgary Mayor Naheed Nenshi were among the Canadian dignitaries at the game.

THE CANADIAN PRESS

For more coverage of the 100th Grey Cup, go to metronews.ca.



Casey sticking with his 'guy' in midst of 4-game slump

NBA. Raptors coach goes with struggling Bargnani in yet another tough loss

Dwane Casey isn't second guessing his coaching decisions after the Raptors' fourth straight loss.

Instead of riding the hot hand of Ed Davis, who had a season-high 15 points and 14 rebounds off the bench, Casey stuck with Andrea Bargnani through two overtimes Sunday, even as the Italian finished 2-for-19 in Toronto's 111-106 loss to the San Antonio Spurs.

"Ed played well tonight and he made good of his minutes," said Casey. "I was really happy for him. You can second guess me for not getting him back in (overtime), but I've got to go with Andrea come hell or high water."

"He's our guy."

Bargnani was coming off a night in which he had a season-high 34 points while shooting 13-of-20 in a 91-90 loss at Detroit on Friday night.

Sunday, however, was a polar opposite as Bargnani had just two points through four quarters. He then shot 1-of-4 in overtime while missing two

Quoted

"Today was definitely a very bad night. Maybe the worst."

Raptors' Andrea Bargnani on what was a poor shooting night for him

Sunday's game

111

Spurs

106

Raptors

wide open chances from three point range.

"The shots today were terrible, I don't think I've shot this bad in my NBA career, so what can you do?" said Bargnani. "You got to shoot, that's the right thing to do."

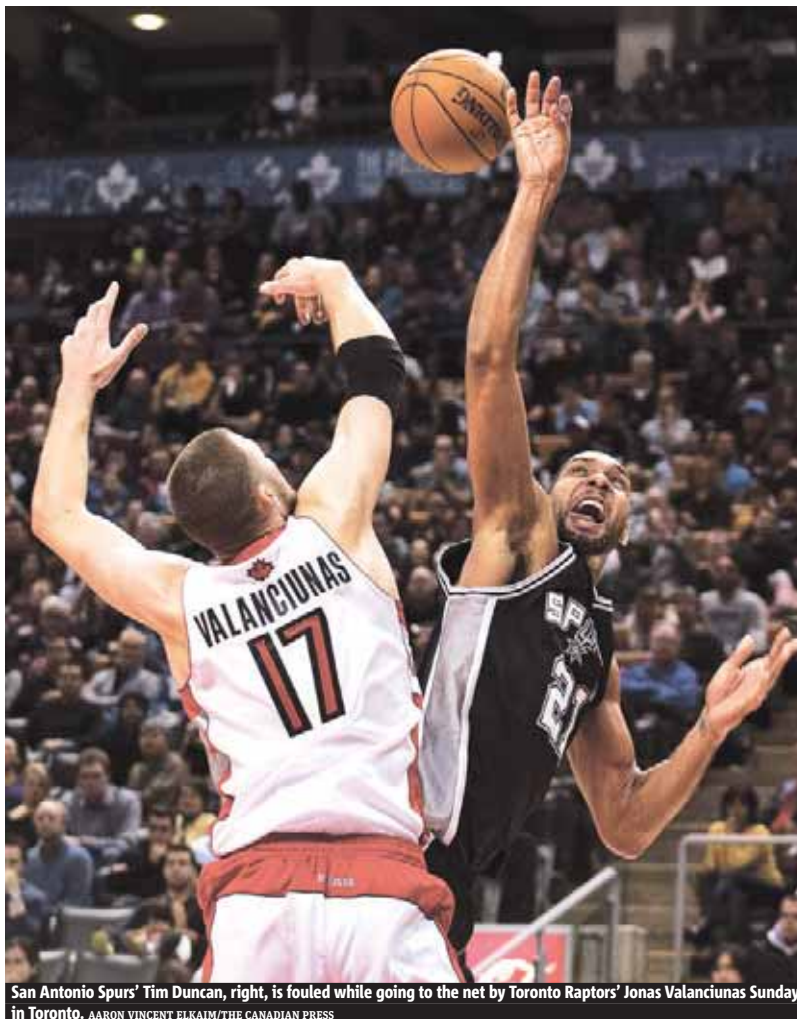
Tony Parker scored seven of his game-high 32 points in double overtime while Tim Duncan added 26 for the Spurs (11-3), who improved to 3-0 on their current seven-game road trip.

DeMar DeRozan led Toronto (3-11) with 29 points while rookie Jonas Valanciunas added a career-high 22 points with seven rebounds and three blocks.

Kyle Lowry added 20 points for the Raptors, who have lost their past three games by a combined seven points.

With just nine tenths of a second remaining, DeRozan forced a second overtime when he drove the basket and put in his own rebound to tie the game at 97.

Tied 88-88 with a one-tenth of a second remaining in regulation, Jose Calderon in-bounded to Bargnani, whose no-look attempt as time expired didn't register as a shot on the score sheet, sending the game into overtime. **THE CANADIAN PRESS**



San Antonio Spurs' Tim Duncan, right, is fouled while going to the net by Toronto Raptors' Jonas Valanciunas Sunday in Toronto. AARON VINCENT ELKAIM/THE CANADIAN PRESS

AHL

Marlies lose third game in a row

Two late goals by the Marlies weren't enough as Toronto lost to the Hershey Bears 4-2 on Sunday in American Hockey League play.

Matt Frattin scored midway through the second period and Mark Fraser had a goal in the third for the Marlies (9-8-1). Mark Owuya made 15 saves for Toronto.

The Marlies went 0 for 4 on the power play, while Hershey was 1 for 4 with the man advantage.

The Bears' victory ended a three-game skid.

Toronto has now lost three in a row.

THE CANADIAN PRESS

English soccer

Chelsea, Man City sputter to draw

A change in managers failed to give Chelsea an immediate lift as Rafa Benitez's side was held to a 0-0 draw Sunday by Manchester City to prolong a stuttering Premier League run.

The game between two title contenders lacked in clear-cut goal chances and was more notable for the scenes that unfolded in the stands at Stamford Bridge, as Chelsea fans welcomed Roberto Di Matteo's successor with boos.

While Benitez's former side Liverpool also drew 0-0 on Sunday against Swansea, Tottenham rose to seventh by beating West Ham 3-1 and Southampton climbed out of the relegation zone with a 2-0 win over Newcastle.

THE ASSOCIATED PRESS

NEED A CAR LOAN? NO APPLICATIONS ARE REFUSED!



**APPLY ONLINE
IN JUST 30 SEC!** OR
VISIT OUR WEBSITE: **PCCREDIT.CA**

**YOU CAN CALL US AT:
1-888-436-6618**

**\$\$\$ GIFT CARD PROGRAM AVAILABLE* • \$0 DOWN PAYMENT
AVAILABLE • ALL MAKES AND MODELS TO CHOOSE FROM**

OUR GOAL IS 100% CREDIT APPROVAL!

**PC CREDIT IS A DIVISION
OF PEEL CHRYSLER FIAT**

**FREE PICK UP AND DROP OFF IN THE GREATER TORONTO AREA
TEL: 1-888-436-6618 OR EMAIL: INFO@PCCREDIT.CA • WWW.PCCREDIT.CA**

PC CREDIT IS A DIVISION OF PEEL CHRYSLER FIAT. ALL CREDIT APPLICATION WILL BE ACCEPTED AND REVIEWED BY ONE OF OUR CREDIT SPECIALISTS. INTEREST RATES VARY FROM 0% TO 29.9%. C.O.B. WILL BE DETERMINED BASED ON TOTAL AMOUNT FINANCED. O.A.C. *UP TO \$500 PREPAID GIFT CARD AVAILABLE ON SELECT VEHICLES. SEE PEEL CHRYSLER FOR COMPLETE DETAILS.

Title decider. Vettel toughs out wild finale to become F1's youngest triple champion

Sebastian Vettel found himself spinning around on the track just after the start, watching helplessly as other cars whizzed past him and his Formula One title hopes seemingly drifted away with them.

It was only the start of Vettel's problems on Sunday in what he called the toughest race of his career, but he overcame them all to drive away with the only prize that mattered — his third straight championship title.

Vettel shook off a first-lap crash and a series of other difficulties to finish sixth at the Brazilian Grand Prix, good enough to protect his lead over challenger Fernando Alonso and become F1's youngest three-time champion at age 25.

Jenson Button of McLaren won the incident-filled race at Interlagos, with Alonso finish-



Sebastian Vettel celebrates clinching the drivers world championship on Sunday in Sao Paulo, Brazil. GETTY IMAGES

ing second and Ferrari teammate Felipe Massa third.

Seven-time world champion Michael Schumacher, F1's most successful driver,

finished seventh in his final race after 19 seasons.

But they were all overshadowed by Vettel, who had to overcome a poor start, the early crash, a damaged car, a broken radio, a botched pit stop and pouring rain.

"Just look at the stuff that went wrong. It was for sure the toughest race," Vettel said. "We kept believing. It was never game over."

Vettel is the first driver with three titles in a row since Schumacher won five straight from 2000-04. The only other driver to win at least three consecutive championships was Juan Manuel Fangio from 1954-57.

"It's difficult to find the right words," Vettel said. "It's unbelievable. I'm still full of adrenaline. It was an incredible race." **THE ASSOCIATED PRESS**



Indianapolis Colts wide receiver T.Y. Hilton, left, is chased by Buffalo Bills Ruvell Martin, right, and Brad Smith as he returns a punt Sunday in Indianapolis. Hilton scored on a punt return and caught another touchdown in the 20-13 win for the Colts. AJ MAST/THE ASSOCIATED PRESS

Colts' rookie leads charge past Bills

NFL. Loss by Buffalo is a major setback to team's slim chance of making playoffs

Colts interim coach Bruce Arians wanted to send Chuck Pagano home with a smile Sunday.

T.Y. Hilton made sure he was grinning from ear to ear.

Indy's other emerging rookie star returned a punt 75 yards for one touchdown, caught an 8-yard TD pass in the third quarter, became the first player in the franchise to do both in the same game and led the Colts to a critical 20-13 victory over Buffalo.

"That surprises nobody on this team and that's what he's paid to do," Pro Bowl receiver

Week 12

20

Colts

13

Bills

Reggie Wayne said. "I'm excited for every one of these guys when they make a big play. Everybody on this team, their futures are so bright. I'm just glad to be part of it."

Wayne broke Cris Carter's NFL record for most consecutive games with multiple catches.

Andrew Luck, the No. 1 overall draft pick who has gotten most of the credit for Indy's remarkable turnaround, was 20 of 37 for 240 yards with

one touchdown and one interception and became only the second Colts' rookie to throw for more than 3,000 yards in a season. The other: Peyton Manning.

And Pagano, diagnosed with leukemia Sept. 26, was there to see every precious moment of it again.

The Bills (4-7) couldn't compete with all of that.

Though the Bills did end their red-zone touchdown drought with Ryan Fitzpatrick's 1-yard TD pass to Lee Smith with 11:30 left in the game, it just wasn't enough against Hilton and the Colts.

Losing Sunday was a major setback for a team hoping to end a 12-year absence from the playoffs.

"This one was obviously really needed," Fitzpatrick said.

THE ASSOCIATED PRESS

NFC South rivals

Falcons fight their way to win

Matt Ryan threw for 353 yards and overcame two big turnovers by leading another late touchdown drive to give the Atlanta Falcons a 24-23 victory over the Tampa Bay Buccaneers on Sunday.

The win enabled the Falcons (10-1) to keep pace with Houston for the NFL's best record. Turner also scored a fourth-quarter TD that helped the Falcons overcome mistakes to beat Arizona 23-19 last week.

Doug Martin scored on a pair of 1-yard runs for the Bucs.

THE ASSOCIATED PRESS

Dominant defence. 49ers keep Brees under wraps

Ahmad Brooks, Donte Whitner and the rest of the San Francisco defence made enough plays for the 49ers to win no matter who they started at quarterback.

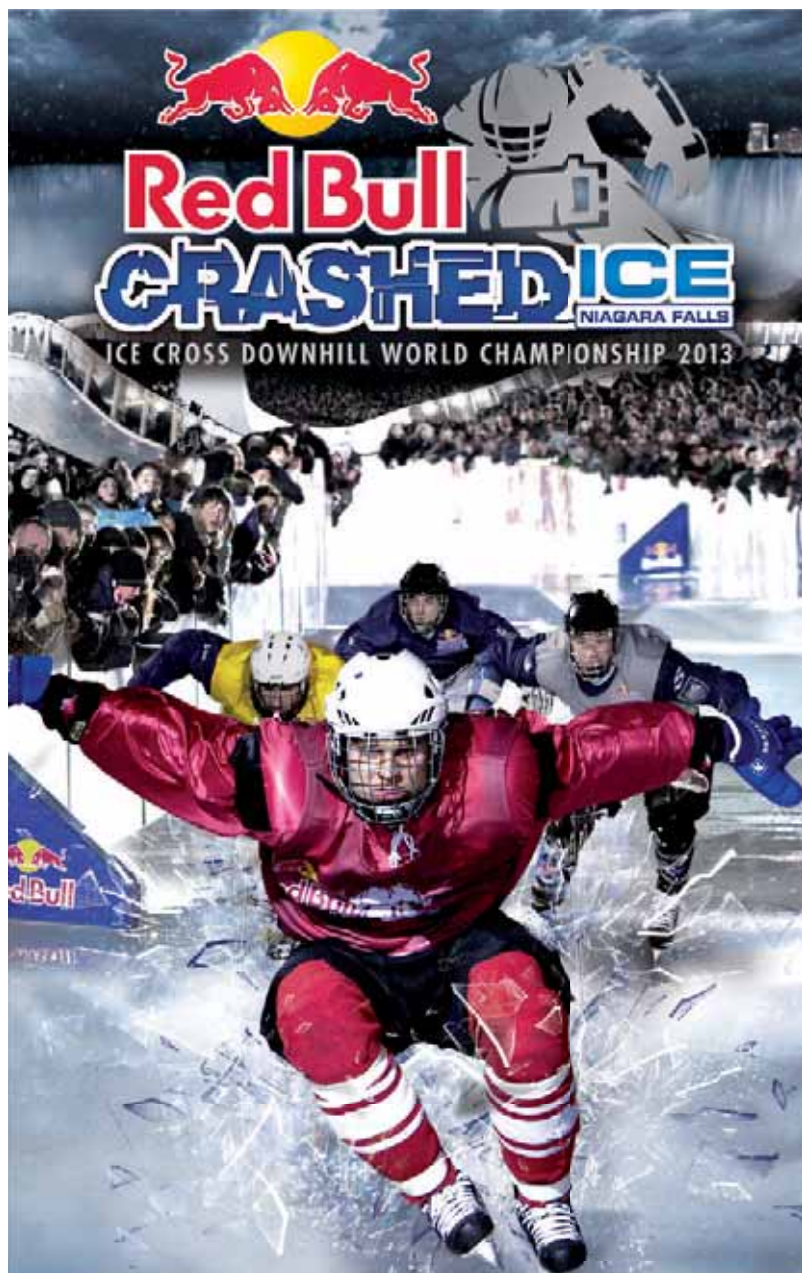
Brooks and Whitner returned interceptions for touchdowns, the 49ers sacked Drew Brees five times, and San Francisco ended the New Orleans Saints' three-game winning streak, 31-21 on Sunday.

Colin Kaepernick was solid in his second career start while Alex Smith, deemed healthy enough to suit up after recovering from a concussion, watched from the



Colin Kaepernick after defeating the New Orleans Saints Sunday in New Orleans. GETTY IMAGES

sideline. Kaepernick passed for 231 yards, including a short touchdown to Frank Gore. He also ran for a 7-yard score. THE ASSOCIATED PRESS



EXCLUSIVE FOR METRO READERS
YOU COULD

WIN

THE RED BULL CRASHED ICE
EXPERIENCE FOR YOU AND A FRIEND!
DECEMBER 1, 2012

PRIZE INCLUDES:

- 1 NIGHT STAY AT MARRIOTT GATEWAY HOTEL (FALLSVIEW ROOM)
- 2 TICKETS TO THE VIP VIEWING AREA
- \$200 IN SPENDING MONEY

To register and for full contest details visit clubmetro.com
Don't forget to like us on Facebook! facebook.com/clubmetrotoronto



NBA				
EASTERN CONFERENCE				
	W	L	Pct	GB
Miami	10	3	.769	—
New York	9	3	.750	1/2
Brooklyn	8	4	.667	1 1/2
Milwaukee	6	5	.545	3
Atlanta	8	4	.667	1 1/2
Charlotte	7	5	.583	2 1/2
Philadelphia	8	6	.571	2 1/2
Boston	8	6	.571	2 1/2
Chicago	6	6	.500	3 1/2
Indiana	6	8	.429	4 1/2
Orlando	5	8	.385	5
Cleveland	3	10	.231	7
Detroit	3	11	.214	7 1/2
Toronto	3	11	.214	7 1/2
Washington	0	11	.000	9
WESTERN CONFERENCE				
	W	L	Pct	GB
Memphis	9	2	.818	—
San Antonio	11	3	.786	1/2
Oklahoma City	10	4	.714	1/2
L.A. Clippers	8	5	.615	2
Golden State	8	6	.571	2 1/2
Denver	7	6	.538	3
Utah	7	7	.500	3 1/2
Dallas	7	7	.500	3 1/2
L.A. Lakers	7	7	.500	3 1/2
Portland	6	7	.462	4
Houston	6	7	.462	4
Phoenix	6	8	.429	4 1/2
Minnesota	5	7	.417	4 1/2
Sacramento	4	9	.308	6
New Orleans	3	8	.273	6

Division leaders ranked in top four positions and best eight teams qualify for playoffs

Sunday's results
San Antonio 111 Toronto 106 OT
New York 121 Detroit 100
Brooklyn 98 Portland 85
Philadelphia 104 Phoenix 101
Boston 116 Orlando 110 OT
New Orleans at Denver

Saturday's results
Oklahoma City 116 Philadelphia 109 OT
Atlanta 104 L.A. Clippers 93
Charlotte 108 Washington 106 OT
Miami 110 Cleveland 108
L.A. Lakers 115 Dallas 89
Chicago 93 Milwaukee 86
Sacramento 108 Utah 97
Golden State 96 Minnesota 85

Monday's games — All Times Eastern
San Antonio at Washington, 7 p.m.
New York at Brooklyn, 7 p.m.
Portland at Detroit, 7:30 p.m.
Charlotte at Oklahoma City, 8 p.m.
Cleveland at Memphis, 8 p.m.
Milwaukee at Chicago, 8 p.m.
Denver at Utah, 9 p.m.
New Orleans at L.A. Clippers, 10:30 p.m.

Tuesday's games
Dallas at Philadelphia, 7 p.m.
Phoenix at Cleveland, 7 p.m.
Toronto at Houston, 8 p.m.
Minnesota at Sacramento, 10 p.m.
Indiana at L.A. Lakers, 10:30 p.m.

Wednesday, November 28
San Antonio at Orlando, 7 p.m.
Portland at Washington, 7 p.m.
Phoenix at Detroit, 7:30 p.m.
Brooklyn at Boston, 7:30 p.m.
Charlotte at Atlanta, 7:30 p.m.
Dallas at Chicago, 8 p.m.
Toronto at Memphis, 8 p.m.
New York at Milwaukee, 8 p.m.
Houston at Oklahoma City, 8 p.m.
Utah at New Orleans, 8 p.m.
Minnesota at L.A. Clippers, 10:30 p.m.

SPURS 111, RAPTORS 106 (2OT)

AT TORONTO

SAN ANTONIO (111)

Parker 14-27 3-4 32, Duncan 11-21 4-4 26, Ginobili 5-15 4-4 15, Green 5-13 0-0 13, Diaw 5-10 0-0 11, Splitter 1-4 3-5 5, Neal 1-6 1-2 4, Mills 1-2 0-0 3, Blair 1-5 0-0 2. Totals 44-103 15-19 111.

TORONTO (106)

Derozan 11-28 7-8 29, Valanciunas 9-13 4-5 22, Lowry 6-16 4-4 20, Davis 7-11 1-2 15, Calderon 3-14 2-2 9, Bargnani 2-19 0-1 4, Johnson 1-5 2-4 0, Ross 1-4 0-0 3. Totals 40-110 20-24 106.

San Antonio 24 25 20 19 9—111
Toronto 25 24 21 18 9—106

3-Point Goals—San Antonio 8-27 (Green 3-10, Ginobili 1-7, Parker 1-4, Neal 1-3, Mills 1-2, Diaw 1-1). Toronto 6-24 (Lowry 4-8, Bargnani 0-7, Calderon 1-5, Ross 1-2, Derozan 0-2). Rebounds—San Antonio 52 (Green 9, Ginobili 7, Neal 7, Parker 6, Duncan 5, Splitter 5, Diaw 4, Blair 4, Mills 3, Bonner 1, De Colo 1). Toronto 61 (Davis 14, Bargnani 8, Lowry 8, Derozan 7, McGuire 7, Valanciunas 7, Johnson 5, Ross 3, Calderon 2). Assists—San Antonio 25 (Duncan 6). Toronto 21 (Calderon 9). Total Fouls—San Antonio 18, Toronto 25. Attendance—19,800. T—2:46

NBA LEADERS

SCORING AVERAGE

	G	FG	FT	PTS	AVG
Bryant, LAL	14	126	97	376	26.9
Durant, Okl	14	119	111	371	26.5
Anthony, NYK	11	100	56	278	25.3
Harden, Hou	13	98	107	327	25.2
James, Mia	13	129	51	327	25.2
Irving, Cle	10	82	47	229	22.9
Westbrook, Okl	14	110	64	305	21.8
Mayo, Dal	14	103	53	301	21.5
Lillard, Por	12	86	40	242	20.2
Bosh, Mia	13	94	73	263	20.2
Gay, Mem	11	84	40	221	20.1
Ellis, Mil	11	85	40	219	19.9
Pierce, Bos	13	81	71	258	19.8
Aldridge, Por	12	95	46	236	19.7
Lopez, Bro	11	91	31	213	19.4
Batum, Por	12	80	37	230	19.2
Bargnani, Tor	13	89	43	243	18.7
Crawford, LAC	13	79	57	242	18.6
Duncan, SA	13	93	53	240	18.5
Curry, GoS	14	87	50	257	18.4
Walker, Cha	12	79	51	216	18.0
Howard, LAL	14	90	72	252	18.0
Derozan, Tor	13	87	53	233	17.9
Anderson, NO	11	76	7	197	17.9
Deng, Chi	12	82	40	214	17.8
Griffin, LAC	13	93	45	231	17.8
Holiday, Phi	13	87	35	227	17.5
Jennings, Mil	11	76	23	192	17.5
Matthews, Por	12	74	31	207	17.3
Sessions, Cha	12	66	67	206	17.2
Monroe, Det	13	88	47	223	17.2
Williams, Bro	11	61	48	186	16.9
Randolph, Mem	11	72	40	184	16.7
West, Ind	14	93	46	232	16.6
Dragic, Pho	13	73	47	214	16.5
Parker, SA	12	84	25	198	16.5
Lee, GoS	14	97	36	230	16.4
Martin, Okl	14	64	61	223	15.9
Horford, Atl	11	79	17	175	15.9
Gallinari, Den	12	66	44	191	15.9
Paul, LAC	13	68	58	205	15.8
Felton, NYK	11	70	11	174	15.8
Jefferson, Uta	14	92	33	218	15.6
Parsons, Hou	13	74	23	202	15.5
Smith, NYK	11	63	27	171	15.5

SOCCER				
MLS CUP				
Saturday, Dec. 1 — All Times Eastern Houston vs. Los Angeles, 4:30 p.m.				
ENGLAND				
PREMIER LEAGUE				
Sunday's results Swansea City 0 Liverpool 0 Southampton 2 Newcastle United 0 Chelsea 0 Manchester City 0 Tottenham 3 West Ham United 1				
FRANCE				
LIGUE 1				
Sunday's results Montpellier 1 Bordeaux 0 Toulouse 3 Lyon 0 Marseille 1 Lille 0				
GERMANY				
BUNDESLIGA				
Sunday's results Freiburg 3 Stuttgart 0 Hoffenheim 1 Bayer Leverkusen 2 Augsburg 1 Monchengladbach 1				
GREECE				
ETHNIKI ALPHA				
Sunday's results Kerkyra 1 Veria 1 Asteras Tripolis 2 Panionios 1 Platanias 2 Panathinaikos 1 PAOK 1 Olympiacos 1				
ITALY				
SERIE A				
Sunday's results Atalanta 0 Genoa 1 Chievo 0 Siena 0 Pescara 0 Roma 1 Sampdoria 1 Bologna 0 Torino 2 Fiorentina 2 AC Milan 1 Juventus 0				
NETHERLANDS				
EREDIVISIE				
Sunday's results Roda JC 1 Ajax 2 AZ Alkmaar 0 Feyenoord 2 PSV Eindhoven 1 Vitesse 2 FC Twente 2 PEC Zwolle 2				
PORTUGAL				
LA LIGA				
Sunday's results Nacional 1 Estoril Praia 0 Vitoria de Setubal 3 Rio Ave 5 Academica de Coimbra 2 Gil Vicente 2 Sporting Braga 0 FC Porto 2				
SPAIN				
PRIMERA				
Sunday's results Espanyol 0 Getafe 2 Athletic Bilbao 1 Deportivo La Coruna 1 Atletico Madrid 4 Sevilla 0 Levante 0 Barcelona 4				

AHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pts
Manchester	18	9	6	2	1	49	43	21
Worcester	18	9	7	1	1	50	56	20
St. John's	19	9	9	0	1	46	53	19
Portland	18	8	8	1	1	57	61	18
Providence	16	7	8	0	1	33	48	15

NORTHEAST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pts
Springfield	17	10	3	1	3	59	36	24
Bridgeport	17	10	7	0	0	56	57	20
Connecticut	17	9	7	1	0	58	57	19
Adirondack	17	9	8	0	0	44	47	18
Albany	16	4	7	0	5	37	49	13

EAST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pts
Syracuse	17	12	3	1	1	65	42	26
Binghamton	16	10	4	1	1	45	38	22
W-B/Scranton	18	11	7	0	0	48	40	22
Hershey	18	7	10	1	0	44	53	15
Norfolk	17	7	10	0	0	48	58	14

WESTERN CONFERENCE

NORTH DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pts
Abbotsford	18	12	2	2	2	51	32	28
Lake Erie	19	10	7	1	1	60	57	22
Rochester	16	9	6	1	0	58	48	19
Toronto	18	9	8	0	1	58	52	19
Hamilton	16	6	8	1	1	34	52	14

MIDWEST DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pts
Grand Rapids	17	10	5	1	1	62	53	22
Chicago	17	8	6	2	1	49	54	19
Rockford	18	9	8	0	1	56	57	19
Milwaukee	18	8	8	1	1	51	56	18
Peoria	18	6	9	2	1	43	66	15

SOUTH

	GP	W	L	OTL	SOL	GF	GA	Pts
Charlotte	19	12	5	0	2	67	52	26
Oklahoma City	18	11	5	1	1	62	53	24
Houston	18	9	6	1	2	61	55	21
Texas	16	7	7	1	1	37	47	16
San Antonio	17	4	10	0	3	39	55	11

Note: Two points awarded for a win, one for an overtime or shootout loss.

Sunday's results

Syracuse 6 Worcester 1

Portland 3 Manchester 2 (OT)

Connecticut 3 Springfield 2

Oklahoma City 7 Charlotte 2

W-B/Scranton 5 Albany 4 (SO)

Milwaukee 3 Grand Rapids 2

Lake Erie 4 Hamilton 1

Texas 5 San Antonio 3

Toronto 2 Hershey 4

Providence 0 St. John's 6

Abbotsford 2 Houston 3 (OT)

Saturday's results

Syracuse 4 Albany 1

Portland 1 Worcester 5

Norfolk 2 Connecticut 5

Manchester 4 Springfield 3 (SO)

Hershey 1 Adirondack 3

Bridgeport 1 Binghamton 6

Toronto 1 W-B/Scranton 2

Oklahoma City 4 Charlotte 2

Providence 3 St. John's 2 (SO)

Rockford 4 Lake Erie 3 (SO)

Abbotsford 3 San Antonio 2 (SO)

Milwaukee 4 Chicago 3 (SO)

Grand Rapids 4 Peoria 1

Tuesday's game — All Times Eastern

Texas at Rockford, 8:05 p.m.

NFL

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
New England	8	3	0	.727	407	244
Miami	5	6	0	.455	211	226
N.Y. Jets	4	7	0	.364	221	290
Buffalo	4	7	0	.364	243	319

SOUTH

	W	L	T	Pct	PF	PA
Houston	10	1	0	.909	327	211
Indianapolis	7	4	0	.636	230	273
Tennessee	4	7	0	.364	238	335
Jacksonville	2	9	0	.182	188	308

NORTH

	W	L	T	Pct	PF	PA
Baltimore	9	2	0	.818	283	219
Pittsburgh	6	5	0	.545	231	210
Cincinnati	6	5	0	.545	282	247
Cleveland	3	8	0	.273	209	248

WEST

	W	L	T	Pct	PF	PA
Denver	8	3	0	.727	318	221
San Diego	4	7	0	.364	245	237
Oakland	3	8	0	.273	218	356
Kansas City	1	10	0	.091	161	301

WEEK 12

Sunday's results

Miami 24 Seattle 21

Cincinnati 34 Oakland 10

Indianapolis 20 Buffalo 13

Cleveland 20 Pittsburgh 14

Jacksonville 24 Tennessee 19

Denver 17 Kansas City 9

Chicago 28 Minnesota 10

Atlanta 24 Tampa Bay 23

Baltimore 16 San Diego 13

San Francisco 31 New Orleans 21

St. Louis 31 Arizona 17

Green Bay at N.Y. Giants

Monday's game — All Times Eastern

Carolina at Philadelphia, 8:30 p.m.

GOLF

PGA DUBAI WORLD TOUR CHAMPIONSHIP

At Dubai, United Arab Emirates

Par 72

Final Round

Rory McIlroy	66-67-66-66=26
Justin Rose	68-68-69-62=26
Luke Donald	65-68-66-71=27
Charl Schwartzel	67-67-68-68=27
Louis Oosthuizen	67-67-68-69=27
Branden Grace	69-65-70-68=27
Thongchai Jaidee	68-69-68-68=27
Henrik Stenson	68-68-69-68=27
Sergio Garcia	73-64-73-64=27
Fredrik Andersson Hed	67-69-72-66=27
Padrraig Harrington	67-71-68-68=27
Gonzalo Fernandez-Castano	66-72-68-68=27
James Donaldson	68-68-69-69=27
Scott Jamieson	68-69-72-66=27
Peter Lawrie	68-72-67-68=27
Miguel Angel Jimenez	71-71-69-65=27
Stephen Gallacher	68-70-72-68=27
Raphael Jacquelin	69-67-71-69=27
Peter Hanson	69-67-70-70=27
Joost Luiten	69-68-67-72=27

Also:

Martin Kaymer

Nicolas Colsaerts

Lee Westwood

67-70-72-69=27
68-68-74-69=28
67-74-71-72=28

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
N.Y. Giants	6	4	0	.600	267	216
Washington	5	6	0	.455	295	285
Dallas	5	6	0	.455	242	262
Philadelphia	3	7	0	.300	162	252

SOUTH

	W	L	T	Pct	PF	PA
Atlanta	10	1	0	.909	294	216
Tampa Bay	6	5	0	.545	310	254
New Orleans	5	6	0	.455	308	304
Carolina	2	8	0	.200	184	243

NORTH

	W	L	T	Pct	PF	PA
Chicago	8	3	0	.727	277	175
Green Bay	7	3	0	.700	263	207
Minnesota	6	5	0	.545	248	249
Detroit	4	7	0	.364	267	280

WEST

	W	L	T	Pct	PF	PA
San Francisco	8	2	1	.773	276	155
Seattle	6	5	0	.545	219	185
St. Louis	4	6	1	.409	205	254
Arizona	4	7	0	.364	180	227

WEEK 13

Thursday's game

New Orleans at Atlanta, 8:20 p.m.

Sunday's games

Arizona at N.Y. Jets, 1 p.m.

Carolina at Kansas City, 1 p.m.

Indianapolis at Detroit, 1 p.m.

Jacksonville at Buffalo, 1 p.m.

Seattle at Chicago, 1 p.m.

New England at Miami, 1 p.m.

Houston at Tennessee, 1 p.m.

Minnesota at Green Bay, 1 p.m.

San Francisco at St. Louis, 1 p.m.

Tampa Bay at Denver, 4:05 p.m.

Cleveland at Oakland, 4:25 p.m.

Cincinnati at San Diego, 4:25 p.m.

Pittsburgh at Baltimore, 4:25 p.m.

Philadelphia at Dallas, 8:20 p.m.

PGA WORLD RANKINGS

Through November 25

1. Rory McIlroy	12.59
2. Luke Donald	9.06
3. Tiger Woods	9.00
4. Lee Westwood	6.60
5. Adam Scott	6.59
6. Louis Oosthuizen	6.15
7. Justin Rose	6.08
8. Jason Dufner	5.83
9. Webb Simpson	5.71
10. Brandt Snedeker	5.64
11. Bubba Watson	5.49
12. Phil Mickelson	5.21
13. Ian Poulter	5.16
14. Steve Stricker	5.08
15. Keegan Bradley	4.98
16. Nick Watney	4.94
17. Matt Kuchar	4.88
18. Dustin Johnson	4.81
19. Peter Hanson	4.77
20. Ernie Els	4.69

CFL

PLAYOFFS

100TH GREY CUP

Sunday, Nov. 25

At Toronto

Toronto vs. Calgary

HELP WANTED

General Help

Are you a TOP Notch Sales Person?
Do you want to make \$16.00 an hour or more?
Can you compete with our TOP Notch Sales Staff?
If you answered YES, YES, YES.....
Then CALL - (416) 332-9295

SimpPro Solutions (www.simprosolutions.com) one of Canada's fastest growing Call Centres. We are looking for 50 top notch sales people to work in our Scarborough location, close to Scarborough Town Centre.

You Must:
Be able to work different shifts
Have excellent communication skills
Have proven sales experience

We Provide:
Paid training, hourly wages, daily cash incentives, transportation bonus, performance bonus, sales bonus and retention bonus.

Call Us Today, Work Tomorrow!
General Labour & Prof. Positions avail. Bakery, Warehouse, CNC Machine Operators, Welders, Plumbers, Painters etc. **416-630-3256**

Education

COMPUTER & ACCOUNTING TRAINING
> Computerized Accounting certificate
> Microsoft Office 2010 certificate
> Computer Basics \$100
Wincomtraining.com 647-895-4323

Business Opportunities

It's time to take a **step forward** with a **Proven Business Plan** to say goodbye to your boss, within 2-3 years of building it part-time. Call - **416-275-3249**

Psychics

Indian Famous Astrologer Mr Jagadish
Pandit is specialist in all kinds of Astrology
He solves your all problems
Marriage, Business, Job, Enemy, Sexual, Family, Children Health, Love, Depression, Obaa, Voodoo etc.
100% Guarantee
I CAN HANDLE ANY PROBLEM
Remove Black Magic and Bad Luck in 2 Days and gives immediate protection
All Religious Welcomed
647-532-8224
(290 Finch Ave. W, North York (Keele & Finch))

General Help

15 CUSTOMER SERVICE POSITIONS
Training provided to candidates.
\$650-\$850/week to start. Call for interview.
125 Norfinch Dr, Suite 207 **416-901-6672**

simpro
Simplifying Business Processes

Are you a TOP Notch Sales Person?
Do you want to make \$16.00 an hour or more?
Can you compete with our TOP Notch Sales Staff?
If you answered YES, YES, YES.....
Then CALL - (416) 332-9295

SimpPro Solutions (www.simprosolutions.com) one of Canada's fastest growing Call Centres. We are looking for 50 top notch sales people to work in our Scarborough location, close to Scarborough Town Centre.

You Must:
Be able to work different shifts
Have excellent communication skills
Have proven sales experience

We Provide:
Paid training, hourly wages, daily cash incentives, transportation bonus, performance bonus, sales bonus and retention bonus.

Exp'd Phone/Sales Pros Wanted
Fluent in English. Your skills can earn you TOP commissions in a friendly, working environment. **647-288-2604**

IN-STORE PROMOTIONAL TEAM! P/T/F/T
Our Product Demonstration team is looking for a few select reps who are creative, fun & outgoing. Visit **JescoJobs.com**

HOUSEHOLD SERVICES

Junk Removal

WE PAY \$300 - \$3000
for scrap cars, vans & trucks.
24/7 and free towing
416-825-3360

Psychics

Shiva Shakti Astro Spiritual Gallery
Master Shiva
Ram Baba
30 Yrs Exp.
Gold Medalist
Tantric Expert
Love Psychic (Indian)
Specialist in Bringing Back Loved ones
Mastero Genius in Get Rid of Black Hearts, Black Magic, Jadoo, Butu, Obeya, Witchcraft, Voodoo, All types of Evil Spirits, Generation Curses, Etc
YOUR ONE PHONE CALL CAN CHANGE TOTAL FUTURE
647-534-6175 (Kennedy & Ellesmere and Pharmacy & Finch)

AUTOMOTIVE

Cars & Trucks Wanted

WANTED
We Buy Any/All Cars & Trucks
CASH Up To \$20,000 Paid!!!
Free Towing - Call: **647-694-2750**

We Pay \$150 to \$5000 for
Scrap Cars, Vans, Trucks & Cube Vans
24/7 and FREE TOWING
416-419-3300

HEALTH & BEAUTY

Health Practitioners

QUIT SMOKING
Laser Therapy - 80% success
www.stopnow.ca **416-581-8080**

Psychics

World Famous Indian Spiritualist Mr. Shankar
There are Solutions for all kind of Problems
Specialist in:
Love * Marriage * Divorce
Court Cases * Business * Job * Finance
Education * Health * Children Prob.
Enemy * Jealousy * Personal Matter Etc
He will Remove & Destroy All
Bad Luck, Negativity, Black Magic
Obeya, Evils & Gives 100% Protection
Call: **647-740-6656**

Sri Parashakti Astrological Center
Pandit: Manjunath Swamy
The Most Powerful Astrologer from Kerala
KNOW YOUR PAST, PRESENT AND FUTURE BY HAND READING, DATE OF BIRTH, NAME
100% Guaranteed Removal of Black Magic & Gives Protection
Suggestions & Solutions on:
Family * Job * Business * Children Court * Enemy * Health * Love * Property Depression * Sickness * Jealousy
Ph: **647-272-3959**
2781 Markham Rd, #16, Scarborough M1X 1M4
Opp Hyundai Showroom, Markham & Nashdene

SERVICES

Financial

IS YOUR CAR PAID FOR?
Borrow Using Your 2004 or Newer Vehicle
You Keep and Drive Vehicle
416-239-2906/FastAction.ca

Health Practitioners

ROYAL COLLEGE MEDICAL CENTRE
295 College St. @Spadina
ACCEPTING NEW PATIENTS
MALE & FEMALE DOCTORS AVAILABLE
For appointments call:
416.925.5511
PHARMACY & REHAB ON SITE
No \$2 Co Pay for ODB recipients
Free delivery in the GTA
LAKESHORE WEST MEDICAL CENTRE
3-2083 Lakeshore Blvd. W
@ Park Lawn **416.252.2775**

Psychics

Mr Sety
African Spiritualist
I can help you if you have love or family problems or bad luck in business. I can bring your lover back to you quickly and remove all negativity. There is no problem without solution. I have a solution for you. Expert in Removing Para-normal Problems
Call me, You will Never regret it.
100% Guaranteed & Accurate Results
416-907-9321
www.Mr-sety.com

World Renowned Astrologer Pandit: Vinayaka Saahu
Private & Confidential
We Rectify your Problems. Explain you Reasons & Gives you Right Solution
You have been disappointed by many Astrologers. This is the RIGHT TIME to take a right Solution in Your Life
Expert in catching Evil Spirits, Removal of Black Magic and Gives immediate 100% Life Long Protection
THERE IS A SOLUTION FOR ANY KIND OF PROBLEMS
647-241-1246
(Keele & Finch)

REAL ESTATE

Commercial Real Estate

Commercial unit/space from 500-2500 sq ft. Ideal for offices or automotive, or mechanical shop.
Call Viki **416-271-4719**

Houses For Sale

RENTALS

Apartments Unfurnished

2 BDR for rent. Kennedy/Ellesmere \$750 + hydro. 1000 sq ft living area. Above store, TTC at doorstep, newly renovated. **416-291-1949**

Houses For Sale

Attention Realtors!

Want to reach over 530,000 daily Metro News readers?
Advertise your listings with Metro Classifieds.


1 Listing
Starting as low as
\$52 per day

Call 1-800-527-6767 to place your ad now!

Psychics

World Famous Spiritualist Pandit: MAHA DEVA
"Solves all Problems"
Love * Marriage * Kids
Education * Business * Job
Money * Health * Sexual
Family Prob * Enemy * Court
100% Removing Black Magic * Evil Spirits * Obeya * Voodoo * Jada * Bad Luck * Jealousy * Witchcraft * And Give Strong Protection
647-709-6677
(Markham & Finch)

Psychics

Mr. IBRAHIM
AFRICAN PSYCHIC MEDIUM
I can help you out of despair.
Reunite lovers forever
Happy Marriage.
Stop divorce, stress & depression.
Success in business.
Court cases.
Protection against evil.
Remove bad luck.
Hopeless cases.
OVER 27 YEARS EXPERIENCE
QUICK RESULTS
BY APPT. **416-783-3910**

SHIVA KALI ASTROLOGER & LOVE PSYCHIC
Pandit: Srinivas
Most Experienced & Senior
Person Removing Black Magic
Marriage * Husband-Wife
Prob * Job * Relationship
Kids Prob * Business * Spiritual
Evil Effects * Enemy * Court * Property * Family Etc
IF YOU HAVE PROBLEMS, I HAVE 100% GUARANTEED SOLUTIONS
MEET ONE TIME & SEE YOUR FUTURE CHANGING 100%!
Removes Black Magic & get Blessings by God
Prayers Also Performs Poojas for all Problems.
647-274-8228 (Brimly & Ellesmere) & (Eglinton & Brimly)

NEED A RIDE?

Read metrodrive every Wednesday.

PLANTING NATIVE TREES:
A manly way to get The Manly Look.

 **EVERGREEN**

Bring nature back to your city. Get involved at **EVERGREEN.CA**

FINANCIAL

OVERWHELMED BY DEBT?

CALL THE Licensed Debt Professionals™

GET OUT OF DEBT!

- Avoid Bankruptcy
- 1 Low Monthly Payment
- No Interest Charges
- Stop Collection Calls
- Government Licensed Proposal Administrators



David Sklar, C.A., CIRP, Trustee

FREE Consultation 310-9200

(NO AREA CODE NEEDED)

DAVID SKLAR & ASSOCIATES INC.
Licensed Proposal Administrators & Trustee in Bankruptcy

HEAD OFFICE: 245 FAIRVIEW MALL DRIVE, SUITE 720, TORONTO, ON, M2J 4T1
NORTH YORK • TORONTO • PICKERING / AJAX • MISSISSAUGA / ETOBICOKE • BRAMPTON

For more information visit us online at www.DavidSklar.com

Are you ready to take control of your finances?

A consumer proposal may be your best option.

Can MNP stop my interest? ☒ Yes

Will I avoid hidden fees? ☒ Yes

20 Convenient GTA Locations

Call 416.515.3921 or visit MNPdebt.ca

FREE CONFIDENTIAL CONSULTATION

Trustees in Bankruptcy & Proposal Administrators



Toll free 310-DEBT

CREDIT PROBLEMS?

Reduce Your Debts

Consolidate All Your Debts Into One Small Monthly Payment & Pay NO Interest



WE OFFER FREE CREDIT CHECKS
FREE ONE ON ONE CONSULTATION
416-900-2324
www.empireonecredit.com

SCARBOROUGH
250 Consumers Rd.
Suite 810
OSHAWA
286 King St. W.
Suite 303
NORTH YORK
1111 Finch Ave. W.
Suite 207
MISSISSAUGA
165 Dundas Ave. W.
Suite 307

SINKING IN DEBT?

AVOID BANKRUPTCY

- Proposals to Creditors
- Budget Counselling
- Stop Wage Garnishments and Calls from Collection Agencies
- Get a Fresh Start!

RESULTS IN DAYS!

BRIEF & ASSOCIATES LTD.

Trustee in Bankruptcy

416-635-7337

3845 Bathurst St. (North of 401)
www.brieftrustee.com

DEBT RELIEF

Are you drowning with debts?

Let us help you:

- consolidate debts, low monthly payments
- settle your debts without a bankruptcy
- reduce the amount to pay back, no interest
- stop harassing creditors and collection calls



Nona Kumar
Estate Administrator
Credit Counsellor

Free Confidential Consultation

Direct Line:

416-455-7709

RUMANEK & CO. LTD.
Administrators of Proposals, Trustee in Bankruptcy & Debt Consolidation Arrangements:
Head Office in North York, ON.
Offices in Scarborough & Mississauga.
Tel: 416-665-DEBT

LEGAL

HAS YOUR SHORT OR LONG TERM DISABILITY CLAIM BEEN DENIED?

Free initial consultation
- No fee until we settle -

Call Stephen Ellis

B.A. (Hons.), LL.B., Barrister & Solicitor



Tel : (416) 512 2301

Fax: (416) 512 1887

stephen@ellislaw.ca

HAVE YOU BEEN WRONGFULLY TERMINATED FROM YOUR JOB?

Free initial consultation
- No fee until we settle -

Call Stephen Ellis

B.A. (Hons.), LL.B., Barrister & Solicitor



Tel : (416) 512 2301

Fax: (416) 512 1887

stephen@ellislaw.ca

FINANCIAL

MoneyProvider.com

\$500 Loan and more

No credit refused

Fast, easy and secure
www.moneyprovider.com
1-877-776-1660

The Prudent Financial Holiday Wish

Share your holiday wish on our Prudent Financial Facebook page and help benefit a sick child.

And have a chance at weekly \$100 gift cards from the Keg the Gap and more.

Proceeds from this initiative will support SickKids Foundation.

[Facebook.com/prudentfinancial](https://www.facebook.com/prudentfinancial)
416-634-2013 PrudentFinancial.net

Consumer Loans

cln finance™

Need some help this holiday season?

Discharged from bankruptcy or consumer proposal welcome

APPLY TODAY

Tel# **416.494.1144**
WWW.CLNFINANCE.COM

NEED MONEY?

✓ No credit checks
✓ Fast approvals

Call 1-866-499-5629

And get cash now!!
www.mynextpay.com

DEBT CRISIS?

We help you get a fresh start

GearyandCompany.com
Trustee in Bankruptcy
416 927 7200
free consult

4SURELOANS

Strapped for Cash
Payday Loans
Bad Credit OK
Max: \$1500.00
416-488-5626
www.4sureloans.com

Mazinani Law Offices

Divorce Centre
Experienced Family Lawyers

- ◆ Uncontested Divorce (\$199 plus court fee)
- ◆ Children Custody and Access
- ◆ Child and Spousal Support
- ◆ Division of Property
- ◆ Motion to Change Orders

Tel: 416-897-7676
6026 Yonge St. North York, ON. M2M 3W5

FINANCIAL

MORTGAGE APPROVED!

- 1st and 2nd Mortgage for any purpose.
- Refinance to 87%. Purchase to 95%.
- With rates at historic lows, now is the time to re-finance your home!
- Consolidate cards into 1 payment
- Self-employed? Stated income.
- Good and bad credit are welcome!
- Behind in Mortgage Payments?

WE CAN HELP!
HOMELAND MORTGAGE
416-519-3505
OR 647-273-5626
WWW.HOMELANDMORTGAGE.ORG
License # 11991

LOOKING TO MAKE A CAREER CHANGE?

Read **metro** work every Monday & Wednesday.



AVAILABLE ANYWHERE.

DOWNLOAD THE NEW METRO APP TODAY!

iPad | iPhone



metro

Horoscopes

Aries

March 21 - April 20

No matter how high you have flown in the past you will fly even higher this coming week. The Sun linked to Uranus in your sign will endow you with courage and confidence — but most of all with a sense of adventure.

Taurus

April 21 - May 21

Sacrifices will have to be made but there is no reason why they should be painful. The secret is to not let yourself get so attached to material things. Money is important, of course, but next to love and laughter it means nothing.

Gemini

May 22 - June 21

Let other people guide you this week. It will do you good to let family and friends take responsibility for making important decisions — and free up time and energy for you to have fun of a more personal kind.

Cancer

June 22 - July 23

Because you are such a generous soul you find it hard to say no when others ask you to help, but the planets warn you could end up taking on more than you can handle this week. Put your own health and happiness first.

Leo

July 24 - Aug. 23

If you insist that the world conforms to your way of thinking then, to put it bluntly, you are going to be disappointed. Why would you want everyone to think like you anyway?

Virgo

Aug. 24 - Sept. 23

Rise above petty people and petty squabbles today — let nothing disturb your peace of mind. Remember: it is not what others say or do that is important but how you choose to react to it. So don't react.

Libra

Sept. 24 - Oct. 23

It may seem as if you are getting lots done but according to the planets you are running around for no good reason. It's time to slow down a bit and take more care of what you are doing. Think quality, not quantity.

Scorpio

Oct. 24 - Nov. 22

Try not to do things for no better reason than you want to convince the doubters that you have what it takes. If you do that then in effect you are letting them dictate the course of events.

Sagittarius

Nov. 23 - Dec. 21

Today's Sun-Uranus link encourages you to do something out of the ordinary, something that shakes up the cozy little world you inhabit. If there is one thing you should always aim to avoid it is being predictable.

Capricorn

Dec. 22 - Jan. 20

Think about who you are, where you are going and what kind of an impression you want to make on the world. That might sound a bit heavy for the start of the week but you're in a philosophical mood.

Aquarius

Jan. 21 - Feb. 19

You will have to deal with a situation today that has occurred in one form or another many times before. If you can see the parallels with past events then it should be easy. If you don't, you'll make the same mistakes.

Pisces

Feb. 20 - March 20

A rival will underestimate how serious you are about your ambitions and that puts you at an advantage. For too long you have kept in the background when you should have been center. Go for it! **SALLY BROMPTON**

Crossword

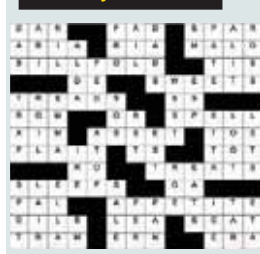
Across

- Room often found in the basement
- Not bogus
- One Day — Time (2 words)
- Served at Cheers
- Rowboat need
- Lie on the beach
- Actress Russo
- Previously driven car
- Children living at home
- Granny on The Beverly Hillbillies (init.)
- Major —
- Above
- Cone bearing tree
- The World — War
- the season
- Comic DeGeneres
- Lanka
- San Francisco's st.
- Small inlet
- Singer James
- Fault
- , myself and I
- Out in front, often
- Naked
- Monicker
- Caustic substance
- Statuesque model
- Old time actor Chaney
- Hudson Street
- Printers measure
- Breakfast choice
- Country roads (abbr.)

Down

- Alleyway denizen
- Estimated time of arrival at airports
- Halloween treats
- Nag

Yesterday's Crossword



What's online

See today's answers at metronews.ca/answers.



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

7	1	0	5	2	4	3	8	9
2	3	8	9	1	7	0	5	4
0	4	5	6	3	8	2	1	7
5	6	4	3	8	1	7	9	2
1	8	7	2	9	6	4	3	5
3	9	2	7	4	5	0	6	1
0	5	1	4	7	3	0	2	8
8	7	9	1	6	2	5	4	3
4	2	3	8	5	9	1	7	6

		9				2		
			8		4			
8	4						7	9
		5	6		3	8		
4	6						5	1
		8	5		7	4		
1	2						8	7
			9		6			
		4				3		

Today

4° / -2°
Variable

Tuesday

3° / -1°
Variable

Your #1 weather forecast now available in HD.

Check your local listings for details.

The Weather Network HD

©The Weather Network 2012

November + December starts

866.981.0683

Toronto
Medical Office
Administration

Scarborough
Community
Service
Ways here

Brampton
Early
Childcare
Assistant

medixschool.ca

Medix School

metro

News worth sharing.

TORONTO MOBILE VETERINARY SERVICES

Professional & friendly veterinary care all in the comfort of your own home!! We provide general, emergency and procedural services and much more!!

Open after-hours, weekends and holidays.

Call 647.389.4VET (4838) OR visit www.tomobilevet.com for an appointment TODAY!!

SONY
make.believe™



like paper,
only better

Your next adventure is just a touch away

This is e-reading.

Reader™

Reader Store™

www.sony.ca/reader

Sony, make.believe and Reader are trademarks or registered trademarks of Sony Corp. Screen images are simulated.